

CLEAN FACES, STRONG EYES!

# TRACHOMA



## STOP TRACHOMA & OTHER INFECTIONS



Blow your nose  
until it's empty  
with a tissue



Wash hands with  
soap and water



Wash faces with  
water whenever  
dirty



Don't share  
towels



Brush teeth  
twice a day with  
toothpaste

# TRACHOMA

## STOP TRACHOMA & OTHER INFECTIONS

CLEAN FACES, STRONG EYES!



Good hygiene practices keep kids and families healthy and strong.

Doing these each day at school and at home will help keep the whole community stay healthy and strong.

Good hygiene practices will help reduce a lot of sickness including;

- Trachoma
- Ear infections and hearing loss
- Respiratory infection and coughs
- Tooth and gum disease
- Diarrhoea
- Skin infections
- Rheumatic heart disease
- Kidney disease

Trachoma and hygiene resources are available free from  
[www.iehu.unimelb.edu.au](http://www.iehu.unimelb.edu.au)