

Aboriginal Mental Health First Aid Training

FREE Training

Wilcannia

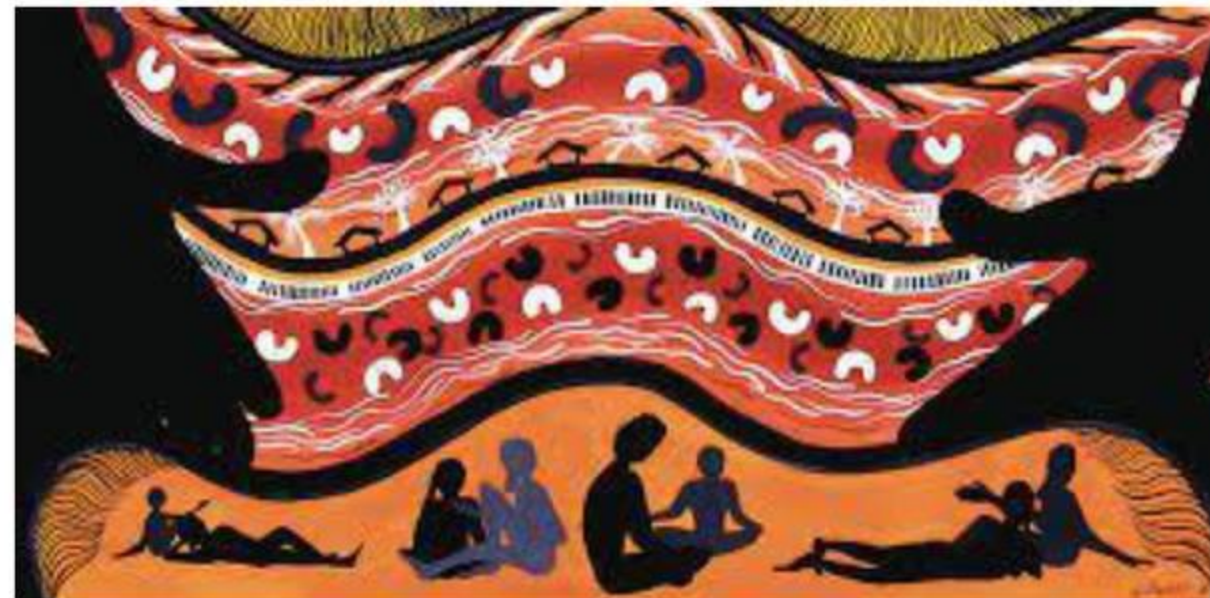
Expression of Interest

Tuesday 30th – Wednesday 31st July 2024

The Far West Local Health District and Royal Flying Doctor Service would like to invite you to participate in Aboriginal Mental Health First Aid Training.

Gain the confidence needed to support your mob

- *Learn in a cultural safe space*
 - *What is mental health?*
 - *How to help mob*
 - *What to do in a crisis*
 - *The importance of yarning*
 - *Where to get help*



Please make contact if you wish to register for Aboriginal Mental Health First Aid Training

Location to be announced.

Cory Paulson - Cory.Paulson@rfdssse.org.au

Kendi Reardon – Kendi.Reardon@health.nsw.gov.au

Desley Mckellar – 08 8080 1502

