

Calling youth workers...



Register your spot
for a **FREE** workshop on

yhunger

Gain fun & practical tools to work
with young people
on independent living skills, health &
wellbeing
and improve your practices in food &
physical activity

BOOK IN NOW FOR:

Thursday 9 August 2018, 9.30-4:30pm
@ Juanita Nelson Community Centre
31 Nicholson St Woolloomooloo
OR

Thursday 13 September 2018, 9.30-4:30pm
@ Kogarah School of Arts
Cnr Queens Ave & Bowns Rd Kogarah

By attending this training, your service:

- Can apply for a grant (up to \$1500) to work with youth on healthy eating or physical activity
- Receives the new **yhunger** resource kit for **free**
... a fab pizza box full of activities, fact sheets & cookbooks for young people!

RSVP by 26 July (Woolloomooloo workshop) and 30 August (Kogarah workshop) with your name , service & contact details to

Youthblock Youth Health Service p. 95625640 e: SLHD-Youthblock@health.nsw.gov.au

All food is provided so please include any special dietary considerations

Dished up for
you by



South Eastern Sydney Local Health District
&
Youthblock Youth Health Service

