



STRONG & DEADLY FUTURES

Strong & Deadly Futures addresses learning outcomes relating to social and emotional wellbeing via illustrated storylines combined with interactive classroom activities.

**HIGH QUALITY LESSON PLANS THAT
MEET CURRICULUM REQUIREMENTS**

**EASY TO USE, ONLINE CONTENT DEVELOPED TO
BE INTERACTIVE AND ENGAGING**

**DESIGNED USING THE LATEST EVIDENCE ABOUT
EFFECTIVE WELLBEING PROMOTION**

**DEVELOPED IN PARTNERSHIP WITH TEACHERS, SCHOOLS
AND ABORIGINAL AND TORRES STRAIT ISLANDER YOUTH**



Strong & Deadly Futures is the first computerised, culturally inclusive school-based social and emotional wellbeing program. It was developed with and for Aboriginal and Torres Strait Islander and non-Indigenous students.

- It aligns with the Year 7 and 8 Australian Curriculum and NSW Stage 4 syllabus for Health and Physical Education. It also aligns with the Aboriginal and Torres Strait Islander Histories and Cultures cross-curriculum priority.
- The program empowers students through a focus on cultural strengths and skills development.
- It was developed with busy teachers in mind.
- It offers flexibility and alternative resources so teachers can tailor to individual classroom needs.

CONTACT US TO FIND OUT MORE

Or to receive more information:
info@strongdeadly.org.au, visit
strongdeadly.org.au or call
(02) 8627 9013

HOW CAN YOU GET INVOLVED?

We're looking for expressions of interest from schools to hear more about an upcoming research trial to evaluate the effectiveness of Strong & Deadly Futures to:

PROMOTE

- Empowerment
- Social and emotional wellbeing
- Cultural strengths

&

PREVENT

- Alcohol use
- Tobacco and cannabis use
- Peer pressure

WHAT'S INVOLVED?

As part of the trial your school will receive free access to the program, and will be randomly assigned to either:

EARLY IMPLEMENTATION

- Adapt Strong & Deadly Futures to local context in 2020
- Implement Strong & Deadly Futures to all Year 7 (or 8) students in 2021

OR

DELAYED IMPLEMENTATION

- Adapt Strong & Deadly Futures to local context in 2020
- Implement Strong & Deadly Futures to all Year 7 (or 8) students in 2023

All students in both groups will be asked to complete online surveys before the early implementation group starts with Strong & Deadly Futures, after the program (6-weeks), 12 months and 24 months later. This survey will measure the impact of the program on:

Social and emotional wellbeing

Empowerment

Reducing harm from drug and alcohol use

WHAT'S IN IT FOR MY SCHOOL?

In addition to being the first to receive access to this innovative program, it will include:

- An Aboriginal and/or Torres Strait Islander facilitator to assist with the research trial
- Computer tablets to access the program if needed
- Offline version of the program in case of unreliable internet.

CONTACT US TO EXPRESS YOUR INTEREST

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Strong & Deadly Futures is supported by funding from the Australian Government Department of Health



THE UNIVERSITY OF SYDNEY

Matilda Centre