



MENTAL HEALTH
FIRST AID®
Australia

Aboriginal Mental Health First Aid

The course is aimed at Aboriginal people living in the Mandurah community

Aboriginal Mental Health First Aid teaches people how to support an Aboriginal adult who may be experiencing a mental health issue. Participants learn to recognise common signs and symptoms in a culturally appropriate way.

Date: 21 and 22 August 2025

Time: 8.30am to 4.30pm

Location: Nidjalla Waangan Mia - 112 Lakes Road Mandurah

Register: Contact Nidjalla Waangan Mia - 9586 4580

Transport and catering will be provided.

In partnership with City of Mandurah and Nidjalla Waangan Mia Health Service Aboriginal Corporation.

This workshop is funded through Suicide Prevention Grants Program by WA Mental Health Commission.