

DAMPAA

Dementia Prevention and Risk Management Program for Aboriginal Australians

'Keeping Memories Strong'

Are you Aboriginal and worried about your memory?

The DAMPAA brain health program is a University of WA study of group exercise and health management run in partnership with local Aboriginal health services.

We want to see if the DAMPAA program can help keep memories strong in older Aboriginal and Torres Strait Islander peoples.

We are inviting all Aboriginal and Torres Strait Islander people who are aged 45 years and over and are worried about their memory, to take part in the DAMPAA program in Perth or Geraldton.

You will be reimbursed for each memory screen and health assessment period at 0, 6 and 12 months with a \$25 gift card.

If you are interested in participating in the DAMPAA project, or would like more information, please contact:

Glennette Dowden & Deanne Lewis

P: 9488 4803 E: dampaa@uwa.edu.au

Website: www.aboriginalageingwellresearch.com

Facebook: www.facebook.com/UWADAMPAA

Please get in touch if you are interested in participating!

This study has been approved by the Western Australian Aboriginal Health Ethics Committee (#867) and the UWA Human Ethics Committee (RA/4/20/4944).

ARTWORK: JOHN WALLEY