



CTG ABORIGINAL HEALTH



COONAMBLE
ABORIGINAL HEALTH SERVICES

ABORIGINAL MENTAL HEALTH FIRST AID TRAINING

BECOME A MENTAL HEALTH FIRST AIDER:

- ✔ To improve your knowledge of Mental Health Issues
- ✔ To support Aboriginal and Torres Strait Islander peoples
- ✔ To help with improving Mental Health and Wellbeing of Aboriginal and Torres Strait Islander people and your community
- ✔ Receive a nationally recognised certificate in Indigenous Mental Health First Aid.

14TH & 15TH AUGUST 2025
9AM -3PM

**COONAMBLE BOWLING CLUB
AUDIATORIUM**

COST: FREE (MUST BE 18+ YEARS TO ATTEND)

MORNING TEA, LUNCH AND AFTERNOON TEA PROVIDED

FACILITATOR: RAYMOND ROBINSON AND MARK GIBSON

**LIMITED TO 15 PARTICIPANTS. REGISTRATIONS CLOSE 24TH JULY
2025 OR EARLIER IF SPOTS ARE FILLED**

TO REGISTER CALL RAY ON 6822 0000