

# Aboriginal Health Promotion Short Course

Do you have an interest in health and want to contribute towards closing the gap in your community? Health promotion provides a framework to engage and create community orientated health approaches.

The Australian Health Promotion Association (AHPA®) (WA Branch) is conducting a FREE short course that will yarn about health promotion to share knowledge, skills and ideas that will support health promotion within Aboriginal and Torres Strait Islander Communities. The course is suitable for Aboriginal and Torres Strait Islander people already working in the health sector, those wanting to move into the area and those wanting to incorporate health promotion principles into their role.

## Course Details

**Dates:** Monday 2 – Thursday 5 December 2019 (4 days), 9:00am – 4:00pm daily

**Location:** Centre for Aboriginal Studies, Curtin University, Bentley (Room number TBA)

**Cost: FREE.** The value of the course being offered is usually \$1300.

### Course Facilitators:

Ms Cheryl Davis, BHSc, MPH, Yuat Ballardong Noongar woman, Director of Indigenous Engagement, Faculty of Health Sciences, Curtin University. Cheryl has more than 20 years of experience working in varied roles in Indigenous health.

Dr Linda Portsmouth, Senior Lecturer, Health Promotion, School of Public Health, Curtin University. Linda has more than 30 years working in health communication, 25 of these as a health promotion practitioner. Linda enjoys working in partnership with Aboriginal health practitioners.

**Catering:** Morning tea, lunch and afternoon tea will be provided

**Applications:** To register, please fill out an Expression of Interest (EOI) form also attached to this email and return to [scholarshipswa@healthpromotion.org.au](mailto:scholarshipswa@healthpromotion.org.au) by **Friday 1 November 2019**. The EOI will be assessed by a panel of representatives from the AHPA® (WA Branch) Committee and course supporters. Places are limited (maximum 25 registrations) so please apply ASAP.

# Course Overview

All subjects will have an Aboriginal health focus.

## Day 1

- Yarning about what you would like from this course, about health promotion and the health promotion you do now
- Health promotion needs assessment, planning – what will we do?
- Yarning with community to find out what they think about a health issue and to plan a health promotion program
- Setting goals and objectives
- Group work: Planning a health promotion program for your community

## Day 2

- Health promotion strategies & methods – how will we do it?
- Running a health promotion program in partnership with community
- Group work: Planning the strategies, methods and activities for your program

## Day 3

- Evaluation of health promotion – did we succeed?
- Yarning with community to evaluate a health promotion program
- Group work: Planning the evaluation for your program

## Day 4

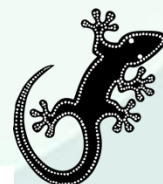
- Group work: Finalising and presenting your plans
- Evaluation – Yarning about this course

Participants can apply for Credit of Recognised Learning (CRL) for elective units within Curtin health promotion courses, following successful completion of an additional assessment.

To register or for more information contact the AHPA® (WA Branch) on [scholarshipswa@healthpromotion.org.au](mailto:scholarshipswa@healthpromotion.org.au)

This Aboriginal Health Promotion Short Course is an initiative of the AHPA® (WA Branch) and is proudly funded by Healthway as part of the Health Promotion Scholarships Program.

This course is supported by:



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