

# Smoking Cessation Strategies for Aboriginal and Torres Strait Islander Women

Join your peers on Zoom on 9 September 2020, 12:30pm AEST

How can we improve health care provider skills in offering culturally safe smoking cessation support to pregnant Aboriginal & Torres Strait Islander women?

43% of Aboriginal and Torres Strait Islander women smoke and it is understood that smoking during pregnancy has major health implications including birth complications, low birth weight etc. Therefore, supporting women antenatally in a culturally competent manner will help to close the gap on indigenous health.

We will have the opportunity to learn about the SISTAQUIT™ (Supporting Indigenous Smokers to Assist Quitting) which aims to improve health providers' skills when offering smoking cessation care to pregnant Aboriginal and Torres Strait Islander women.

This intervention provides webinar-based training using evidence based and culturally competent smoking cessation care. It builds on the success of the ICAN QUIT in Pregnancy and SISTAQUIT programs that were co-developed and piloted with Aboriginal communities.

Associate Professor Gillian Gould will present on the study, which revealed that 41 per cent of participants made quit attempts resulting in a quit rate of 14 per cent and increased engagement between Indigenous women and services.



A/Prof Gillian Gould  
University of Newcastle

Since the mid-2000s Gillian Gould has been working with local Aboriginal Medical Services to help co-develop targeted and culturally appropriate quit groups for Aboriginal communities.

Gillian joined the University of Newcastle in January 2015, signing on to become a National Health and Medical Research Council (NHMRC) Early Career Research Fellow within its School of Medicine and Public Health. She has since launched a handful of successful projects, most recently co-developing a robust 'ICAN QUIT in Pregnancy' intervention with the Biripi community in Taree and Tobwabba community in Forster.

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Join this Web Conference by visiting our Members Community at: <https://women.wcha.asn.au/events/wcha-leading-thinkers-series-web-conference-smoking-cessation-strategies-aboriginal-and-torres>

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**Leading Thinkers Series**

