



**KICK THE
BUTT**

**COLOURING
BOOK**

A colouring book filled with Victorian Aboriginal Art
for our little deadly artists

This deadly colouring book
belongs to:

This colouring book was made with the
support of these Aboriginal artists:

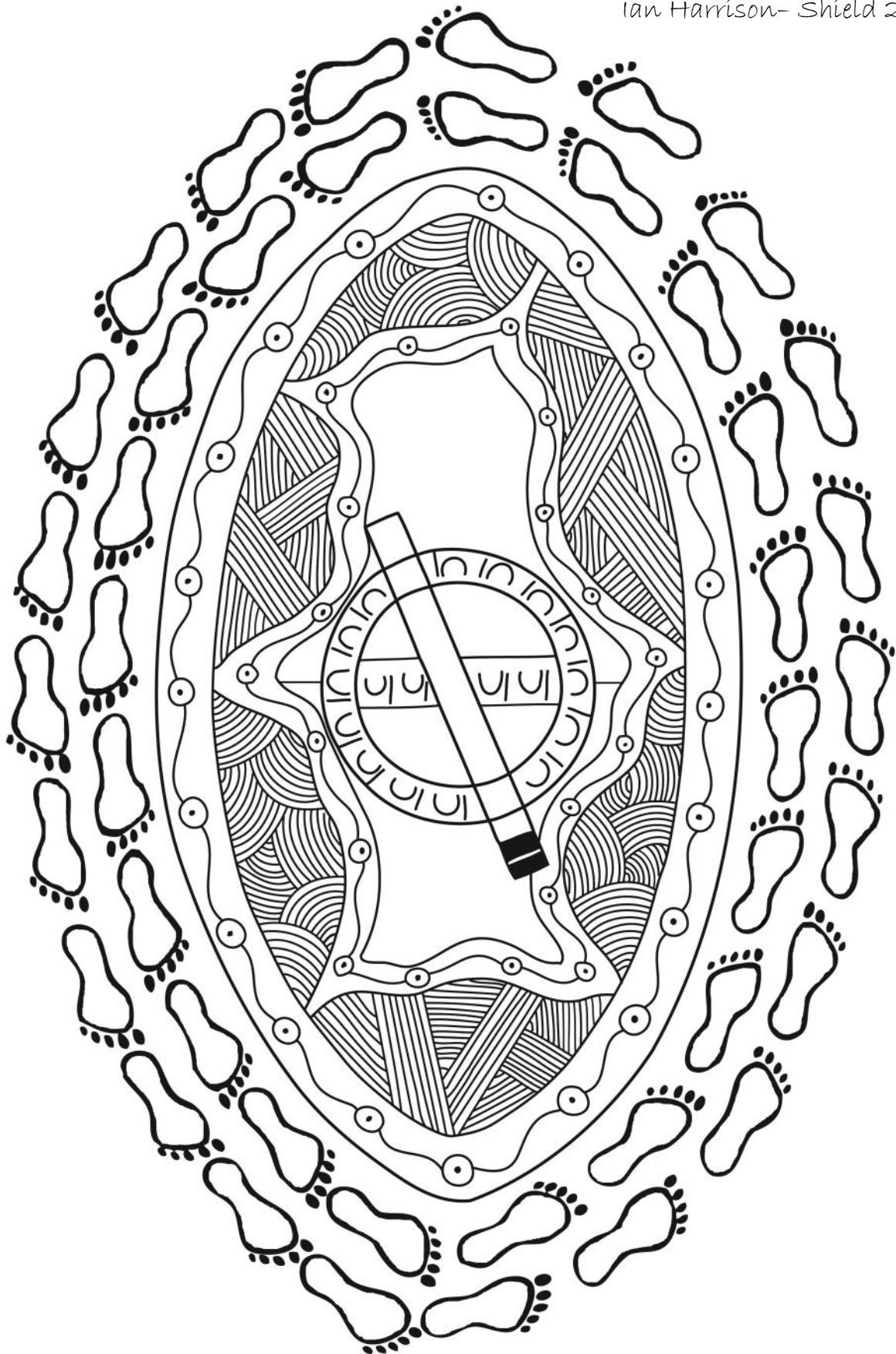
Leah Horvath (Kuku Yalanji)

Leroy Gittens (Yorta Yorta, Wemba Wemba)

Ian Harrison (Gunai Kurnai)

Tristan Williams (Wiradjuri, Wotjobulak)





The air around someone smoking cigarettes is toxic and inhaling even small amounts can make smoke-free adults and especially children get as sick (or more sick) than if they were smoking themselves



Smoking near pregnant women may cause miscarriage, low birth weight and a more difficult labour

Smoking near your bubup (baby) puts them at risk of SIDS, asthma, croup, slower growth and ear infections.

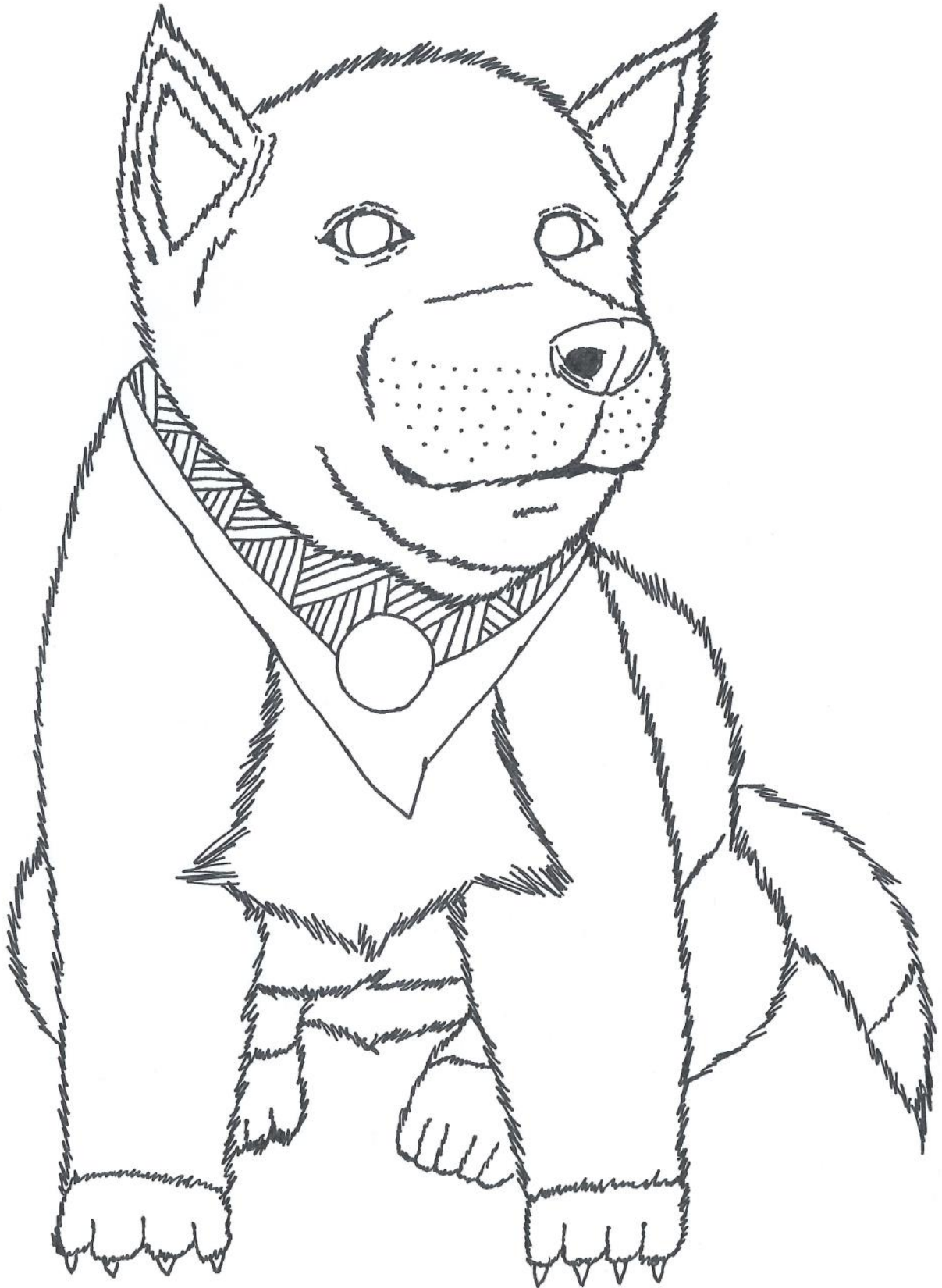


Leah Horvath—Gum Leaves

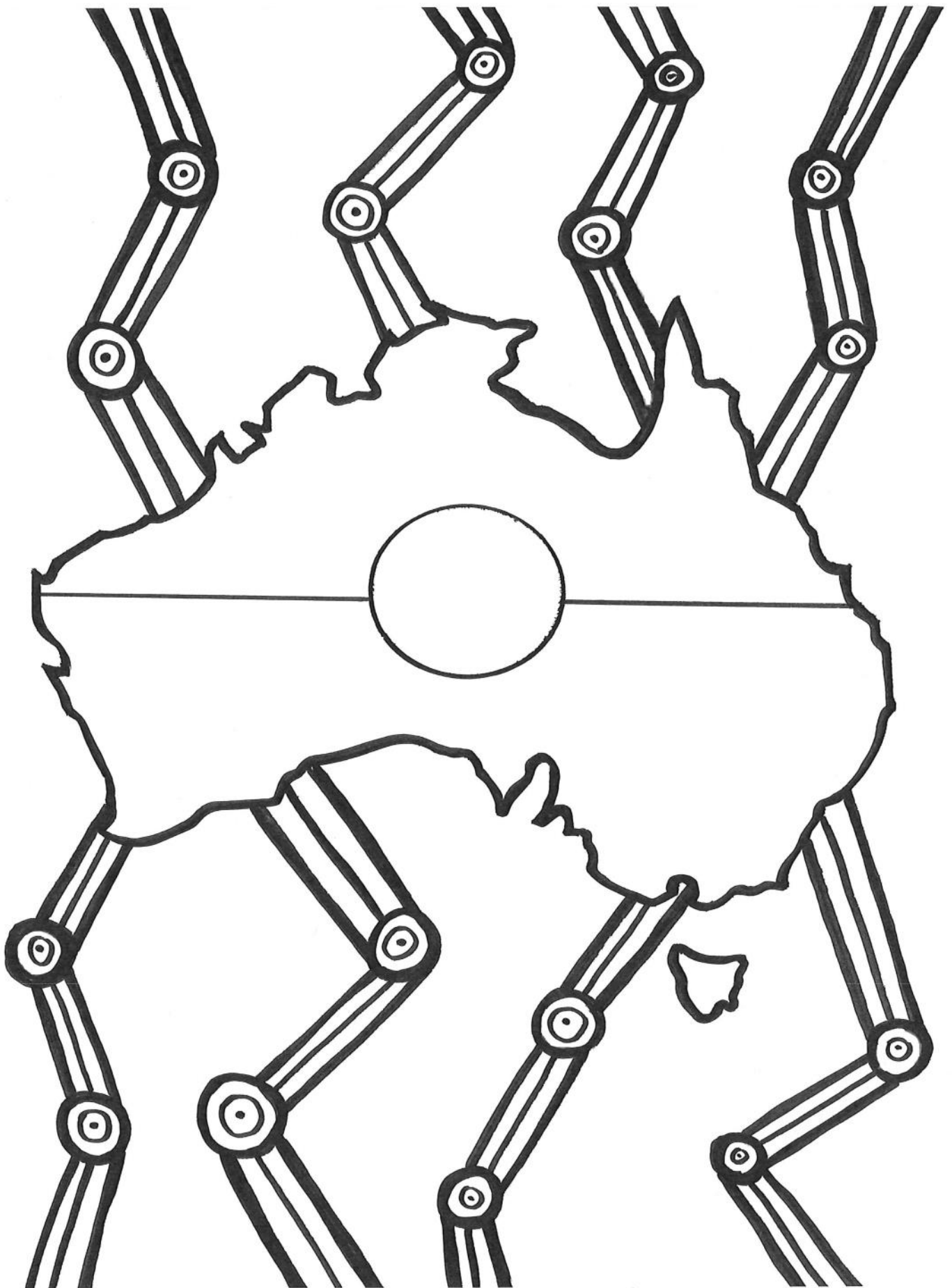


PLATYPUS

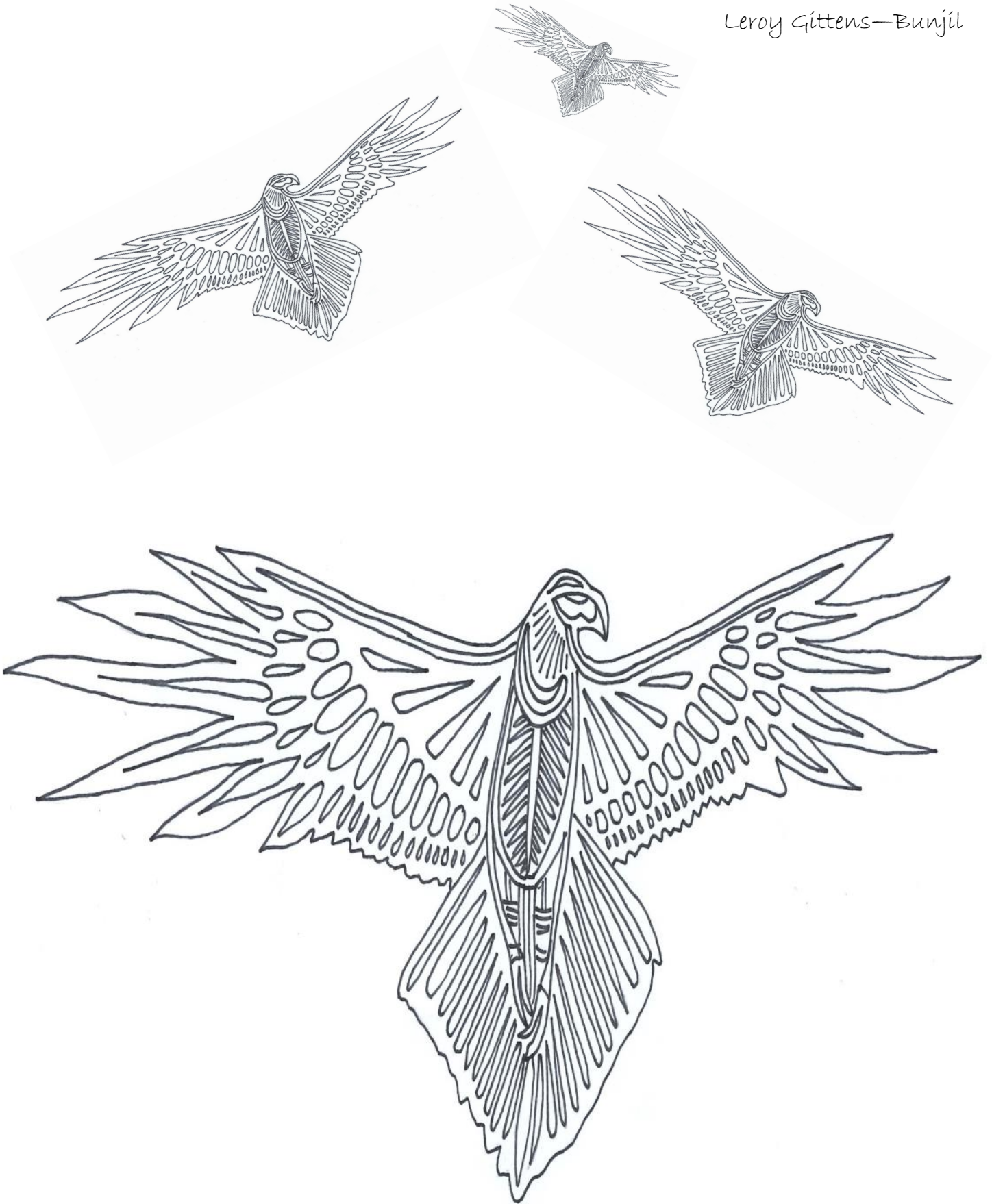
Don't cuddle bubup after smoking. Poisons from smoking land on clothes for bub to breathe in or suck on (third-hand smoke)



Pets that live at your home can get smoking related illnesses (cancer, heart problems, pneumonia) if you smoke near them

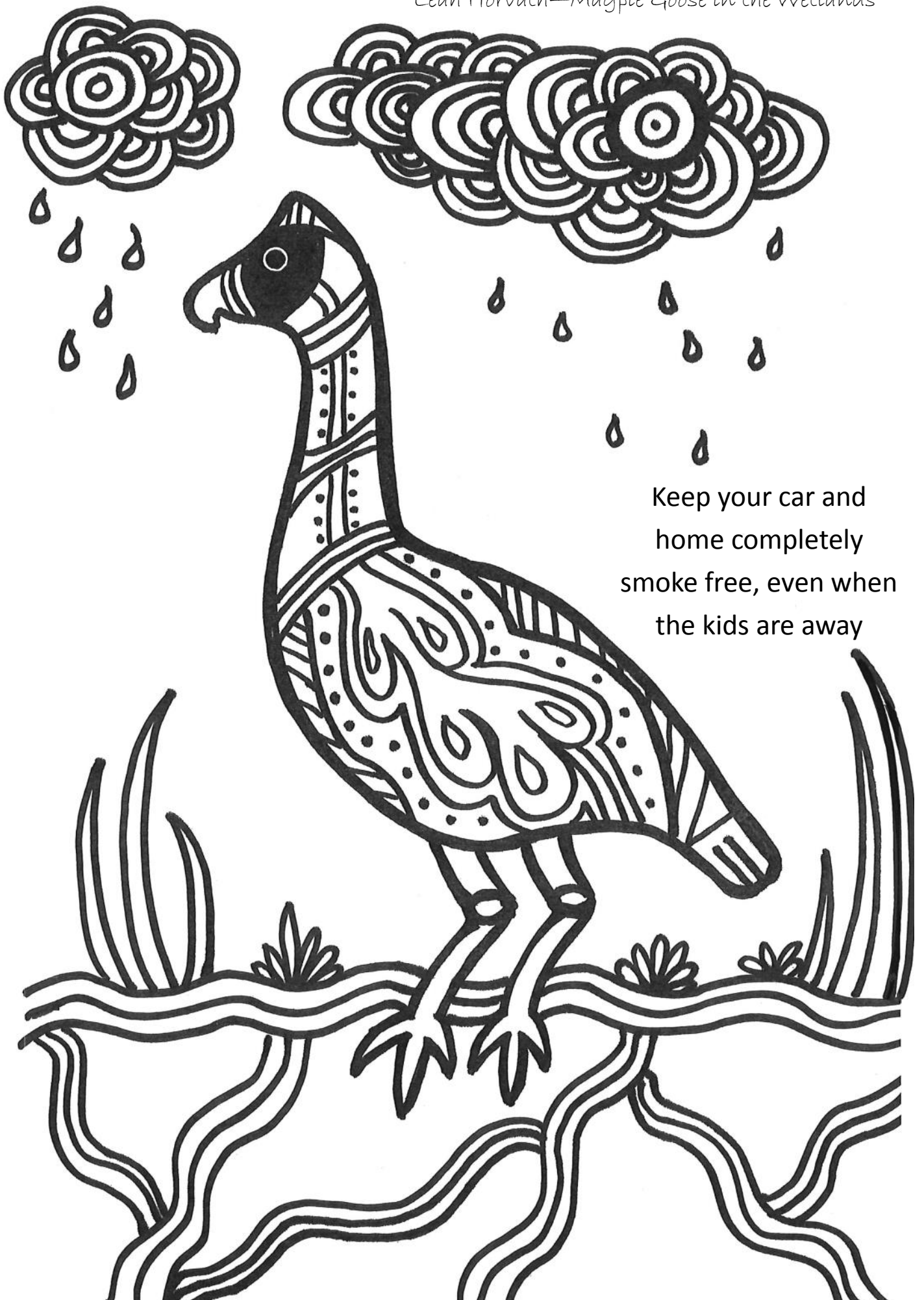


Children who live in homes where people smoke get sick more often with colds, breathing problems such as asthma, and ear infections



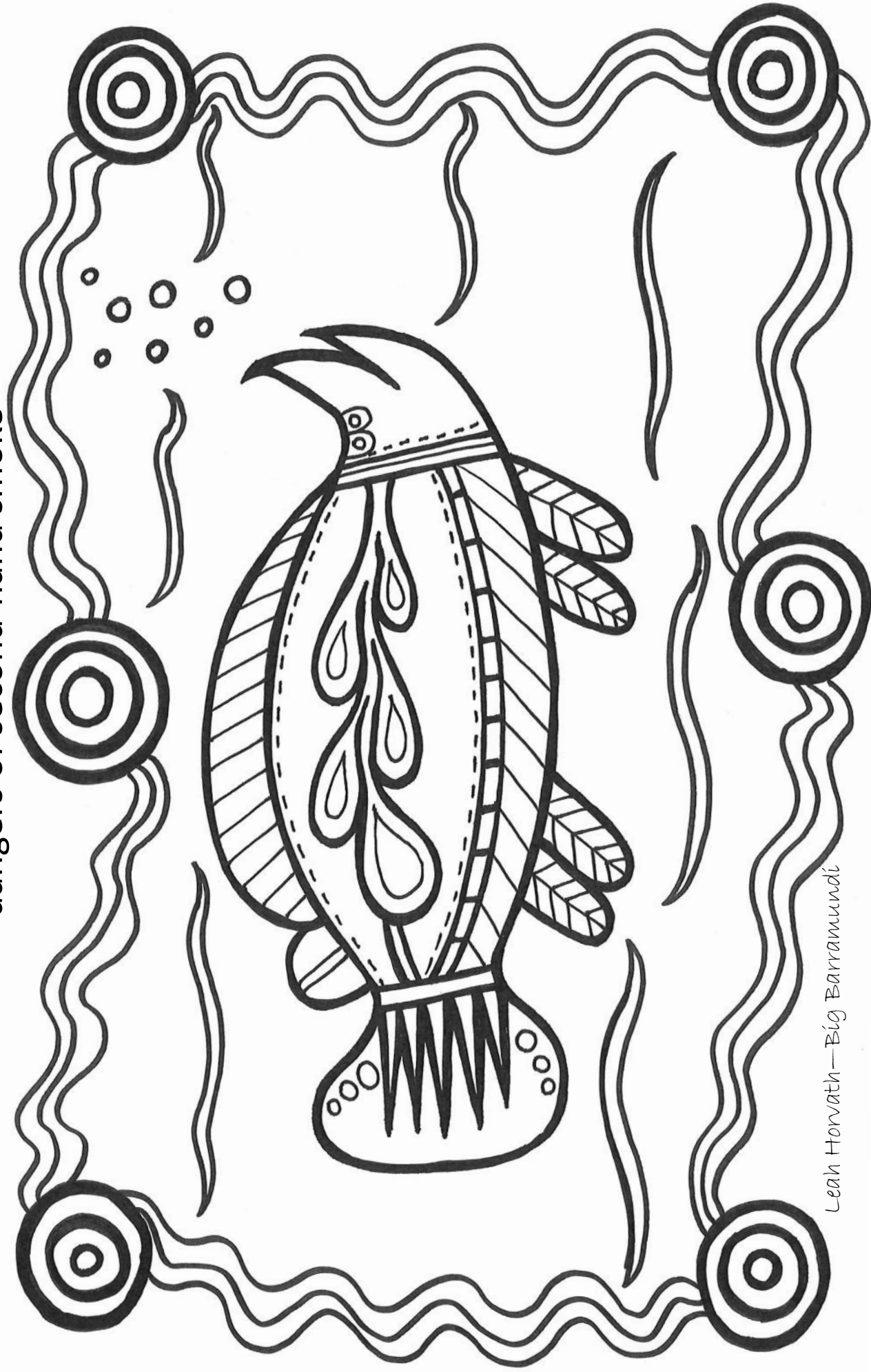
Third-hand smoke is the toxic residue (dust and chemicals) left on walls, floor, furniture, clothes and hair from cigarette smoke.

Leah Horvath—Magpie Goose in the Wetlands



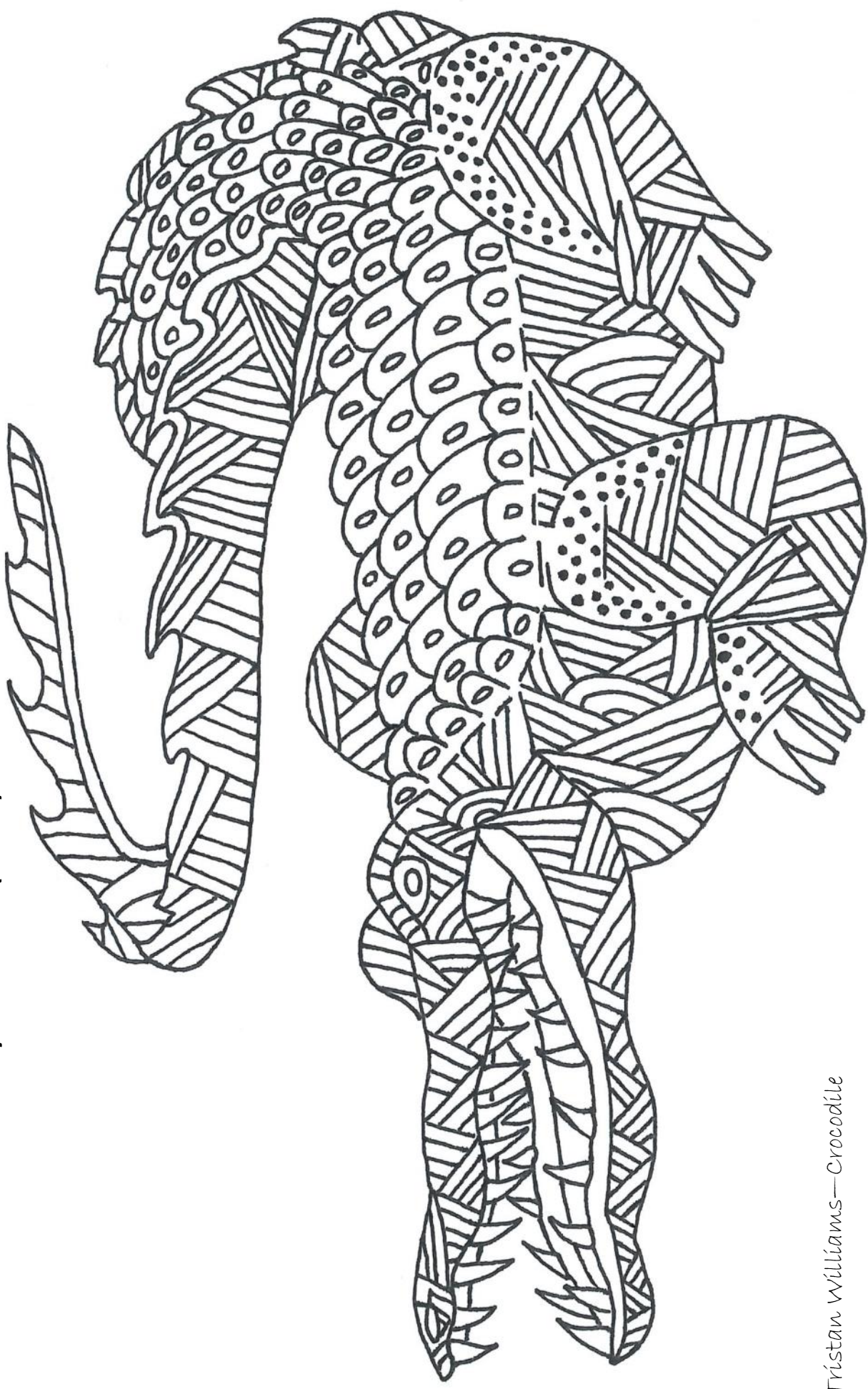
Keep your car and
home completely
smoke free, even when
the kids are away

A smoke-free environment is the only way to fully protect non-smokers from the dangers of second-hand smoke

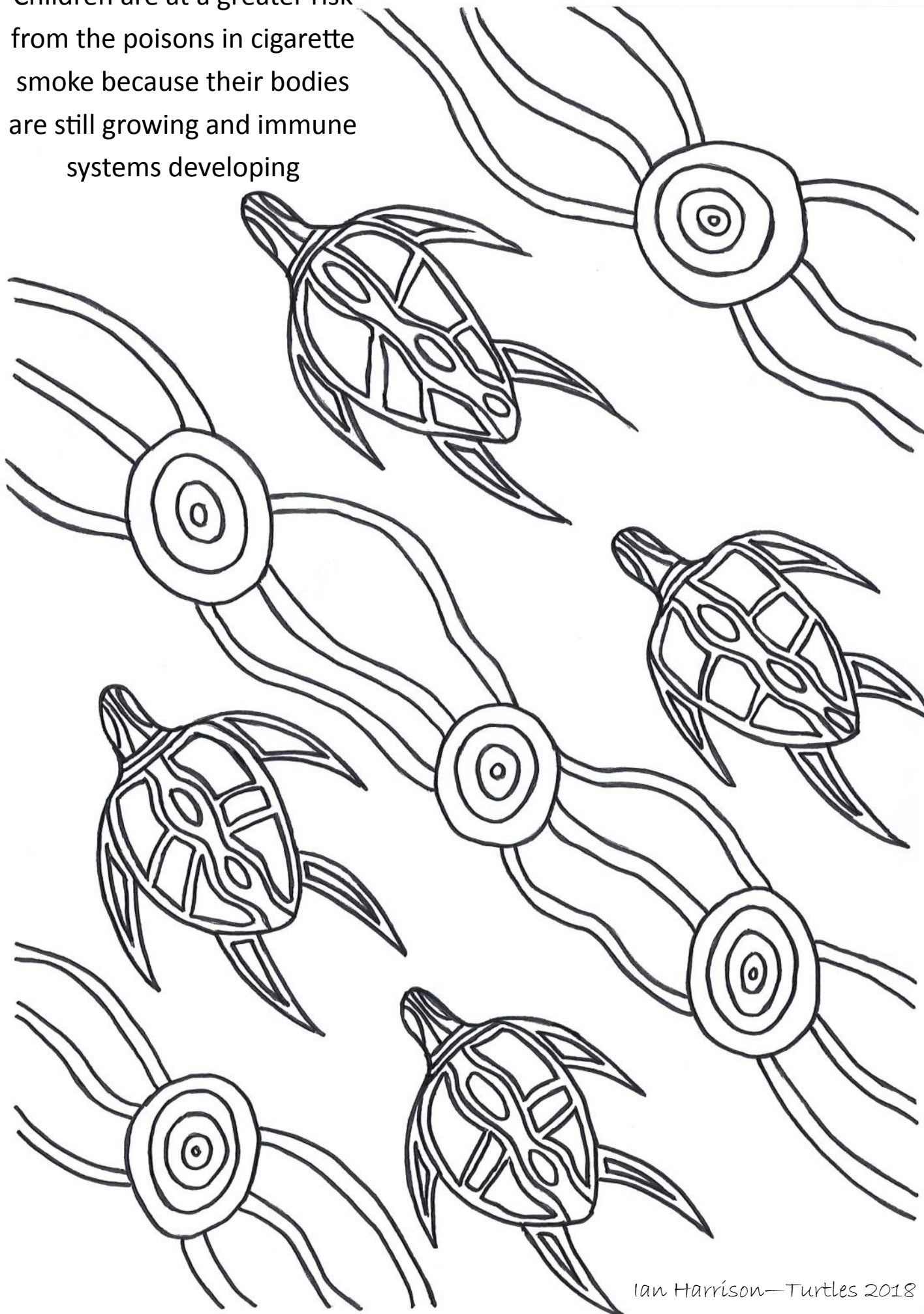


Leah Horvath—Big Barramundi

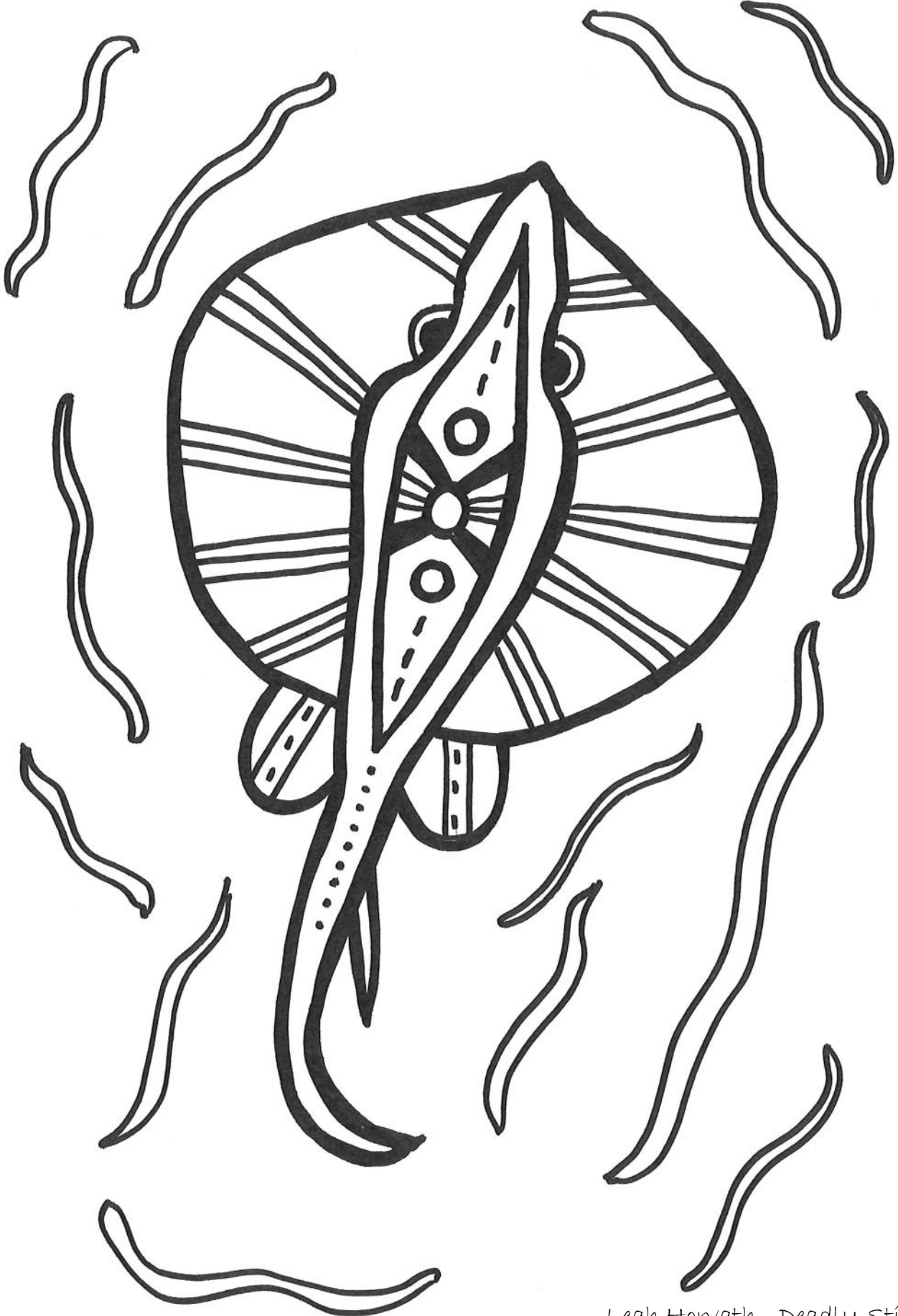
Babies who breathe second-hand smoke are more likely to die unexpectedly from sudden infant death syndrome (SIDS)

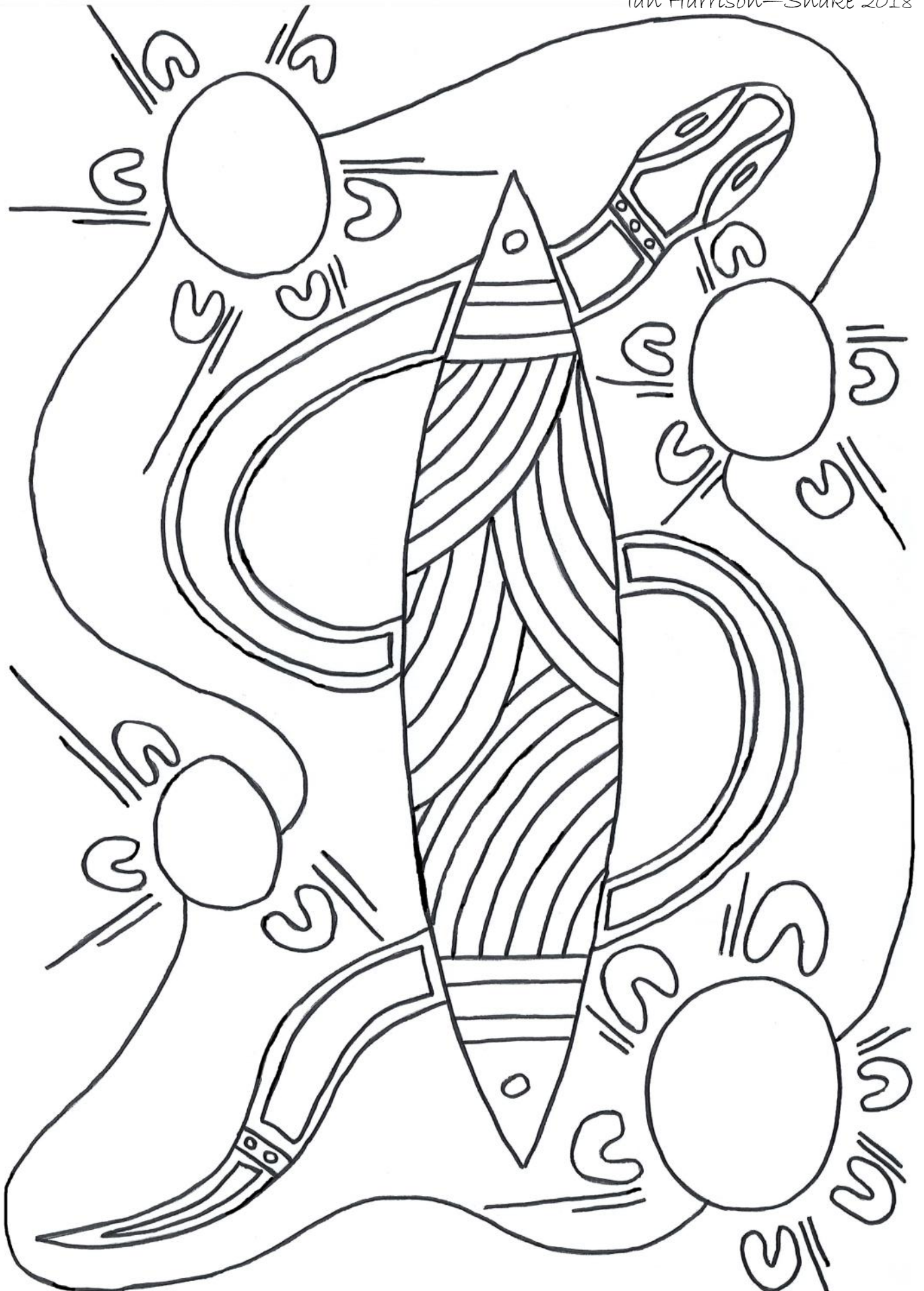


Children are at a greater risk from the poisons in cigarette smoke because their bodies are still growing and immune systems developing

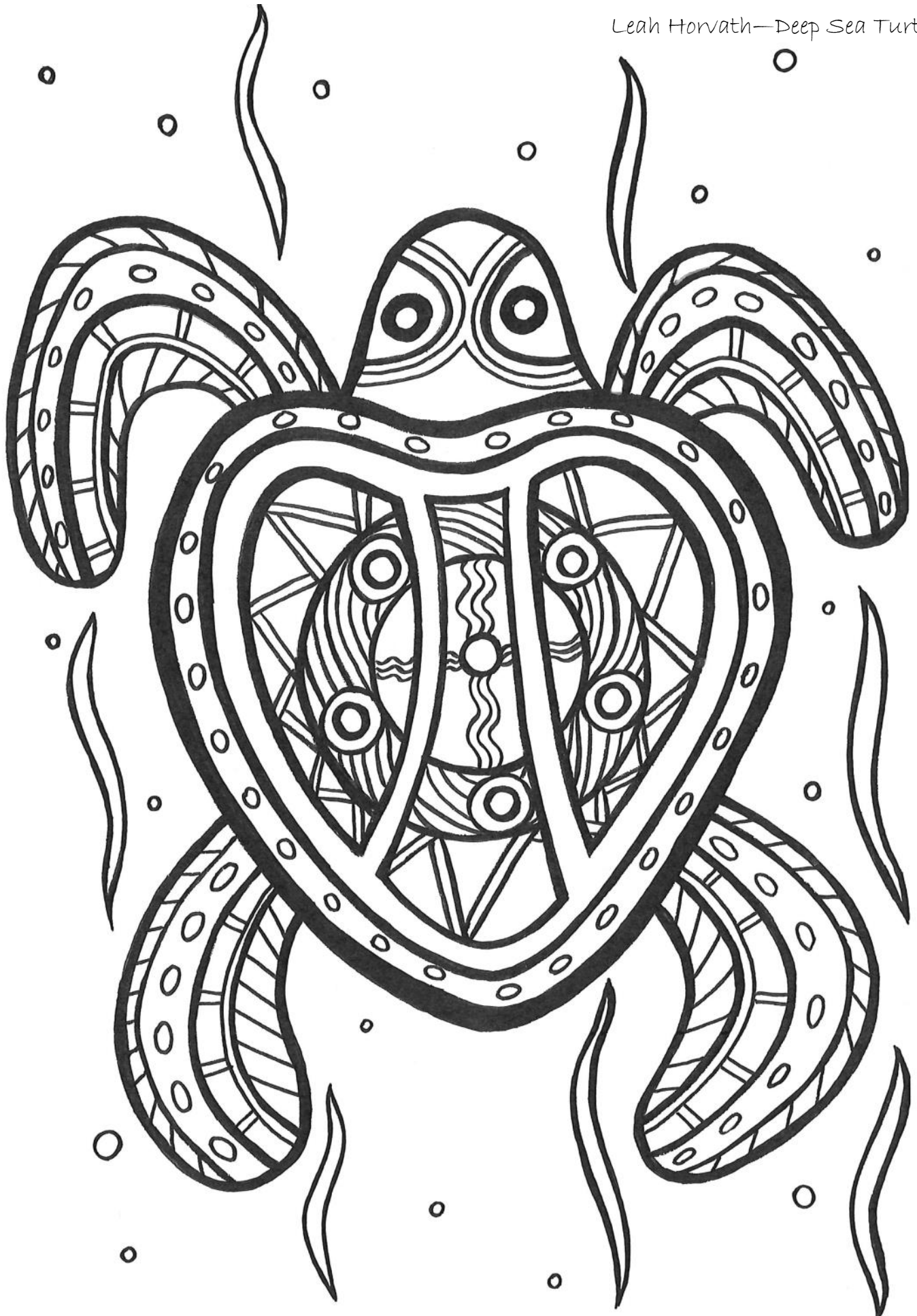


Smoking cigarettes in another room with the door closed and fan on still puts your kids at risk of sickness from third-hand smoke which is the residue left on walls, floor, furniture, clothes and hair.





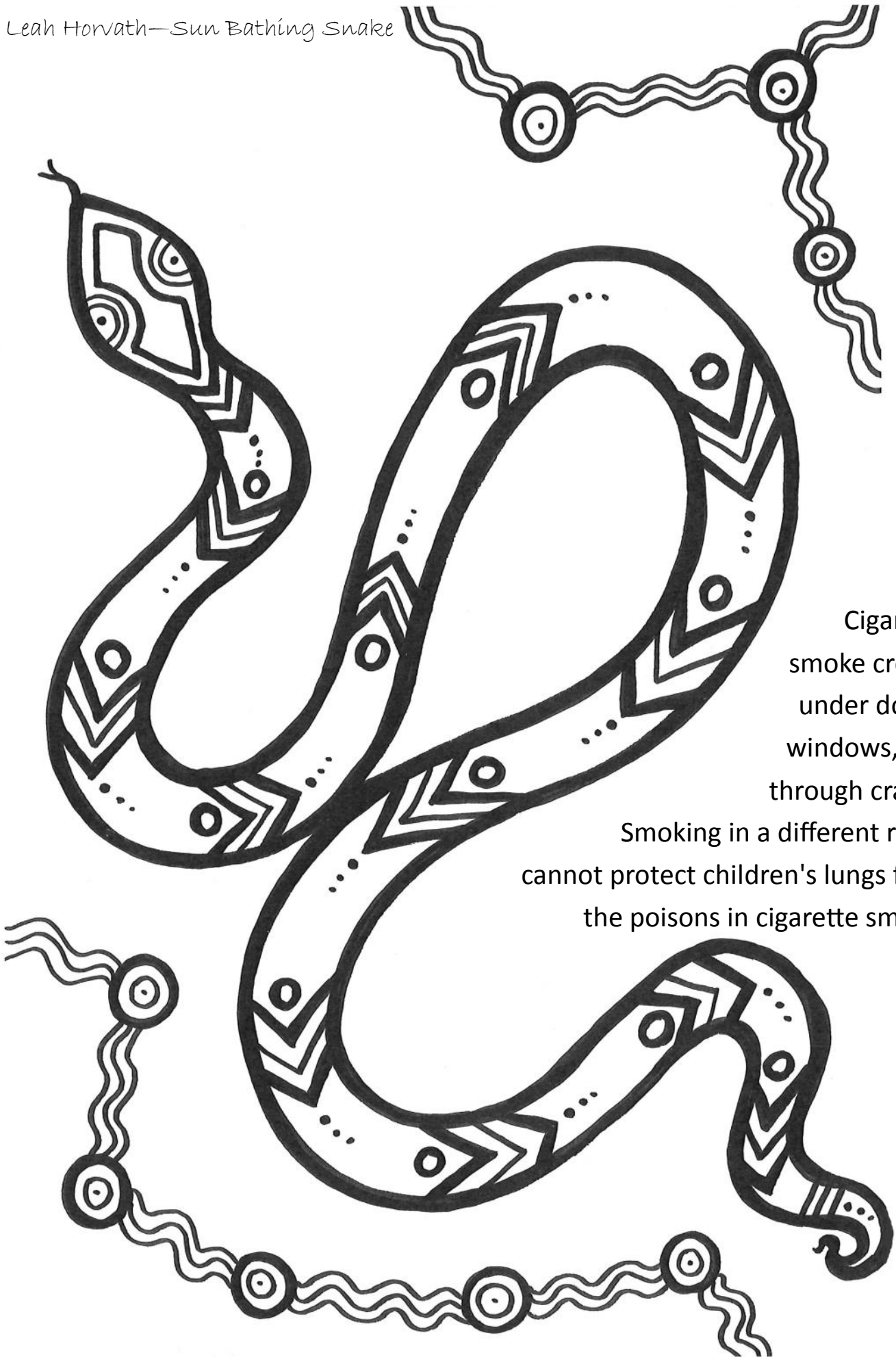
Children who live in homes where people smoke are more likely to take up smoking when they grow up.



Since 2010, it is illegal to smoke in a car with someone under 18 even if the car is not running, the windows are open, or the roof is down.



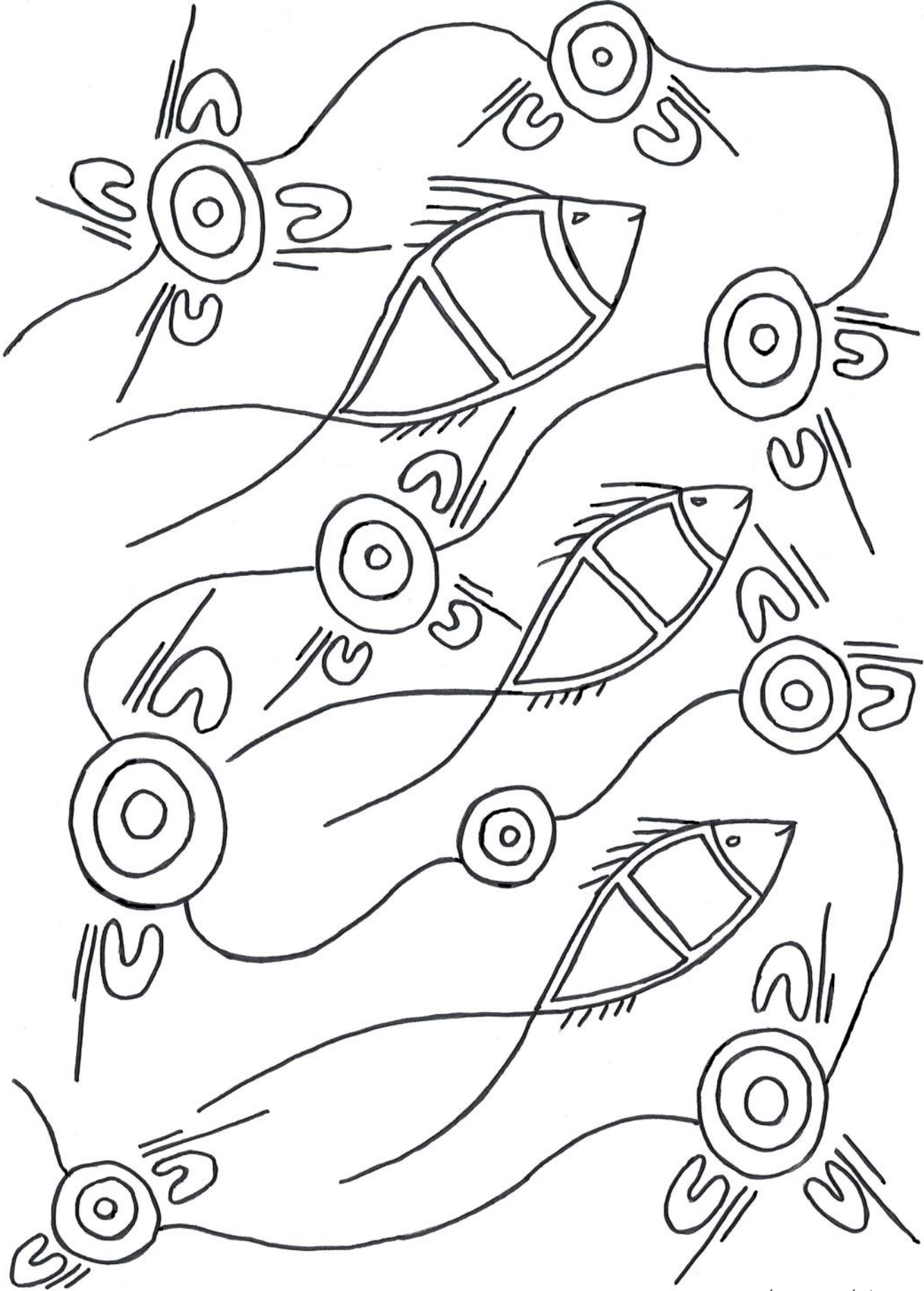
Air purifiers and air fresheners do not
remove the poisons in cigarette smoke.
Keep your home and car smoke free



Cigarette
smoke creeps
under doors,
windows, and
through cracks.

Smoking in a different room
cannot protect children's lungs from
the poisons in cigarette smoke.

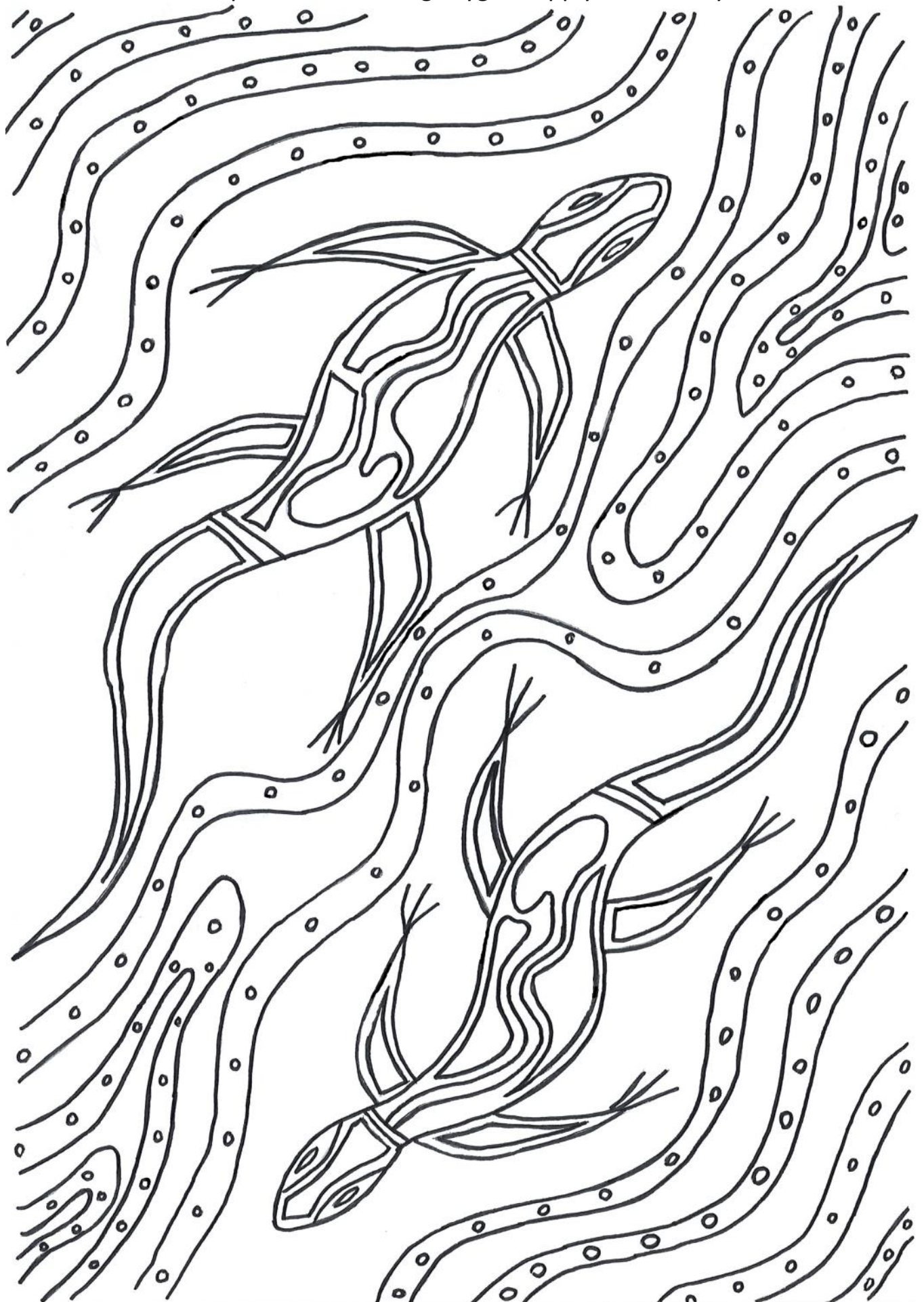
Babies and young children are often not able to speak up for their right to have clean air. But you can.



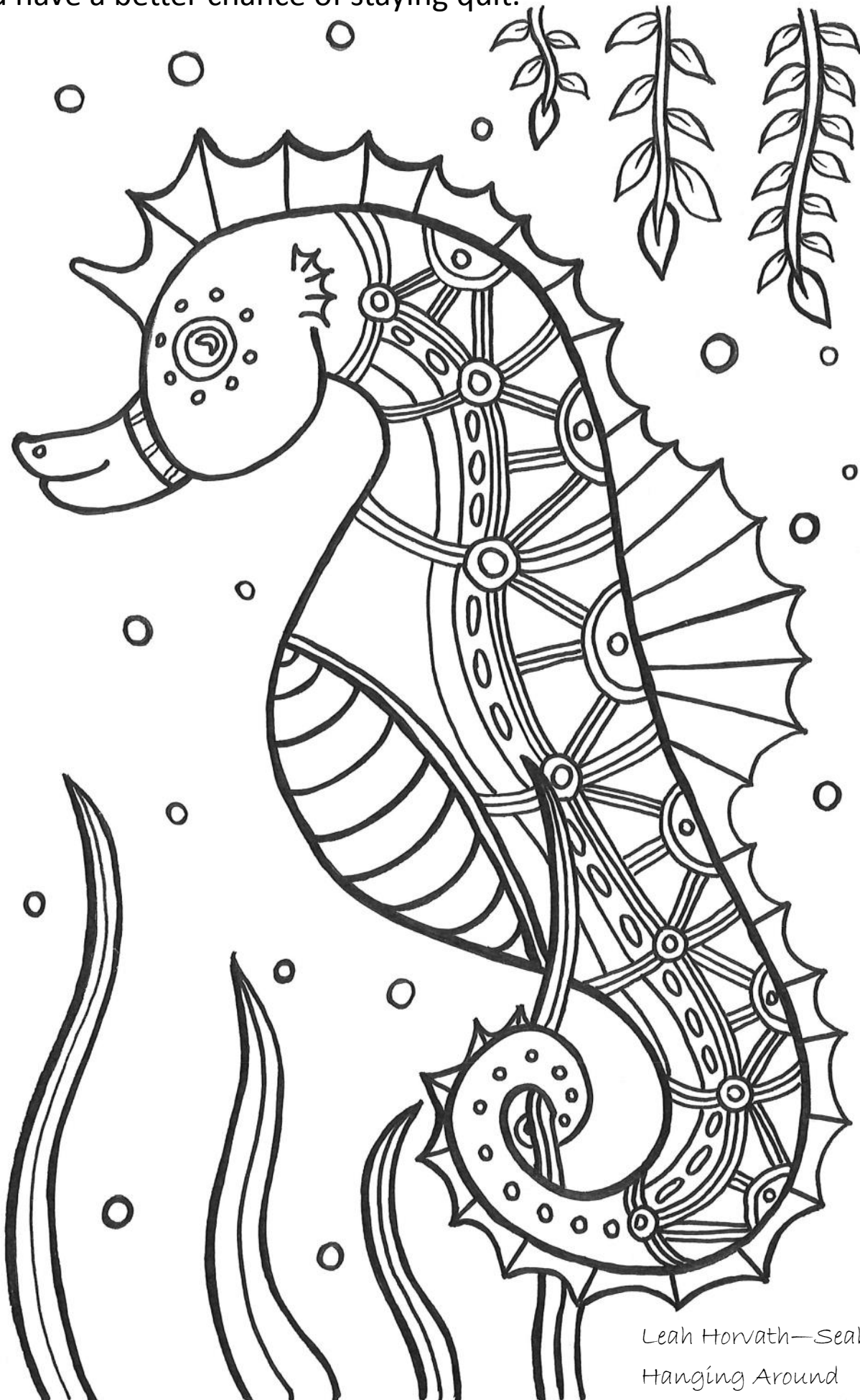


Smoking
can reduce
your
amount of
milk supply,
making
breast
feeding
more
difficult

Toxins in tobacco smoke can affect the normal function of the umbilical cord and placenta, reducing oxygen supply to the baby



Parents who don't smoke inside their home are more likely to quit, and have a better chance of staying quit.



Leah Horvath—Seahorse Just
Hanging Around

*Our children are
our future
Keep you home and
car smoke-free*

A colouring book proudly produced by
Dandenong and District Aborigines
Co-operative Ltd

Tackling Indigenous Smoking Team



DANDENONG & DISTRICT
ABORIGINES CO-OPERATIVE LTD.



**DDACL Tackling
Indigenous Smoking Team**