

# Leaping lizards, little garden / big change: growing a community with a simple seed

(2010)

**Type:** Book

**Description:**

The *Leaping lizards, little garden/big change* book provides a comprehensive account of the creation of the Onslow organic school community garden, which led to the creation of the Onslow community garden next door.

The Onslow organic school community garden was born out of a need to improve the quality of the food at the Onslow school canteen, and the need for fresh ingredients for the newly formed Breakfast club. The school garden grew a variety of fruit and vegetables that were used in the canteen and breakfast club, but also became the place for school based and youth holiday programs teaching children and young people the importance of a healthy diet. The garden was also used as an outdoor classroom to teach subjects like science, environmental health and cooking.

The success of the school garden inspired the development of the Onslow community garden. The community garden was designed to be a meeting place, a place to engage in recreation and sport, health and healing, a place for family gatherings, barbeques, festivities and events.

The book is divided into five sections:

- the story - how the gardens came about
- gardening - advice on setting up a community garden
- learning activities - school-based activities
- recipes - from the Onslow school canteen
- resources - useful books, websites and suppliers

**When to use this resource:**

This book provides a useful account of how a community garden was created. It can be used to provide ideas on how to go about establishing gardens in other areas. The tips on gardening, the learning activities and the recipes can be used separately or as part of a community garden initiative.

**Producer:**

Leaping Lizards Onslow project, Onslow, WA

**To order copies of this resource**

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