

WOMEN & HEART DISEASE FORUM 2019

JUNE 19, 2019 | 9AM-5PM

PROGRAMME

- 9.00 - 9.05 **Welcome**
Sophie Scott, National Medical Reporter, ABC
+ opening from **The Hon. Bronnie Taylor MLC**, NSW Minister for Women
- 9.05 - 9.10 **Welcome to Country**
- 9.10 - 9.20 **Women & Heart Disease in NSW**
A Forum Recap: Two years on – what has been achieved?
Julie Anne Mitchell – Director of Prevention, Heart Foundation
- 9.20 - 9.30 **Supporter address)**
- 9.30 - 9.55 **KEYNOTE PRESENTATION:**
Change of Heart: a move to sex and gender disaggregated cardiovascular research and practice across the life-course
Prof Robyn Norton; Principal Director, The George Institute for Global Health

PLENARY SESSION 1

■ THE FEMALE PATTERN OF CORONARY HEART DISEASE – WHAT DOES THIS LOOK LIKE AND HOW DO WE TREAT IT?

- 10.00 - 10.15 **Heart disease in women: from diagnosis to treatment to outcomes**
Dr Clare Arnott; Cardiologist, Royal Prince Alfred Hospital
- 10.15 - 10.30 **Treatment of MI in women – why is it different and what is the impact?**
Prof Clara Chow; Professor of Medicine and Academic Director
Westmead Applied Research Centre, University of Sydney
- 10.30 - 10.45 **Chest pain and normal angiography in women – could it be cardiac?**
Prof John Beltrame; Head of Discipline of Medicine, Queen Elizabeth Hospital, Adelaide
- 10.45 - 11.00 **Sex and the myocardium - insights from cardiovascular magnetic resonance imaging**
Prof Martin Ugander; Professor of Cardiac Imaging, Department of Cardiology,
Royal North Shore Hospital
- 11.00 - 11.10 **Questions**

Morning tea: 11.10-11.40

11.40 – 12.40

■ **HYPERTENSION IN PREGNANCY – THE IMPACT ON HEART HEALTH**

The P4 & BP2 Study into reducing women's risk post preeclampsia

Dr Amanda Henry; Senior Lecturer, School of Women's and Children's Health

Impacts of preeclampsia on the long-term health of mothers and their children

A/Prof Vincent Lee; Renal Physician, Westmead Hospital

The COFFEE clinic: Assessment after obstetric complications

Prof Margaret Arstall; Director of Cardiology, NALHN, Associate Professor, University of Adelaide

Supporting women with preeclampsia to reduce their risk through healthy lifestyle change

Dr Melinda Hutchesson; Senior Lecturer (Nutrition and Dietetics) University of Newcastle

ASK THE EXPERTS PANEL

■ **POPULATIONS OF WOMEN AT RISK**

Rheumatic Heart Disease

Dr Marcus Ilton; Interventional Cardiologist, Darwin Private Hospital

Cardiovascular Disease: Protective and risk factors for Aboriginal women

Katharine McBride; Research Officer, SAHMRI

HeartSmart – Prevention and awareness for Women from CALD communities

Sharda Jogia; Senior Women's Health Promotion Program Manager, SWSLHD

Healthy hearts for women in custody

Shani Prosser; Manager Health Advancement, Justice Health and Forensic Mental Health Network

Rural and remote issues: distance and the heart – a film project of women's stories

Nerida Colley; Health Promotion Projects Officer, Lismore Women's Health and Resource Centre

ASK THE EXPERTS PANEL

■ **HEART DISEASE IN WOMEN – WHAT DOES IT LOOK LIKE & HOW IS IT DIFFERENT**

Presentation and diagnosis of ACS in the ED: Are Women really that different to men?

Prof Louise Cullen; Pre-Eminent Staff Specialist Emergency and Trauma Centre, Royal Brisbane and Women's Hospital

Sex differences in Acute Coronary Syndromes

Dr Sarah Zaman; Interventional and Consultant Cardiologist, MonashHeart and Monash University

Sex difference in heart failure risk factors and phenotype: what we know and the implications for women

Dr Anna Beale; Cardiology Advanced Trainee, Alfred Hospital and PhD candidate, Monash University/Baker Heart and Diabetes Institute

Sex differences in inherited heart diseases and sudden cardiac death

A/Prof Jodie Ingles; Head, Clinical Cardiac Genetics Group, Centenary Institute

Mapping coronary artery disease reveals fundamental gender differences

Dr Susann Beier; Principle Investigator, Coronary Atlas UNSW

ASK THE EXPERTS PANEL

Lunch: 12.40-1.20

1.20 – 2.20

■ HEART HEALTH ALONG THE LIFE COURSE

Gestational Diabetes and other red flags

Dr Amanda Beech; Obstetric Medicine Physician & Endocrinologist, Staff Specialist Royal Hospital for Women and Prince of Wales Hospital

The National Gestational Diabetes Register: overview, evaluation & next steps

Dr Melinda Morrison; National Program Leader, NDSS Diabetes in Pregnancy Program

Polycystic Ovary Syndrome – the risk factor you may not have heard about

Dr Lisa Moran; Research Fellow, Obstetrics and Gynaecology, Monash University (School of Public Health and Preventive Medicine)

Breastfeed to your heart's content

Dr Binh Nguyen; Research Fellow, Prevention Research Collaboration, Sydney School of Public Health, University of Sydney

Hormones and heart health across the life-course

Dr Anastasia Mihailidou; Senior Hospital Scientist, Cardiology Department, RNS and Head, Cardiovascular & Hormonal Research Laboratory, Kolling Institute

ASK THE EXPERTS PANEL

■ WOMEN'S ULTIMATE STRESS TESTS

Pregnancy: Women's ultimate stress test

Prof Gemma Figtree; Prof in Medicine Uni of Sydney; Interventional Cardiologist Royal North Shore Hospital

Update on the final ROPAC (Registry of Pregnancy and Cardiac Disease)

Prof Will Parsonage; Clinical Director, Australian Centre for Health Service Innovation, QLD University of Technology and Senior Staff Cardiologist, Royal Brisbane & Women's Hospital

Advances in management of pregnancy in women with congenital disease

Dr Rachael Cordina; Cardiologist, Royal Prince Alfred Hospital

Heart of the female athlete

Dr Belinda Gray; Cardiologist at Royal Prince Alfred Hospital, NHMRC Early Career Fellow at University of Sydney

Spontaneous Coronary Artery Dissection

Dr Clare Arnott; Cardiologist, Royal Prince Alfred Hospital

ASK THE EXPERTS PANEL

■ HEALTH SYSTEM RESPONSES & BREAKING DOWN SILOS

Women's heart health: and the importance of a cross disciplinary approach

Annie Flint; Manager Women's Health, Child Youth & Family, Southern NSW LHD and
Denele Crozier; CEO, Women's Health NSW

NSW Health: what the health system can do (title TBC)

Dr Marianne Gale; Medical Advisor in the Office of the Chief Health Officer, NSW Ministry of Health

Women's Health NSW – piloting a strategy to assess & manage cardiovascular risk

Debra Pittam; Principal Consultant Coach and Facilitator, Person Centred Leadership

Beyond the Health System to end RHD

Dr Rosemary Wyber; GP and Head of Strategy, END RHD

ASK THE EXPERTS PANEL

PLENARY SESSION 2

■ WOMEN & HEART DISEASE RESEARCH REPORTS

- 2.50 – 3.00 **Women's experiences of heart disease in pregnancy**
Prof Liz Sullivan; Deputy Head, Faculty of Health and Medicine, University of Newcastle
- 3.00 – 3.10 **Using big data to inform our understanding of heart disease in Australian women**
Prof Emily Banks; Professor of Epidemiology, Australian National University
- 3.10 – 3.20 **Coronary heart disease among Australian women – what does the data tell us? (2019 Women & Heart Disease Report)**
Miriam Lum On; Australian Institute of Health & Welfare

■ HEART DISEASE IN WOMEN & THE IMPACT OF GENDER

- 3.25 – 3.35 **Matters of the heart and mind: how mental health impacts women's heart health**
Dr Adrienne O'Neil; Director of Heart and Mind Research, Deakin University
- 3.35 – 3.45 **Women in cardiology – why is this important?**
Dr Sonya Burgess; Interventional cardiologist and consultant cardiologist, Nepean Hospital and Sydney South West Hospital

3.45 – 3.55 **Break**

3.55 – 4.05 **My take-outs from the day**
A/Prof Lynne Pressley AM; Chair, Heart Foundation Hearts and Heels Cardiology Roundtable

4.05 – 4.15 **Sex and Gender Differences – why research is important**
Dr Jenny Yu; Interventional Cardiologist, Prince of Wales Hospital

4.15 – 4.45 **EXPERT PANEL AND OPEN DISCUSSION:**
What do you take out of this and what needs to happen next? How do we progress actions in Awareness raising, filling the research gaps, Improving practice & care?

Facilitated by **Sophie Scott**, National Medical Reporter, ABC

- **Prof Chris Semsarian AM**; Chair, CSANZ Scientific Committee
- **Denele Crozier AM**; CEO Women's Health NSW
- **Leah DSouza**; Patient Representative
- **Dr Linda Mann**; GP, Young Parents Pregnancy Clinic, Royal Prince Alfred Hospital
- **David Lloyd**; CEO Jean Hailes Foundation
- **Dr Melina Georgousakis**; Founder, Franklin Women
- **Dr Sarah Zaman**; Chair, Women in Cardiology

4.45 – 5.00 **Summary of Priority Actions**
Julie Anne Mitchell, Director of Prevention, Heart Foundation

5.00 – 6.00 **POST FORUM NETWORKING DRINKS AND CANAPES**



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