



1HR

Start Course

Healing through voice, culture and Country e-learning course

Family domestic violence (FDV) is a major health and wellbeing concern affecting all Australians, including those in Aboriginal and Torres Strait Islander communities.

About this course

This foundation course focuses on *Healing through voice, culture and Country: Stories from Community addressing family violence*, a documentary that tells the living story of FDV. It showcases the work of film makers, dancers, musicians and artists from across Australia and the telling of their stories. The film is interspersed with the learnings of practitioners working with Aboriginal and Torres Strait Islander families where violence is a concern. It aims to help practitioners work with parents where FDV is present, supporting children's social and emotional wellbeing in culturally responsive ways.

Why was this course developed?

This course and its supporting resources were developed to help practitioners understand that Aboriginal and Torres Strait Islander health should be viewed in a holistic context, encompassing mental and physical, cultural and spiritual health.

The course acknowledges how families come with great strengths and knowledge, and showcases how, when working with Aboriginal and Torres Strait Islander families experiencing violence, the need for self-determination and collective models of healing is paramount.

How was this course developed?

This course was developed by Emerging Minds, in conjunction with a specialised Aboriginal and Torres Strait Islander reference group and our Aboriginal and Torres Strait Islander Social and Emotional Wellbeing National Consultancy Group.

Who is this course for?

This foundation course is for practitioners in mainstream health, education and social and community services, whose work includes responding to Aboriginal and Torres Strait Islander families where FDV is a concern. This includes those working within the family violence sector, as well as peripheral or related sectors.

What is included in the course?

This course includes one 53-minute documentary accompanied by a reflection activity. It is designed to be undertaken individually, but can also be used as a prompt for conversations between colleagues.

The course also includes a series of supporting resources including a framework, a practice profile, a fact sheet and two podcast episodes.