

Calling youth workers and Aboriginal services ...

Register your spot  
for a **FREE** workshop on

yhunger

Gain fun & practical tools to  
work with young people  
on independent living skills,  
and improve your practices in  
food & physical activity

**BOOK NOW FOR:**

**Thursday 25 October 2018, 9am to 3pm**  
**@ The Settlement Neighbourhood Centre,**  
**17 Edward St, **Darlington** NSW 2008**  
or another workshop on the 2018 calendar

By attending this training, your service receives

the **yhunger** resource kit for free

*... a fab pizza box full of activities, fact sheets & cookbooks for young people!*

*Previous participants have said this is "fantastic training; "an amazing program, well thought out and an incredible amount of knowledge shared"; "I have learnt a lot and sparked ideas on how I can work to improve program delivery"*

Dished up for you by



Health

in  
partnership  
with



The Sydney University  
**Settlement**  
Neighbourhood Centre

**RSVP by 5 October 2018 with your name , service & contact details to**

**Youthblock Youth Health Service p. 95625640 e: [SLHD-Youthblock@health.nsw.gov.au](mailto:SLHD-Youthblock@health.nsw.gov.au)**