

Whisper No More

Sharing our story for better cancer outcomes for Aboriginal and Torres Strait Islander people

Whisper No More is a learning package that contains stories from Aboriginal people about their experience of cancer. Understanding more about peoples' views of cancer and experiences of health care is essential to developing better cancer care and health outcomes.

Whisper No More is linked to a decade of research. It began with findings from 'A whispered sort of stuff'. The curriculum, built around the videoed stories, is aimed at health science students and professionals. It will help answer some questions, encourage reflection and discussion around health issues for Aboriginal people, communication styles and best practice care for people with cancer.

Whisper No More is available online and includes videos, discussion questions and links to key articles and websites. The Facilitator's Guide offers ideas on how to use this learning package. It can be adapted to many different uses depending on the context and desired learning outcomes.

"This girl's doin' alright" – staying strong

Cancer is a scary word, especially for Aboriginal people. But it is just a word and there are treatments. In this video, Aboriginal cancer patients talk about what helped them living with their cancer diagnosis and the things they do to stay well.



- ✓ Discussion questions
- Kavita's story
- Bella's story
- Mary's story
- James' story
- Jenny's story
- Narelle's story

Online access

Whisper No More

<http://www.wacrh.uwa.edu.au/>

Go to the tab Aboriginal Health and select *Whisper No More* from the drop down menu. This will take you to a login page. It is easy to set up an account.

What is in this learning package?

- ✚ Facilitator's Guide
- ✚ Learning questions and feedback
- ✚ Web linked references
- ✚ Certificates of completion
- ✚ Themed videos
 - Delayed diagnosis
 - Screening
 - Strength
 - Family
 - Difficult conversations
- ✚ Individual story videos
 - Bella's story
 - Deborah's story
 - Clarry's story
 - James' story
 - Jenny's story
 - Narelle's story
 - Mary's story
 - Kavita's story

Need more information?

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Aboriginal and Torres Strait Islander people are warned that some videos used in this learning package contain images and voices of people who are now deceased.