

Ask your mob, your way,

**R U OK?**

because we are...

**#StrongerTogether**

Thursday 11<sup>th</sup> Sept

11-2pm

Mookai Family Health

105 Balaclava Rd, Earlville

**FREE  
PIZZA  
LUNCH**

Mindfulness activities and yarning with our social and emotional support team – everyone welcome!

**RUOK?**

A conversation could change a life.

 **Mookai**  
Family HEALTH

**STRONGER  
TOGETHER**