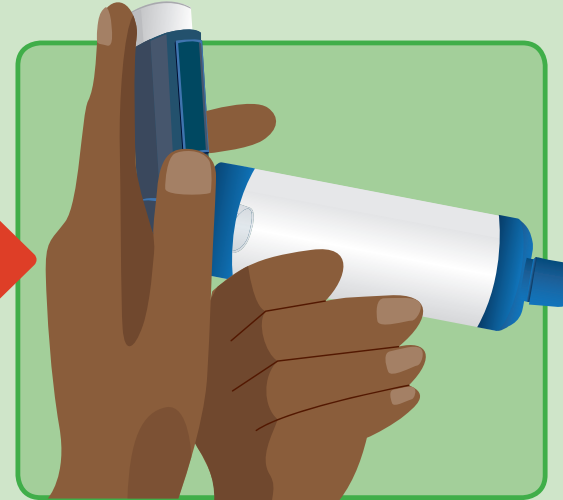
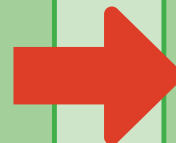
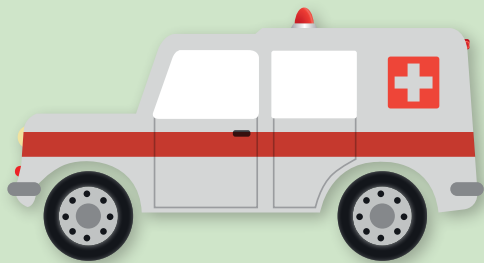


Short Wind Danger Plan



1 puff, 4 breaths 4 times & wait a short time.
Do all over again



If not getting better, keep giving blue puffer till help comes



Send for help

SHORT WIND ACTION PLAN

Name: _____

Doctor or clinic: _____



Asthma
Foundation NT



PTTEP

Feel Good



My medicines:

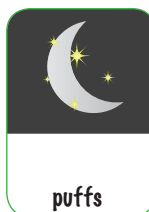
1 puff into spacer
at a time.



puffs



puffs



puffs

Feel little bit Short Wind



My medicines:



puffs when needed

Always carry your blue puffer & spacer



puffs



puffs

Bad Short Wind



My medicines:



1 puff, 4 breaths. Do this 4 times & wait a short time then do this all over again till better or help comes.



puffs



puffs