

Attitudes to smoking

Do you think smoking cigarettes makes young people look cool or fit in?

- Definitely yes Probably not
 Probably yes Definitely not

Do you think young people who smoke cigarettes have more friends?

- Definitely yes Probably not
 Probably yes Definitely not

Awareness of anti-smoking education activities

During the past 12 months, have you participated in any community activities to discourage people your age from using cigarettes, chewing tobacco, snuff, dip, or cigars?

- Yes I didn't know there were any activities
 No

During this school year, did you practice ways to say NO to tobacco in any of your classes (for example, by role-playing)?

- Yes Not sure
 No

During this school year, were you taught in any of your classes about the dangers of tobacco use?

- Yes Not sure
 No

During the last year (12 months), did you discuss the reasons why people your age smoke during any of your classes?

- Yes Not sure
 No

During the last year (12 months), did you discuss how many people your age smoke during any of your classes?

- Yes Not sure
 No

Smoking behaviour at school

During the past 30 days, on how many days did you smoke cigarettes on school property?

- I don't smoke 6 to 9 days
 0 days 10 to 19 days
 1 or 2 days 20 to 29 days
 3 to 5 days All 30 days

7. During the past 30 days, on how many days did you use chewing tobacco, snuff, or dip on school property?

- I don't chew tobacco or use snuff/dip 6 to 9 days
 0 days 10 to 19 days
 1 or 2 days 20 to 29 days
 3 to 5 days All 30 days

Knowledge of school rules

Is there a rule at your school that no one is allowed to smoke cigarettes in the school building or on the school yard?

- Yes Not sure
 No

Have you seen any students break that rule?

- Yes My school does not have a no-smoking rule
No I don't know/I'm not sure

How many students who are smokers break that rule?

- None Most All of them
A few My school does not have a no-smoking rule
Some I don't know/I'm not sure

Have you seen adults break that rule?

- Yes My school does not have a no-smoking rule
No I don't know/I'm not sure

Is there a rule at your school that no one is allowed to use chewing tobacco or snuff in the school building or on the school yard?

- Yes Not sure
 No

Smoking Knowledge

The following are examples of questions you might ask, however you will probably want to assess the specific knowledge you provide to students

1. Do you think cigarette smoking is harmful to your health? Please tick one box only.

- Definitely not Probably yes
Probably not Definitely yes

2. Do you think the smoke from other people's cigarettes is harmful to you? Please tick one box only.

- Definitely not Probably yes
Probably not Definitely yes

3. Nicotine is a drug and it is addictive

- True
False

4. Do you think it is difficult to stop smoking once you start?

- Definitely not Probably yes
Probably not Definitely yes

5. Do you think it is safe to smoke for one or two years as long as you quit after this time?

- Definitely not Probably yes
Probably not Definitely yes

6. Cigarettes can cause:

- Weight gain Makes no difference
Weight loss

Examples of more questions about youth smoking can be found on the New Zealand Smokefree Schools website:

http://www.smokefreeschools.org.nz/sites/all/files/A-V_Some_possible_survey_questions.pdf

Sources:

Questions adapted from:

Centre for Disease Control and Prevention (2005) Key Outcome Indicators for Evaluating

Comprehensive Tobacco control programs. Available on line at:

http://www.cdc.gov/tobacco/stateandcommunity/tobacco_control_programs/surveillance_evaluation/key_outcome/index.htm

Health Sponsorship Council (2011) Our Smoke Free Schools – a practical guide. Questions available on line at: <http://www.smokefreeschools.org.nz/resources/a-practical-guide-2011>