



Quit Skills

Aboriginal and Torres Strait Islander
Quit Skills Program



Tackling Indigenous Smoking Brief Intervention Training

Cancer Council SA provides free smoking cessation training across Australia for those who work with Aboriginal and Torres Strait Islander people.

The Quit Skills program Tackling Indigenous Smoking Brief Intervention is a three-day nationally recognised training on smoking cessation.

The aim of this training is to:

- increase your skills, knowledge and confidence so that you can assess and discuss smoking behaviour with Aboriginal and Torres Strait Islander people
- successfully support Aboriginal and Torres Strait Islander people to reduce or quit smoking



Overview of the training

- Tobacco in Australia
- Social determinants of health
- Legislation and regulation
- Health consequences
- Understanding smoking
- Cessation methods and products
- Working with clients
- Quitline and other services
- Population health
- Legal and organisational policies and procedures

Units of competency

Following successful completion of the course, a Statement of Attainment will be issued for the following competencies by the Aboriginal Health Council of South Australia [RTO 40142]:

- Assess readiness for and effect behaviour change [HLTPOP014]
- Provide information on smoking and smoking cessation [HLTPOP015]
- Provide interventions to nicotine dependent clients [HLTPOP016]

Register your interest in completing this training or hosting group training at quitskills@cancersa.org.au