








# National Youth Mental Health Summit

24 - 26 August 2021 | Duxton Hotel, Perth

Collaborating and improving services to support the mental wellbeing of today's youth

## Attend this forum and learn how to:

-  Provide seamless integration, collaboration and delivery of services
-  Develop suicide prevention models to tackle the increasing number of suicides amongst young people
-  Provide solutions for the on-going intergenerational trauma faced by the Indigenous community
-  Develop early intervention and prevention models
-  Effectively support Indigenous young people to improve their social and emotional wellbeing

## Key Speakers



**Christine Morgan**  
Chief Executive Officer  
National Mental Health  
Commission



**Aaron Wallace**  
Chief Executive Officer  
Njernda Aboriginal  
Corporation



**The Hon Greg Hunt MP**  
Minister for Health and  
Aged Care  
Parliament of Australia



**Gillian Yearsley**  
Chief Executive Officer  
NTPHN



**Rosalie Kickett**  
Director Cultural Mental  
Health Healer  
Baranginge Koort



**James Toomey**  
Chief Executive Officer  
Mission Australia



**Tony Stuart**  
Chief Executive Officer  
UNICEF Australia



**Megan Krakauer**  
Project Director  
National Suicide  
Prevention and Trauma  
Recovery Project



**The Hon David Coleman**  
Assistant Minister to  
the Prime Minister for  
Mental Health and Suicide  
Prevention  
Parliament of Australia



**Deborah Woods**  
Chief Executive Officer  
Geraldton Regional  
Aboriginal Medical  
Service

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## Welcome Letter from the Conference Chair

Dear Delegates,

Contemporaneously, there are more stressors in the lives of our children, of our youth. Each year sadly records more hospital admissions of children and youth for self-harming and for acute forms of depressions, clinical and non-clinical disorders.

Mental wellness and suicide prevention are effectively fledgling discourses, in contemporaneous terms less than a half a century old. They are being shaped and reshaped.

Suicide is a leading cause of death for Australians living in social housing. Four percent of Australian households are public and social housing but these households report six times the suicide rate of other Australian households.

Suicide is preventable. Mental wellness should be a rudimentary right to every child and the bloom of life enjoyed uninterrupted.

One in 31 of Australia's children come to the attention of child protection authorities. This is likely the world's highest rate. This is a warning sign of an Australian society in need of systemic repair. This is a warning sign of cumulative stressors overwhelming families and children. We need a civil and courteous and kind society focused on reducing and alleviating unnecessary stressors.

We must focus on the origins, pathways and definitions of stressors. Our children, our youth, all of us, deserve better.

This forum brings us together, as sisters and brothers pursuant of the right of all our children to live their best lives, enjoyable lives. I urge delegates to attend as many of the presentations as possible. I urge presenters to attend and listen to all presentations. Do this please for our children and youth.

**Gerry Georgatos**

National Suicide Prevention & Trauma Recovery Project



### Event Overview

Akolade's National Youth Mental Health Summit will examine the pre-existing challenges facing the youth mental health sector in Australia and explore opportunities for intervention, innovation and sustainable reform which are now more urgent than ever. Attendees will gain access to practical tools and strategies to develop collaborative partnerships and promote an environment where community-led models and actions are delivered.

### Who should attend



#### Heads/Directors/Managers from:

- Mental Health
- Children Services
- Community Services
- Indigenous Engagement
- Service Development and Outreach
- Social and Emotional Wellbeing



#### From what industries:

- Healthcare
- Children Services
- Government
- Aboriginal Community Organisations
- Not-for-Profits
- Community Organisations

### TESTIMONIALS FROM PAST ATTENDEES

"Excellent Forum, well thought through and good real-life presentations and outcomes. Walked away better informed and looking to contact a varied of people form the forum in relation to talking further."

**Antonio Giometti**  
Marra Worra Worra Aboriginal Corporation

"I was impressed with this Forum, great topics and great speakers. Really good opportunity to build further networks and get ideas."

**Rob Irwin**  
Tamworth Aboriginal Medical Service

"The entire program was a positive and exciting experience. I was fortunate enough to be able to present my session to a very warm and engaging audience."

**Wayne Williams**  
The University of Queensland



#### Follow this event

Post about this event using **#NationalYouthMentalHealthSummit2021** and **@ThirdSector** for event and industry updates!

Akolade acknowledges the Indigenous people as the Traditional Custodians of the lands where we live, learn and work. We pay our respects to Elders past and present.





Hear from 45+ public sector and community leaders



**Christine Morgan**  
Chief Executive Officer  
National Mental Health Commission



**Aaron Wallace**  
Chief Executive Officer  
Njernda Aboriginal Corporation



**The Hon Greg Hunt MP**  
Minister for Health and Aged Care  
Parliament of Australia



**Gillian Yearsley**  
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**Rosalie Kickett**  
Director Cultural Mental Health Healer  
Baranginge Koort



**James Toomey**  
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**Tony Stuart**  
Chief Executive Officer  
UNICEF Australia



**Megan Krakauer**  
Project Director  
National Suicide Prevention and Trauma Recovery Project



**The Hon David Coleman**  
Assistant Minister to the Prime Minister for Mental Health and Suicide Prevention  
Parliament of Australia



**The Hon Luke Howarth**  
Assistant Minister for Youth and Employment Services  
Parliament of Australia



**Dr Leanne Beagley**  
Chief Executive Officer  
Mental Health Australia



**David Butt**  
National Chief Executive Officer  
Grow Australia



**Kayeleen Brown**  
Chief Executive Officer  
Katungul Aboriginal Medical Service



**Dr Sarah Pollock**  
Chief Mental Health Advocate  
Mental Health Advocacy Service



**Deborah Woods**  
Chief Executive Officer  
Geraldton Regional Aboriginal Medical Service



**Chris Giles**  
Chief Executive Officer  
Kookaburra Kids Foundation



**Lesley Nelson**  
Chief Executive Officer  
South West Aboriginal Medical Services



**Nieves Murray**  
Chief Executive Officer  
Suicide Prevention Australia



**Karyn Cook**  
Chief Executive Officer  
Ngwala Willumbong Aboriginal Corporation



**Deborah Childs**  
Chief Executive Officer  
HelpingMinds



**Gill Callister**  
Chief Executive Officer  
Mind Australia



**Arthur Papakotsias**  
Chief Executive Officer  
Youth Focus



**Bronwen Edwards**  
Chief Executive Officer  
Roses in the Ocean



**Jonathan B. Singer**  
President  
American Association of Suicidology



**Gerry Georgatos**  
National Coordinator  
National Suicide Prevention and Trauma Recovery Project



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**Louise Lockyer**  
Advocate Consultant  
Mental Health  
Baranginge Koort



**Dr Bernadette Wright**  
Co-Founder  
CrossCultural Intellect



**Andrea Creado**  
Co-Founder  
CrossCultural Intellect



**Elvis Martin**  
Principal Ambassador  
National Youth  
Commission Inquiry



**Jasper Garay**  
Aboriginal Academic  
(Darkinjung/Ngarigo)  
The University of Sydney



**Kate Aitchison**  
Senior Music Therapist  
Jacaranda Place  
Adolescent Extended  
Treatment Centre,  
Children's Health  
Queensland



**Danielle Abbot**  
Quality and Practice Lead  
Family by Family



**Carla Clarence**  
Principal Social Health  
The Australian Centre for  
Social Innovation



**Ross Jacobs**  
National Clinical Advisor  
Canteen



**Christopher Hipwood**  
Manager - Youth Mental  
Health Program  
Outcare



**Penelope Strauss**  
Research Fellow in Youth  
Suicide Prevention  
Telethon Kids



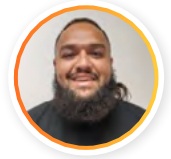
**Teresa Alice**  
Project Manager  
Akeyulerre



**Dr Melanie Newton**  
Project Manager  
Wungen Kartup  
Aboriginal Mental Health  
Service



**Damien Rotumah**  
Alcohol and other Drug  
Support Worker  
Katungul Aboriginal  
Medical Service



**Kurt Simpson**  
Alcohol and other Drug  
Support Counsellor  
Katungul Aboriginal  
Medical Service



**Rich Read**  
Wellbeing Officer  
Royal Perth Hospital



**Michael Hertz**  
Educator  
Royal Perth Hospital



**Daniel Cazangiu**  
Peer Support Worker  
- Youth Mental Health  
Program  
Outcare



**Melanie Robinson**  
Director  
Aboriginal Health, Child  
and Adolescent Health  
Service, WA



**Josie Ford**  
Acting Aboriginal Mental  
Health Coordinator  
Child and Adolescent  
Mental Health



**Christine Williamson**  
Youth Service Manager  
NPY Women's Council



**Dr Jennifer Cohen**  
Evaluation Manager  
Canteen



**Kelly Dhaemer**  
Clinical Psychologist  
Child and Adolescent Mental  
Health Services (CAMHS)  
Katherine



**Alice-Rose Wickey**  
Innovative Health Services for  
Homeless Youth  
Southern Metropolitan Region

8:00 Registration opens

8:30 Welcome to Country



**Uncle Richard Walley OAM**  
Aboriginal Consultant - **Committee for Perth**  
Director - **Noongar Chamber of Commerce and Industry (NCCI)**  
Writer, Musician and Performer - **Aboriginal Productions, Awareness and Events**

8:50 Opening remarks from the Chair



**Gerry Georgatos**  
National Coordinator  
**National Suicide Prevention and Trauma Recovery Project**

9:00 Opening keynote

**A community to raise a child. A system to support the community - Australia's National Children's Mental Health and Wellbeing Strategy**

- Examining telehealth and the flexibility it offers
- Exploring other challenges and opportunities in providing access to services
- Adapting new practices for sustainable service delivery



**Christine Morgan**  
Chief Executive Officer  
**National Mental Health Commission**

9:30 Ministerial Address

**Focusing on the national youth mental health and the impacts of COVID-19**



**The Hon Greg Hunt MP**  
Minister for Health and Aged Care  
**Parliament of Australia**  
*\*Virtual presentation*

9:40 Focusing on the recent pandemic and its effects on children and young people

- Discussing challenges for families such as social disconnection, social distancing and home-schooling
- Building resilience after the pandemic for children, young people, families, schools and communities
- Evaluating the effects of the pandemic and its impact on youth wellbeing



**Tony Stuart**  
Chief Executive Officer  
**UNICEF Australia**

10:10 Ministerial Address

**Supporting young Australians into jobs and training as a way to improve the mental health of young people**



**The Hon Luke Howarth**  
Assistant Minister for Youth and Employment Services  
**Parliament of Australia**  
*\*Virtual presentation*

10:20 Morning Refreshments and Mindfulness Activity



**STREAM A: Developing collaborative partnerships with community**

**STREAM B: Developing suicide prevention plans**

Chair



**Ross Jacobs**  
National Clinical Advisor  
Canteen

Chair



**Gerry Georgatos**  
National Coordinator  
**National Suicide Prevention and Trauma Recovery Project**

10:50 Case study

**Discussing Indigenous collaboration with community and alternative pathways to healing and recovery**

- Discovering treatment models with impactful outcomes
- Understanding how alternative pathway recovery models help victims gain self-awareness and self-worth
- Discussing experiences with diverse pathways to recovery, including traditional and non-traditional healing models



**Rosalie Kickett**  
Director Cultural Mental Health Healer  
**Baranginge Koort**



**Louise Lockyer**  
Advocate Consultant Mental Health  
**Baranginge Koort**

10:50 Case study

**Developing psychosocial interventions for young people at risk of suicide**

- Developing collaborations with families to reduce youth suicide risk
- Using safety planning as an intervention framework
- Identifying effective and cognitive techniques used in youth suicide intervention



**Jonathan B. Singer**  
President  
**American Association of Suicidology**  
*\*Virtual presentation*

11:20 Case study

**Designing services with community to improve outcomes for children, families and young people**

- Setting strong foundations that lead to thriving partnerships
- Co-designing services and service delivery
- Identifying peer approaches and their impacts on the social determinants of health



**Danielle Abbot**  
Quality and Practice Lead  
**Family by Family**



**Carla Clarence**  
Principal Social Health  
**The Australian Centre for Social Innovation**

11:20 **Creating a focus on personal recovery not just "clinical recovery"**

- How to center the focus on the symptoms to access the treatment outcome
- Ways to strengthen support for children and young people during treatment
- How to prevent children and young people from being re-traumatized



**Elvis Martin**  
Principal Ambassador  
**National Youth Commission Inquiry**

11:50 **Discussing social and emotional wellbeing service experiences of Indigenous young people in NSW: listening to voices, respecting experiences, improving outcomes**

- Focusing on Aboriginal controlled community health organisations as leaders in social and emotional wellbeing
- Creating engagement strategies with Aboriginal and Torres Strait Islander young peoples in health research
- Introducing early intervention and prevention approaches in a crisis driven system



**Jasper Garay**  
Aboriginal Academic  
**The University of Sydney**

11:50 **It's a new era – an era where people with lived experience are rightfully taking a central role in system reform, co-design and service delivery**

- Empowering system reform through collaboration, perspective, diversity and expertise
- Examining bold innovation through co-design, service delivery and post-implementation iterative design
- Navigating power imbalance, risk aversion and stagnant thinking in order to truly meet the needs of the people we serve



**Bronwen Edwards**  
Chief Executive Officer  
**Roses in the Ocean**

12:20 **Networking Luncheon**

12:20 **Networking Luncheon**

*"The team at Akolade were fantastic through the entire process. We were breaking new ground and knew we would stretch them to breaking point (on several occasions), and regardless of that, at every stage we each stood side by side and were confident in their skills ... and had a successful event. It was a learning process for all, from which Akolade have taken steps to grow from. We will be looking to do much more with them in the future."*

**Stefano Masiello**  
ANAPLAN

*"Many thanks for organising such a focused, insightful conference."*

**Filip Gregor**  
Billigence

*"Was great to mingle and learn and network in real life. Well organised and successful conference!"*

**W. Daniel Cox, III**  
Ascension Pty Ltd



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**STREAM A: Developing collaborative partnerships with community**

1:20 Case study

**Canteen Connect – a success story of co-designing an innovative online health community**

- Identifying genuine co-design as a key concept for all areas of organisational innovation
- Developing agile online services to meet young people's needs and preferences
- Understanding service growth and responsiveness to change existing ways of working to increase service flexibility and accessibility



**Ross Jacobs**  
National Clinical Advisor  
**Canteen**



**Dr Jennifer Cohen**  
Evaluation Manager  
**Canteen**

1:50 Case study

**The Links program: A multidisciplinary team working collaboratively to achieve better outcomes for young people and their families**

- Discussing how to pool in experts and resources
- Identifying innovations and new ideas collaboratively
- Developing solutions and achieving better outcomes



**Christopher Hipwood**  
Manager - Youth Mental Health Program  
**Outcare**



**Daniel Cazangiu**  
Peer Support Worker - Youth Mental Health Program  
**Outcare**

2:50 Providing community-based services that meet the growing demand for treatment

- Discussing ways to have services, support and care closer to home
- How to bridge the gap between providing what is needed and what recourses are available
- Learning from experience and being culturally aware to deliver positive outcomes



**Melanie Robinson**  
Director - Aboriginal Health  
**Child and Adolescent Health Service, WA**



**Josie Ford**  
Acting Aboriginal Mental Health Coordinator  
**Child and Adolescent Mental Health**

**STREAM B: Developing suicide prevention plans**

1:20 Case study

**Discussing suicide prevention for LGBTQA+ young people**

- Examining clinical approaches and community-based strategies to prevent suicide amongst LGBTQA+ young people
- Understanding the need for additional research into preventing suicide for LGBTQA+ young people
- Focusing on the importance of consumer involvement in clinical practice with LGBTQA+ young people



**Penelope Strauss**  
Research Fellow in Youth Suicide Prevention  
**Telethon Kids**

1:50 Examining the missing link: Outreach, the most important factor in suicide prevention

- How can we provide outreach in early intervention with suicide ideation
- Providing outreach to homes in regional and remote areas for crisis stabilisation
- Developing outreach not only in aftercare but long term through care



**Megan Krakouer**  
Project Director  
**National Suicide Prevention and Trauma Recovery Project**

2:50 Tackling the increasing number of children and young people involved in drugs and alcohol and its connection to youth suicide

- Discussing the growing numbers of drug and alcohol related issues
- Promoting positive choices for children and young people
- Monitoring the structure of the illicit drug markets and routes of supply



**Kayeleen Brown**  
Chief Executive Officer  
**Katungul Aboriginal Medical Service**



**Damien Rotumah**  
Alcohol and other Drug Support Worker  
**Katungul Aboriginal Medical Service**



**Kurt Simpson**  
Alcohol and other Drug Support Counsellor  
**Katungul Aboriginal Medical Service**



2:50 Afternoon Refreshments and Mindfulness Activity

3:20 Increasing cultural collaboration and awareness for Indigenous community

- Focusing on ways to educate, upskill and empower your Indigenous workforce
- Aiming to strengthen staff connection to identity and country
- Developing techniques for the workforce to be culturally aware and responsive



**Lesley Nelson**  
Chief Executive Officer  
South West Aboriginal Medical Services

3:50 Panel discussion

**Integrating prevention and early intervention models to help move away from the existing crisis driven system**

- Exploring ways to provide services for the growing demand of mental health support
- Discussing pathways for children and young people who do not need extensive treatment
- Ensuring children and young people get the therapeutic and wellbeing support they need when it would make the most difference



**Nieves Murray**  
Chief Executive Officer  
Suicide Prevention Australia



**Chris Giles**  
Chief Executive Officer  
Kookaburra Kids Foundation



**Aaron Wallace**  
Chief Executive Officer  
Njernda Aboriginal Corporation

4:30 How to make services more accessible for young people to get help when needed

- Understanding young people's concerns about mental health and how to seek help
- Developing solutions to increase service flexibility and accessibility
- Ensuring access to mental health services irrespective of disadvantage



**James Toomey**  
Chief Executive Officer  
Mission Australia

5:00 Closing remarks from the Chair and end of day one



8:00 Registration opens

8:50 Opening remarks from the Chair



**Gerry Georgatos**  
National Coordinator  
National Suicide Prevention and Trauma Recovery Project

9:00 Keynote

**Working with young people in a non-traditional approach to youth mental health**

- Developing effective approaches to youth mental health and wellbeing in remote communities
- Considering implementing non-clinical approaches to youth mental health in remote communities
- The use of arts/culture and music as a wellbeing strategy



**Gillian Yearsley**  
Chief Executive Officer  
NTPHN



**Christine Williamson**  
Youth Service Manager  
NPY Women's Council

9:30 Ministerial Address

**The Australian government's reform agenda to support children and young people**



**The Hon David Coleman**  
Assistant Minister to the Prime Minister for Mental Health and Suicide Prevention  
Parliament of Australia  
*\*Virtual presentation*

9:50 Panel Discussion

**Discussing the value of people with lived experience to co-design and lead services**

- Understanding the view points and expertise of people with lived experience of mental illness or psychological distress
- How to encourage people with lived experiences to lead, take part in and encourage change
- Working with people with lived experience to tackle challenges within the current system

10:30 Morning Refreshments and Mindfulness Activity

**STREAM A: Increasing service integration, design and access**

**STREAM B: Developing prevention and early intervention models**

Chair



**Ross Jacobs**  
National Clinical Advisor  
Canteen

11:10 Providing constructive engagement options for children and young people to stay on the right track

- Developing prevention programs to tackle substance abuse amongst young people
- Examining initiatives that have had successful outcomes
- Investing in diversion programs within communities



**Karyn Cook**  
Chief Executive Officer  
Ngwala Willumbong Aboriginal Corporation



**Alice-Rose Wickey**  
Innovative Health Services for Homeless Youth  
Southern Metropolitan Region

11:40 Providing seamless integration, collaboration and delivery of services for Indigenous young people

- Understanding the ongoing cycle of trauma
- Looking into solutions and outcomes of initiatives that have shown results
- Discussing how intergenerational trauma can create disadvantages in the daily life for Aboriginal and Torres Strait Islander people



**Dr Melanie Newton**  
Project Manager  
Wungen Kartup Aboriginal Mental Health Service

Chair



**Gerry Georgatos**  
National Coordinator  
National Suicide Prevention and Trauma Recovery Project

11:10 Demonstrating the benefits of collective action in achieving clear positive outcomes for youth mental health

- Exploring the power of the peer group to improve mental wellbeing for young people
- Empowering young people to navigate problems with a wellbeing toolkit
- Building a connect community through mutual help



**David Butt**  
National Chief Executive Officer  
Grow Australia

11:40 Examining contemporary integrated psychosocial recovery models for young people

- Discussing youth outreach recovery service, getting them back on track and back to track with peer-led service
- Empowering young people to build skills including physical, cultural and sexual safety
- Discussing how clinical consultants specialises in working with young people



**Gill Callister**  
Chief Executive Officer  
Mind Australia

**STREAM A: Increasing service integration, design and access**

**STREAM B: Developing prevention and early intervention models**

**12:20 Improving multidisciplinary assessment processes with resource-oriented music therapy assessment**

- Identifying helpful and unhelpful approaches to assessing young people experiencing severe and enduring mental health issues
- Considering alternative approaches to engagement and rapport-building in the early stages of treatment
- Integrating multidisciplinary assessment processes to prevent repetition and “therapy fatigue” in young people



**Kate Aitchison**  
Senior Music Therapist  
**Jacaranda Place Adolescent Extended Treatment Centre, Children’s Health Queensland**

**1:00 Networking Luncheon**

**2:00 Case study**  
**Discussing the challenges in psychological service provision for children and young people in remote areas**

- Providing culturally appropriate interventions
- Collaborating with other services to manage risks together
- Thinking beyond our traditional boundaries



**Kelly Dhaemer**  
Clinical psychologist  
**Child and Adolescent Mental Health Services (CAMHS) Katherine**

**2:40 Case study**  
**Opt-out advocacy as a critical system safeguard for children and young people**

- Discussing the human rights context of mental health legislation in Western Australia
- Understanding advocacy, supported decision-making and recovery – making sure children’s and young people’s voices are heard in their treatment, care and support
- How can we work with services to ensure that consumers get what they want



**Dr Sarah Pollock**  
Chief Mental Health Advocate  
**Mental Health Advocacy Service**

**12:20 Discussing solutions for positive outcomes from intergenerational trauma faced by the Indigenous community**

- Understanding the ongoing cycle of trauma
- Looking into solutions and outcomes of initiatives that have shown results
- Discussing how intergenerational trauma can create disadvantages in daily life functioning for Aboriginal and Torres Strait Islander people



**Deborah Woods**  
Chief Executive Officer  
**Geraldton Regional Aboriginal Medical Service**

**1:00 Networking Luncheon**

**2:00 Connecting children and young people with identity, culture and country**

- Discussing why connection to country and culture is so important for a young Indigenous person’s sense of belonging
- How to engage at-risk children and young people to improve their wellbeing and prevent suicides
- Discussing ways to support Indigenous children to make better life decisions



**Teresa Alice**  
Project Manager  
**Akeyulerre**

**2:40 Case study**  
**Understanding the benefits of including parents, family and carers when working with a young person experiencing a mental health challenge**

- Identifying who is important to the young person
- Introduction to the practical guide for working with carers of people with a mental illness and the six partnership standards
- How you can make the partnership work in practice



**Deborah Childs**  
Chief Executive Officer  
**HelpingMinds**

**3:00 Afternoon Refreshments and Mindfulness Activity**

**3:30 Identifying why developmental and life cycle context matters in mental health system design and co-design**

- Examining important differences in the ecosystems around infants, preschoolers, primary school, secondary school and post-school youth
- Setting strong foundations with related sectors to respond early and build capacity
- Crossing sector boundaries to create an integrated response for families keeping COVID-19 in mind



**Dr Leanne Beagley**  
Chief Executive Officer  
**Mental Health Australia**

**4:00 Youth mental health during a pandemic and being future-ready**

- Providing demand management for increased youth counselling
- Discussing the transition of mental health services to be provided from home via remote services
- Understanding youth and comparison culture



**Arthur Papakotsias**  
Chief Executive Officer  
**Youth Focus**

**4:30 Closing remarks from the Chair and end of day two**

9:00 - 12:00

**Workshop A**

**Improving the wellbeing and resilience for healthcare workers and their teams**

Now more than ever is the time to recognise and support the efforts of mental health workers. The consequences of overlooking these stressors could not be any less important.

This workshop model for wellbeing services and education for healthcare employees and organisations recognises the impact of healthcare workers' life experiences and embedded belief systems on their wellbeing. This workshop will help you understand the deep sense of purpose and how to cultivate creative response. You will focus on reflective practice and develop strategies for improved wellbeing. Therefore, this model addresses team and organisational dynamics by encouraging and supporting interdisciplinary conversation and action across all levels of the organisation, including front-line clinicians, support staff, middle management and executive leaders.

**Attend this practical workshop and:**

- Equip your workforce to positively adapt to change, complexities and adversities
- Develop wellbeing strategies for healthcare workers and their teams
- Discover practical, evidence-informed tools that you can use for improved wellbeing
- Engage to stimulate the implementation of interventions to create a healthy mind
- Provide resilience coaching, moral and psychological support to healthcare professionals



**Michael Hert**  
Certified Educator  
Royal Perth Hospital



**Richard Read**  
Certified Educator  
Royal Perth Hospital

12:00

**Lunch**

1:00 - 4:00

**Workshop B**

**Overcoming cultural barriers and providing services for people from ethnoculturally and linguistically diverse (ELD) backgrounds**

The concept of a mental health disorder can have a range of interpretations depending on the culture and/or the ethnic group within a given culture from which the person originates. The stigma towards seeking help, and culture-based expectations for how help is provided may be determined by many factors. This may include how frame of references are modified by experience through acculturative processes not only in young people but also the entire family unit.

**Attend this practical workshop and:**

- Understand what needs to occur in implementing the transcultural process in a mental health context
- Discover the importance of self-reflective practice that goes beyond cultural competency and cultural awareness
- Acquire appropriate culturally-responsive communication skills that may help overcome stigma surrounding service engagement
- Examine the effects of acculturation, acculturative stress and intergenerational conflicts that may impact on the family unit and lead to mental health deterioration
- Discuss the strategies for promoting a barrier-free pathway towards positive service outcomes



**Andrea Creado**  
Co-Founder  
CrossCultural Intellect



**Dr Bernadette Wright**  
Co-Founder  
CrossCultural Intellect





### Early bird discounts

Register and book before

NFP and Indigenous Organisation rate (in-person attendance)	18 Jun 2021	16 Jul 2021	6 Aug 2021	Standard price
<b>Conference Only</b>	\$ 1,699.00	\$ 1,899.00	\$ 1,999.00	\$ 2,199.00
<b>Conference + 1 workshop</b>	\$ 2,199.00	\$ 2,399.00	\$ 2,499.00	\$ 2,699.00
<b>Conference + both workshops</b>	\$ 2,399.00	\$ 2,599.00	\$ 2,699.00	\$ 2,899.00
Government/Healthcare/Education Rate (in-person attendance)				
<b>Conference Only</b>	\$ 1,899.00	\$ 2,099.00	\$ 2,199.00	\$ 2,399.00
<b>Conference + 1 workshop</b>	\$ 2,499.00	\$ 2,699.00	\$ 2,799.00	\$ 2,999.00
<b>Conference + both workshops</b>	\$ 2,799.00	\$ 2,999.00	\$ 3,099.00	\$ 3,299.00
<b>Virtual Conference Only</b>	\$ 1,299.00	\$ 1,499.00	\$ 1,599.00	\$ 1,799.00
<b>Solution/software Provider/Consultants</b>	\$ 3,899.00	\$ 3,899.00	\$ 3,899.00	\$ 3,899.00

An additional 10% GST is applicable on all charges.  
This event will be held both physically and virtually—limited seats available!

### Save (Choose between):

**Early bird discount.** Register and pay by a deadline indicated above to achieve up to 20% SAVINGS on the Standard Rate. Registrations received without payment are ineligible for an Early Bird Discount and will be charged at the Standard Rate.

**Team discount.** (i) Register 3-4 delegates and receive additional 10% discount off the current rate  
(ii) Register 5-7 delegates and receive additional 15% discount off the current rate

For large group bookings, please email [sales@akolade.co](mailto:sales@akolade.co) to receive a quote. All group registrations must be from the same company, at the same time and for the same event. Registrants must choose between the most advantageous discount option. Only one discount scheme applies.

### Delegate details (Please complete in block letters)

Today's date:

<b>Name</b>	<input type="text" value="Delegate 1"/>	<b>Job Title</b>	<input type="text"/>
<b>Phone</b>	<input type="text"/>	<b>Email</b>	<input type="text"/>
<b>Name</b>	<input type="text" value="Delegate 2"/>	<b>Job Title</b>	<input type="text"/>
<b>Phone</b>	<input type="text"/>	<b>Email</b>	<input type="text"/>
<b>Name</b>	<input type="text" value="Delegate 3"/>	<b>Job Title</b>	<input type="text"/>
<b>Phone</b>	<input type="text"/>	<b>Email</b>	<input type="text"/>
<b>Company</b>	<input type="text"/>		
<b>Postal Addr.</b>	<input type="text" value="PO Box / Street Address"/>		
	<input type="text" value="City"/>	<input type="text" value="State"/>	<input type="text" value="Postcode"/>

### 3 ways to register

**Phone:** +61 2 9247 1522  
**Email:** [sales@akolade.co](mailto:sales@akolade.co)  
**Online:** [akolade.co](http://akolade.co)

**VIP Code** **TM-AN**

### Important Notice

Attendance will only be permitted upon receipt of full payment. Please note that the programme and speakers are subject to change without notice. If the venue changes, you will be notified. Akolade will not be responsible for any event re-scheduled or cancelled.

### Cancellation Policy

i) Should you be unable to attend, a substitute delegate is always welcome at no extra charge. Akolade regrets that no cancellations will be refunded, conference documents, however, will be sent to the delegates.

ii) If the event does not proceed for any other reason apart from Force Majeure (Act of God such as an epidemic, pandemic, earthquake, fire, flood or civil disturbance - typically a symptom of, and a form of protest against, major socio-political problems) then the full amount of the particular event paid will be refunded.

iii) In the case of Force Majeur rendering the running of the event impracticable, the Organiser (Akolade Pty Ltd) will transfer any in-person attendance tickets to virtual attendance tickets. Should no virtual event take place, the Organiser will commit to running the event at a later date.

### Privacy Policy

Please note that a portion of the data for this mailing was supplied by third-party sources. If you would no longer like to receive promotional mail from Akolade, please opt-out by confirming in writing and forwarding your letter to [marketing@akolade.co](mailto:marketing@akolade.co). Please note all opt-out requests will be processed within 30 business days from the date of receipt.

### Easy payment options

ABN 96 149 066 991

**EFT:** Transfer your payments to Akolade Pty Limited at Commonwealth Bank of Australia BSB 062 099 Account No. 1068 5915. Please quote SOC06EM22 on the EFT

**Cheque:** Please make out cheque to Akolade Pty Limited. Please quote SOC06EM22 on the cheque.

**Credit Card:** Please charge my  **Visa**  **Mastercard**  **Amex** in the amount of \$

\*A credit card fee of 1.75% applies for Amex

**Card No:**

**Expiry Date:**     **CVV:**

**Card Holder's Name:**  **Signature:**