



PUYU BLASTERS DON'T MAKE SMOKES OUR STORY

ABORIGINAL HEALTH COUNCIL OF SA LTD

TACKLING INDIGENOUS SMOKING - SHOWCASE 28 FEBRUARY 2018

Join the Mob

Take the Puyu Blasters Pledge -
We want South Australian
Aboriginal communities smoke
free!

Become a hero to your family,
community, sporting club or
your workplace and Don't Make
Smokes Your Story.



OUR TACKLING INDIGENOUS SMOKING

TEAM



Left to right

Grant (Snowy) Day - Project Officer

Zena Wingfield - Outreach Project Officer (Whyalla - Nunyara Aboriginal Health Service)

Trevor Wingard - Project Officer

Ngara Keeler - Coordinator

Benjamin Stewart - Data & Evaluation Project Officer

Jenaya Hall - Project Officer

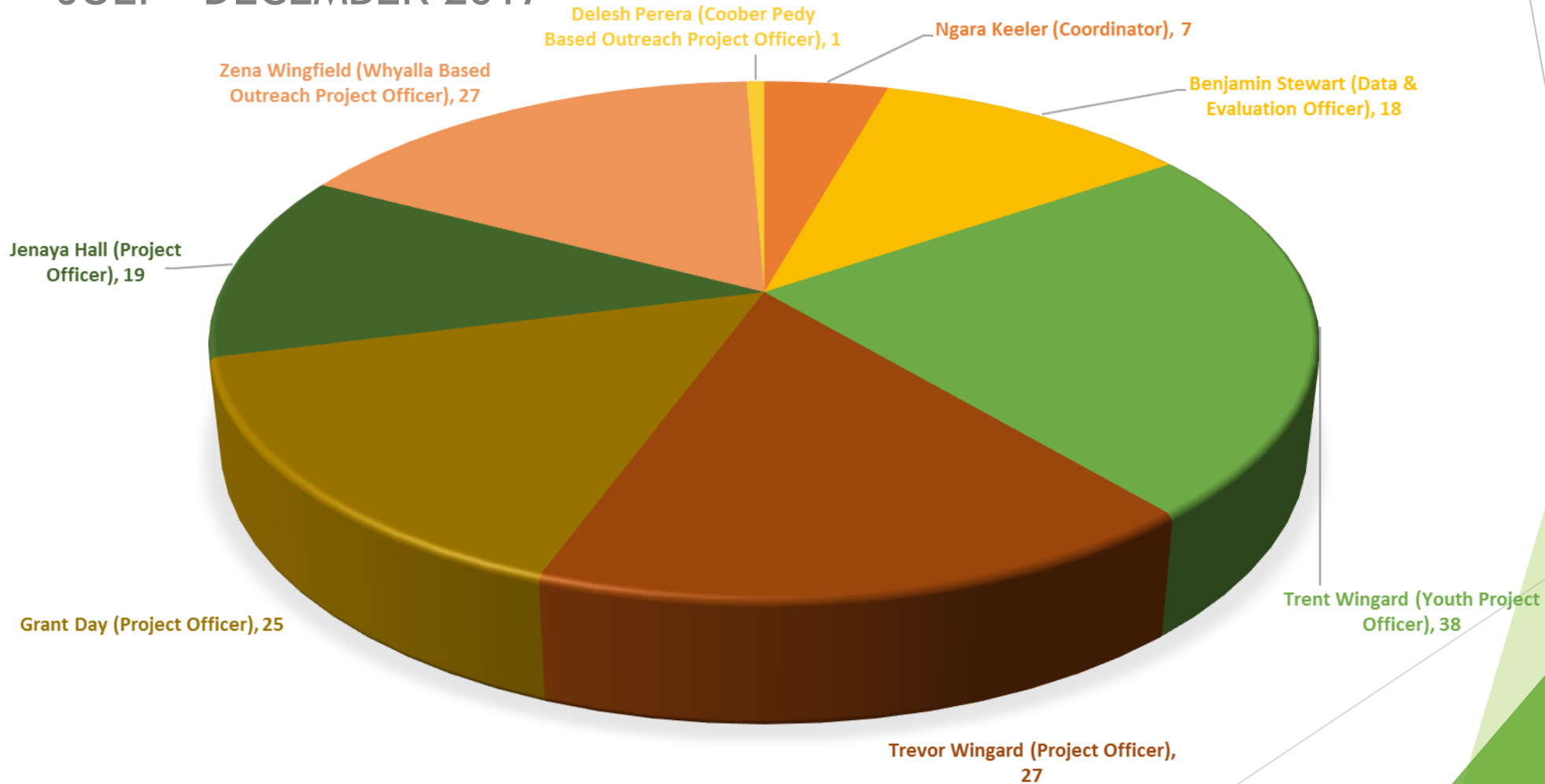
Trent Wingard - Youth Project Officer

Missing: Delesh Perera - Outreach Project Officer (Cooper Pedy - Umoona Tjutagku Health Service Aboriginal Corporation)



PROGRAMME ACTIVITY

PROGRAMS AND EVENTS COUNT BY TIS OFFICER JULY - DECEMBER 2017



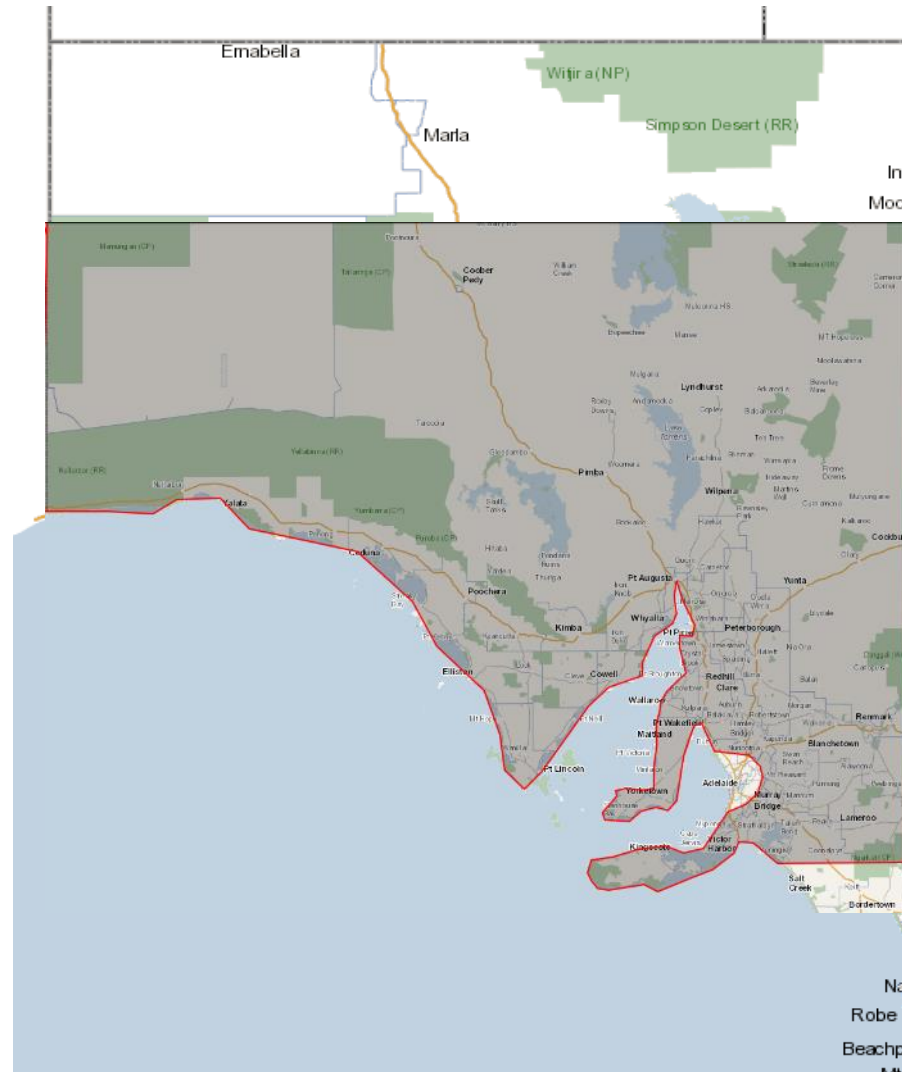
PROGRAM IN PICTURES

JULY - DECEMBER 2017



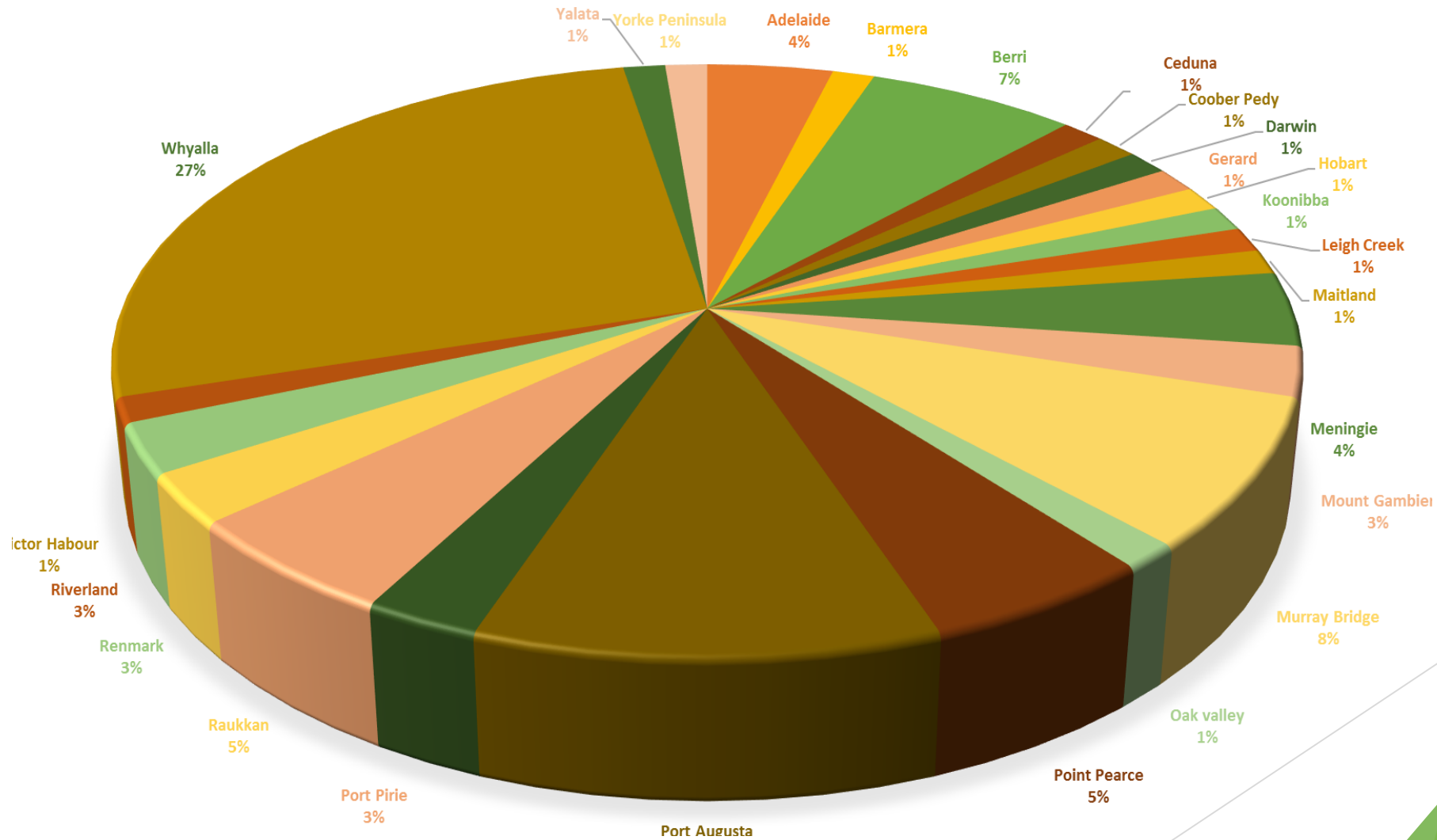
AHCSA'S TACKLING INDIGENOUS SMOKING

REGIONS BOUNDARY



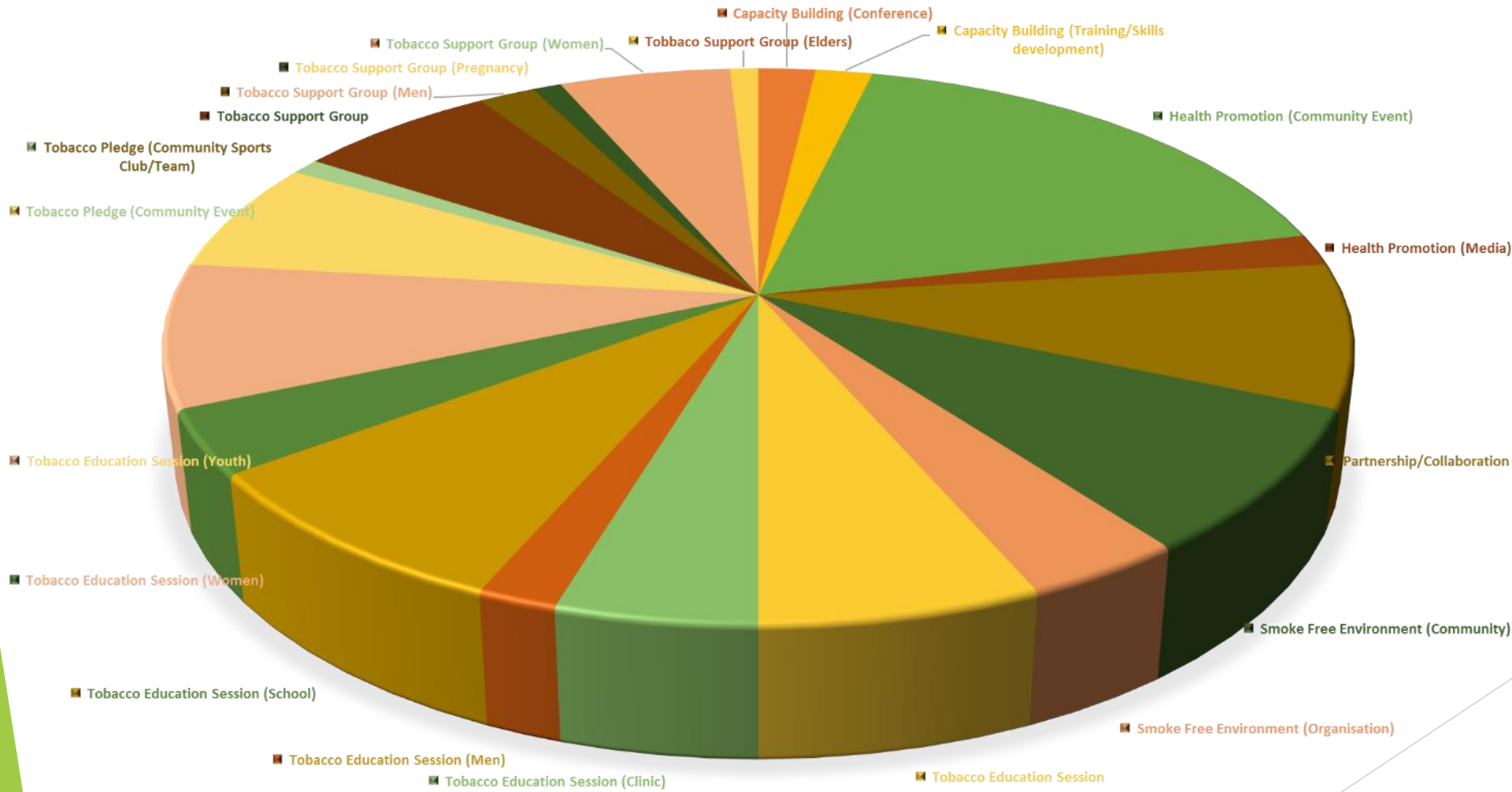
PROGRAMME ACTIVITY

ACTIVITY IN REGIONS JULY - DECEMBER 2017



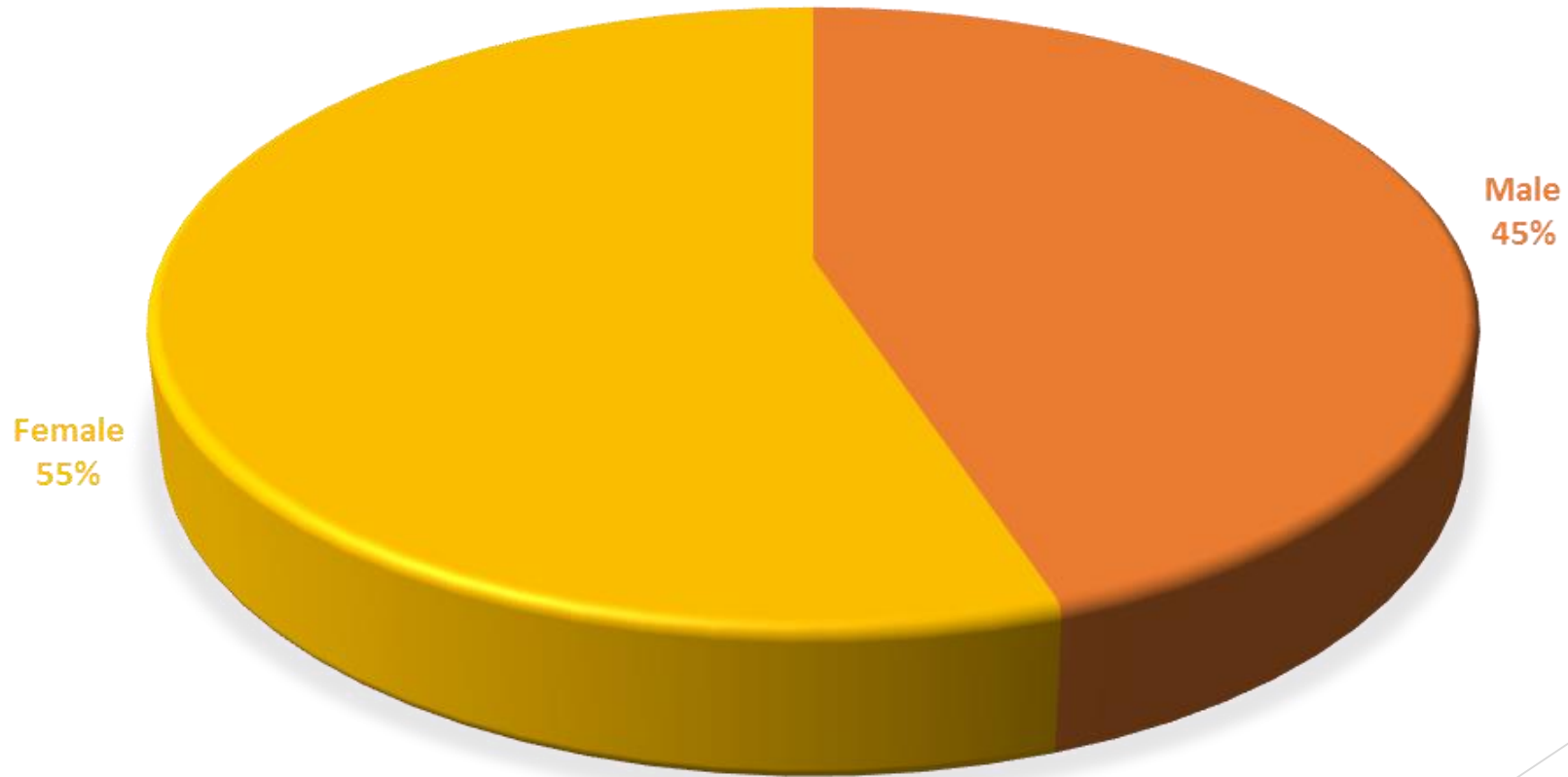
PROGRAMME ACTIVITY

PROGRAMS AND EVENTS FOCUS JULY - DECEMBER 2017



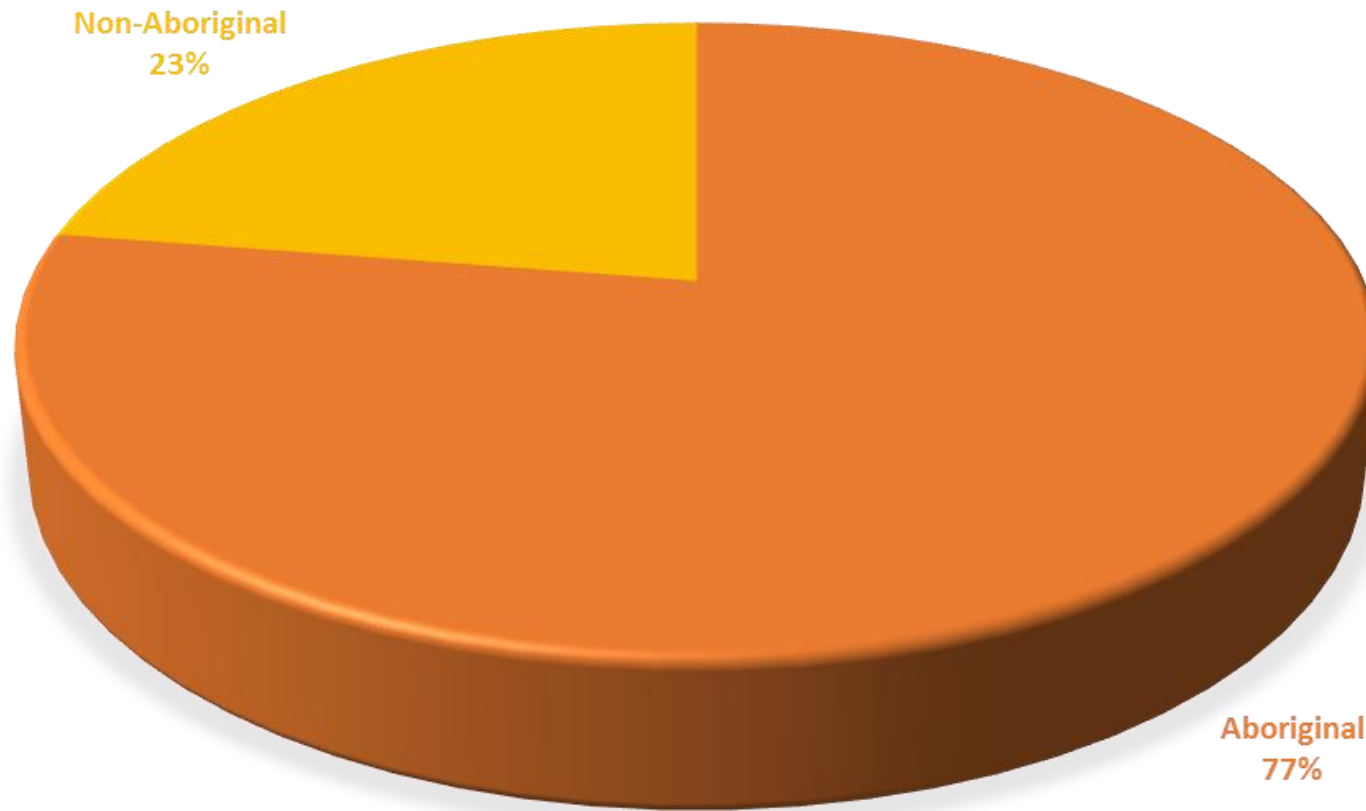
PROGRAMME ACTIVITY

PROGRAMS AND EVENTS ENGAGEMENT JULY - DECEMBER 2017



PROGRAMME ACTIVITY

PROGRAMS AND EVENTS ENGAGEMENT JULY - DECEMBER 2017



PROGRAMME HEALTH PROMOTION

MERCHANDISE WITH A MESSAGE

▶ Smoking Cessation

- ▶ Mints
- ▶ Drink bottles



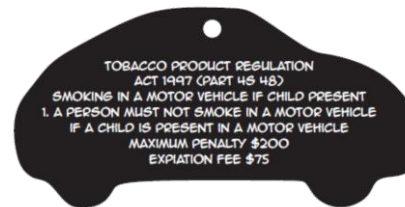
▶ Quit support

- ▶ Sunglasses
- ▶ Beanies



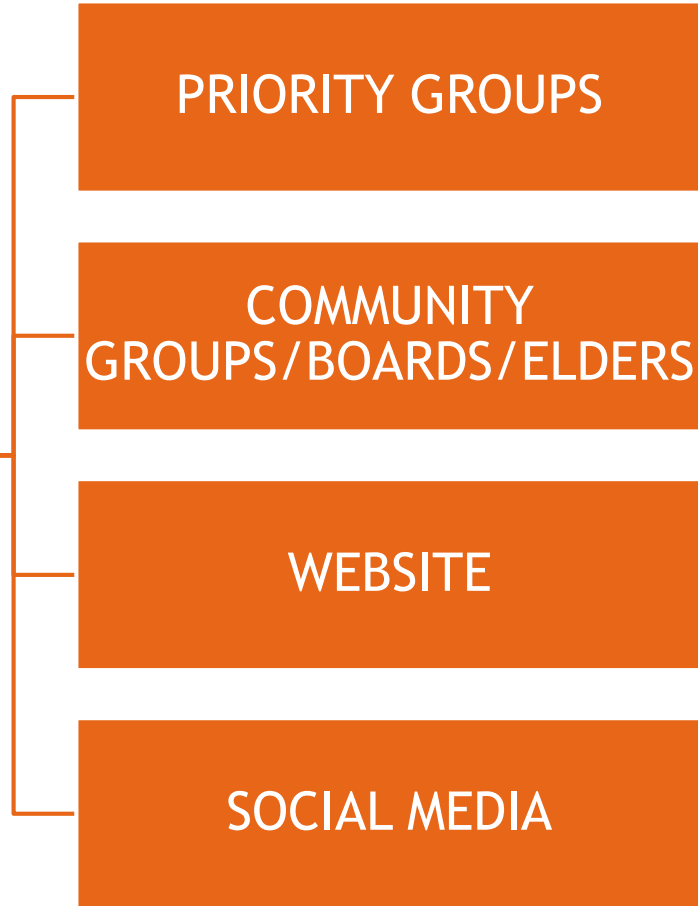
▶ Smoke Free Environment

- ▶ Coffee/Tea travel mugs
- ▶ Car air fresheners



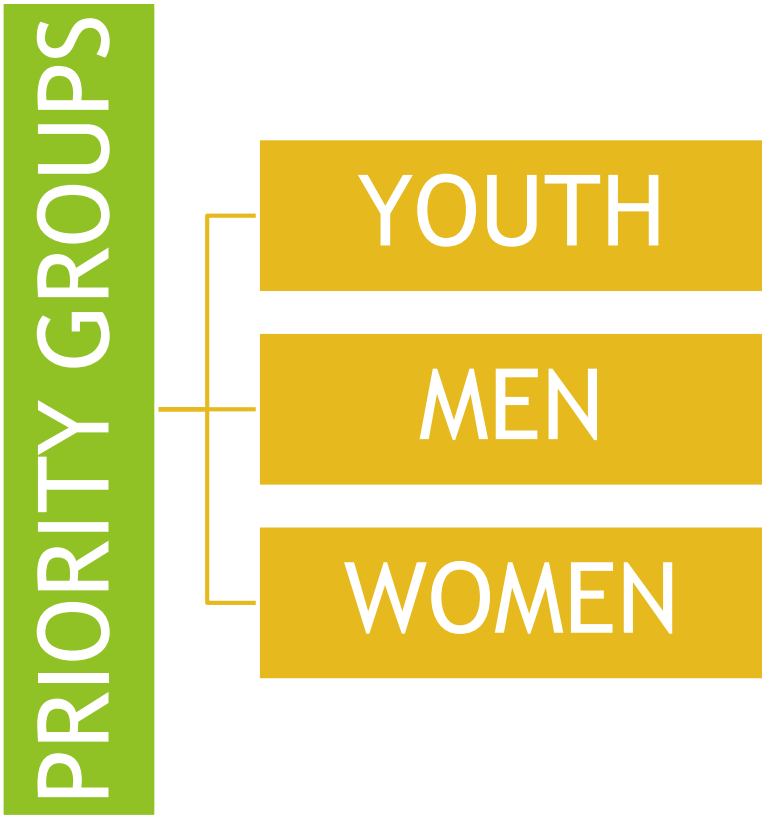
NATIONAL PERFORMANCE INDICATOR 1

QUALITY AND REACH OF COMMUNITY ENGAGEMENT



NATIONAL PERFORMANCE INDICATOR 1

QUALITY AND REACH OF COMMUNITY ENGAGEMENT



NATIONAL PERFORMANCE INDICATOR 1

QUALITY AND REACH OF COMMUNITY ENGAGEMENT

PRIORITY GROUPS - YOUTH

TOBACCO EDUCATION
SESSIONS (SCHOOLS)

Secondary
Schools

Primary Schools

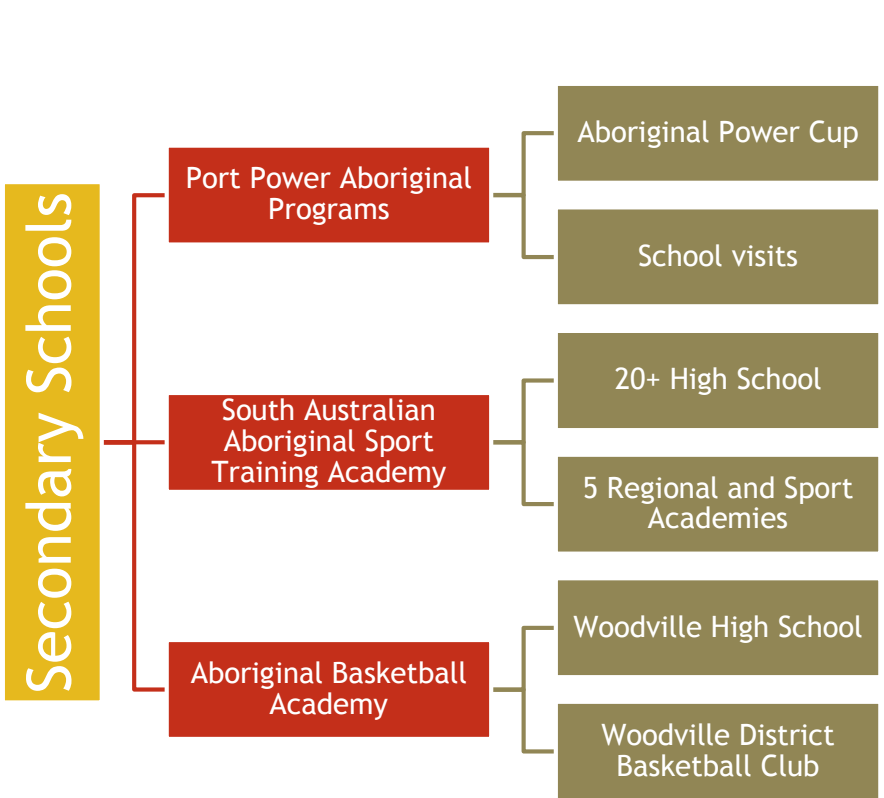
Pre-schools &
Kindergartens



NATIONAL PERFORMANCE INDICATOR 1

QUALITY AND REACH OF COMMUNITY ENGAGEMENT

PRIORITY GROUPS - YOUTH - TOBACCO EDUCATION SESSIONS



NATIONAL PERFORMANCE INDICATOR 1

QUALITY AND REACH OF COMMUNITY ENGAGEMENT

PRIORITY GROUPS - MEN

MEN'S GROUPS

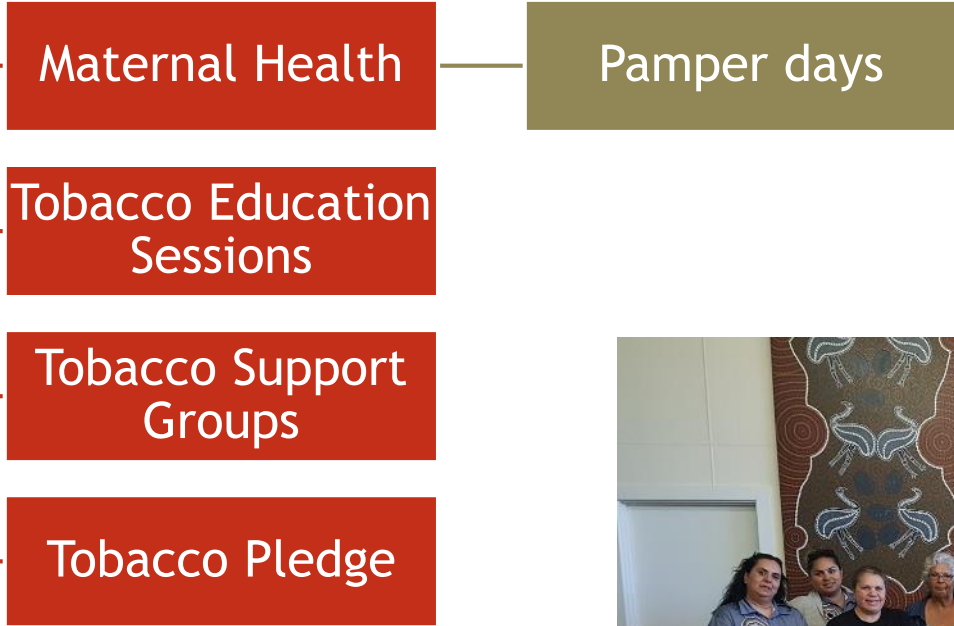
- Tobacco Education Sessions
- Tobacco Support Groups
- Tobacco Pledge



NATIONAL PERFORMANCE INDICATOR 1

QUALITY AND REACH OF COMMUNITY ENGAGEMENT PRIORITY GROUPS - WOMEN

WOMEN'S GROUPS



NATIONAL PERFORMANCE INDICATOR 1

QUALITY AND REACH OF COMMUNITY ENGAGEMENT

COMMUNITY
GROUPS/BOARDS/ELDERS

HEALTH PROMOTION
(COMMUNITY)

COMMUNITY/ORGANISATIONS
EVENTS

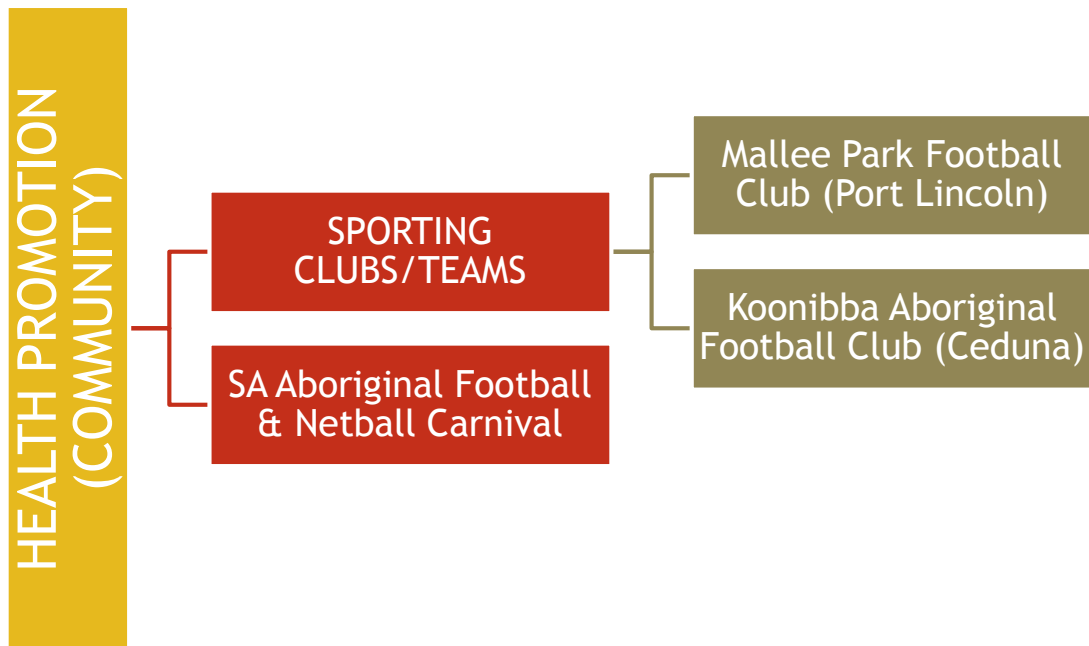


NATIONAL PERFORMANCE INDICATOR 1

QUALITY AND REACH OF COMMUNITY ENGAGEMENT

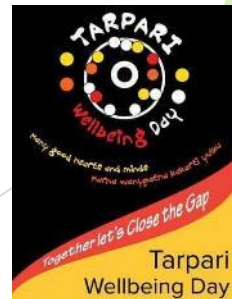
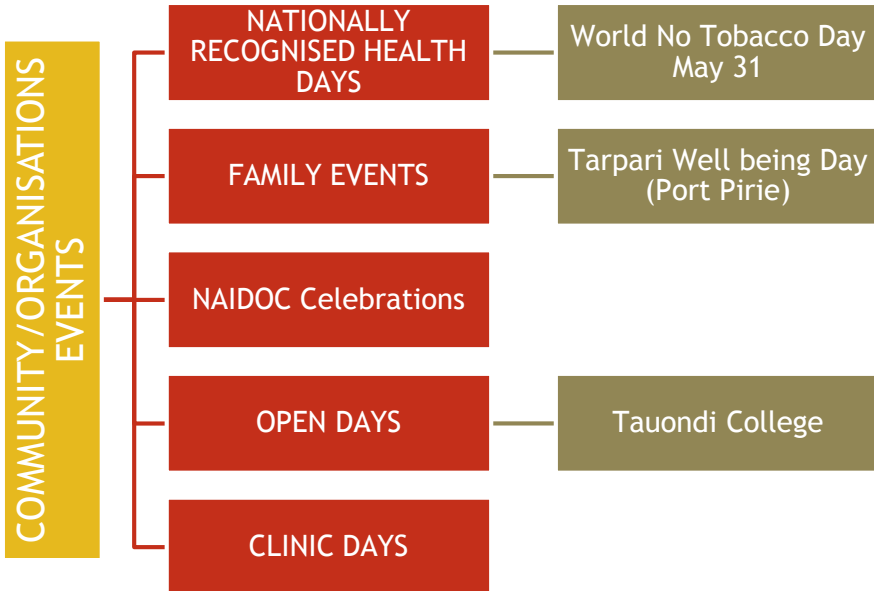
COMMUNITY GROUPS/BOARDS/ELDERS - HEALTH PROMOTION

(COMMUNITY)



NATIONAL PERFORMANCE INDICATOR 1

QUALITY AND REACH OF COMMUNITY ENGAGEMENT COMMUNITY GROUPS/BOARDS/ELDERS - COMMUNITY/ORGANISATIONS EVENTS



NATIONAL PERFORMANCE INDICATOR 1

QUALITY AND REACH OF COMMUNITY ENGAGEMENT

WEBSITE

AMBASSADORS

JOIN THE MOB
(PLEDGE)

HEALTH PROMOTION
(MEDIA)

CALANDER OF
EVENTS

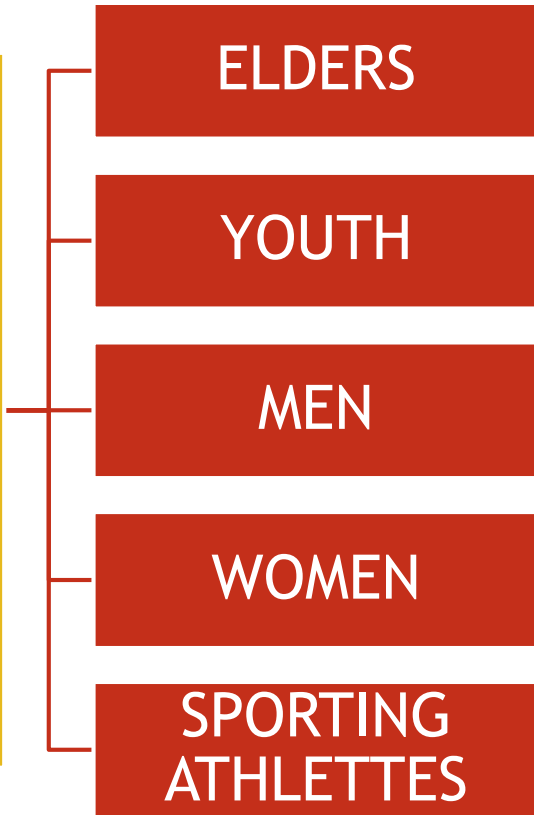


<http://www.puyublasters.com.au>

NATIONAL PERFORMANCE INDICATOR 1

QUALITY AND REACH OF COMMUNITY ENGAGEMENT COMMUNITY GROUPS/BOARDS/ELDERS - WEBSITE

AMBASSADORS



Rhonda Miller
Kokatha Elder

Our culture is strong but smoking makes us weak. If you want to quit, walk on country, soak in the land and have a healthy snack as each craving hits.



Darren Brenz
Kokatha Mob

You can't play four quarters if you smoke. Stay on the ball and kick the urge to start.



Eddie Newchurch
Narungga Elder

Make sure you're here to watch the grandchildren grow up, set them on the right path - stop smoking now.



Ben Rigney
Narungga Ngarrindjeri Arremte Arabuna Mob

No matter how good you are at sport, smoking will hold you back. Stay focused and be the best.



Kiarni Coleman
Kokatha Mimming Kalaamal-Gubbrun Noongar Mob

If I breathe in your cigarette smoke, my baby breathes it too - it's not only smokers who get sick.



Trevor Peel
Mimming Kokatha Wirangu Gawler Ranges People

Be a warrior against smoking. Keep your lungs alive and fulfil your dreams.



Patrina Smart
Kokatha Anangu Pitjantjatjara Yankunytjatjara Mob

By staying strong and smoke free, I'm deadly on the sports field and in the community.



Kim Lebois
Wirangu Mob

Your strongest muscle is your mind. Use it, go cold turkey and keep off the smokes.



Kytanna Buckskin
Narungga Ngarrindjeri Mob

I want my mob to stay deadly together, not be torn apart by smokes and cancer.



Clinton Ginger
Kokatha Anangu Pitjantjatjara Yankunytjatjara Mob

Every time you smoke in my home or the car, I breathe in your chemicals too. Care for us young fullas' future, keep us smoke free.



Kelisha Mastrovas
Kokatha Wirangu Mob

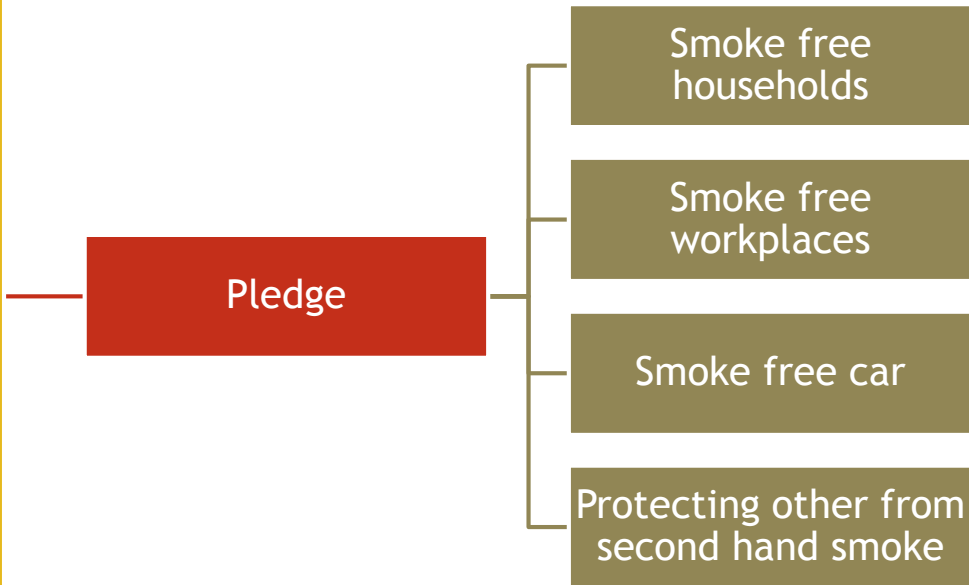
I want me and my community to live strong and long. Don't kill our dreams with your smoke.

NATIONAL PERFORMANCE INDICATOR 1

QUALITY AND REACH OF COMMUNITY ENGAGEMENT

COMMUNITY GROUPS/BOARDS/ELDERS - WEBSITE

JOIN THE MOB



Join the Mob
 Take the Puyu Blasters Pledge – we want South Australian Aboriginal communities smoke free!
 Become a hero to your family, community, sporting club or your workplace and Don't Make Smokes Your Story.

I am a *

Current smoker
 Ex-smoker
 Non-smoker

Do you or others smoke in the household? *

Yes
 No

Do you or others smoke at your workplace? *

Yes
 No

Do you or others smoke in the car, while children are present? *

Yes
 No

I pledge that I will: *

Protect my children and my co-workers from passive smoking
 Make my home smoke free
 Not smoke in front of my children and/or minors
 Encourage others around me not to smoke in front of children
 Make my car smoke free
 Remove my children from areas where people are smoking
 Keep cigarettes, lighters and ashtrays out of reach of children
 Encourage others to take the pledge
 Begin my journey to quit smoking
 Become Puyu Blasters hero for my community, choosing smoke free living and happiness for our community, be a positive role model in the lives of my children and those in my community

I would like more information on:

Quit Smoking or to be contacted about services available to assist Quit Smoking
 Aboriginal Quitline

NATIONAL PERFORMANCE INDICATOR 1

QUALITY AND REACH OF COMMUNITY ENGAGEMENT

COMMUNITY GROUPS/BOARDS/ELDERS - WEBSITE

HEALTH PROMOTION
MEDIA

Take the Pledge

Social Wall

Smoke
Calculator



Tell us about your smoking Step 1 of 2

How old are you? * years

Are you male or female? * Male Female

Are you Aboriginal? * Yes No

Are you Torres Strait Islander? * Yes No

What State do you live in? *

What does a packet of cigarettes cost in your area? *

How many cigarettes in a pack? *

How many cigarettes do you smoke per day (on average)? *

How long have you smoked? * years months

[Click here to find out what smoking costs you](#)



Aboriginal Health Council
of South Australia Ltd.

NATIONAL PERFORMANCE INDICATOR 1

QUALITY AND REACH OF COMMUNITY ENGAGEMENT

COMMUNITY GROUPS/BOARDS/ELDERS - WEBSITE

CALANDER OF EVENTS

BOOKING A VISIT FROM THE PUYU BLASTERS

UPCOMING APPEARANCES

See when the Puyu Blasters will be in your community or check the calendar and enquire about booking your Puyu Blasters visit today.

Navigation: < 2017 JAN FEBRUARY 2018 MAR > 2019

Calendar grid showing dates from Sun to Sat. A red box highlights the date 20th.

Illustration of two superheroes.

Want to book the Puyu Blasters for an event?

[Click here to make a booking](#)

Book a Puyu Blasters Visit

Does your; school, community, organisation or local sports club have a community event coming up that you would like support to promote as a smoke free environment? Yes / No

Does your; school, community, organisation or local sports club want to run some education sessions for your community about smoking cessation? Yes / No

Does your; school, community, organisation or local sports club need support to develop smoke free environment policies, or does it need help planning a community event and would like the Puyu Blasters team to help and also be a part of the event? Yes / No

Your details:

Contact person			
Contact phone number		Email	
Organisation you are enquiring on behalf of;			
Will you or someone from your organisation, be available to support the Puyu Blasters team during the event/activity?	Yes <input type="checkbox"/> / No <input type="checkbox"/>		

What type of programs/activities are you looking for?

Health promotion stall	<input type="checkbox"/>
Organisation/workplace policy & capacity building	<input type="checkbox"/>
School program	<input type="checkbox"/>
Smoke-free spaces	<input type="checkbox"/>
Community or special interest group	<input type="checkbox"/>

What additional program features/add-ons do you want to include?

Tobacco education/awareness session	<input type="checkbox"/>
Smokerlyser	<input type="checkbox"/>
Referral/s – culturally appropriate support to quit	<input type="checkbox"/>
Physical activity/healthy eating	<input type="checkbox"/>

What are your event details?

Please circle day/s for the event	S	M	T	W	T	F	S	Start time		AM	End time		AM	PM	
Start date	/	/													
Brief description of target group, including estimates attendance.															
Demographics	Male <input type="checkbox"/>	/	Female <input type="checkbox"/>	Age:	0-18	/	19-25	/	26-35	/	36-45	/	46-64	/	65+
Provide other information to assist in planning this visit/event?															
Location/venue											# of visits		# of Weeks		
Is the event Aboriginal specific?	Yes <input type="checkbox"/> / No <input type="checkbox"/>														
Is this event a smoke free event?	Yes <input type="checkbox"/> / No <input type="checkbox"/>														

If other please provide details:

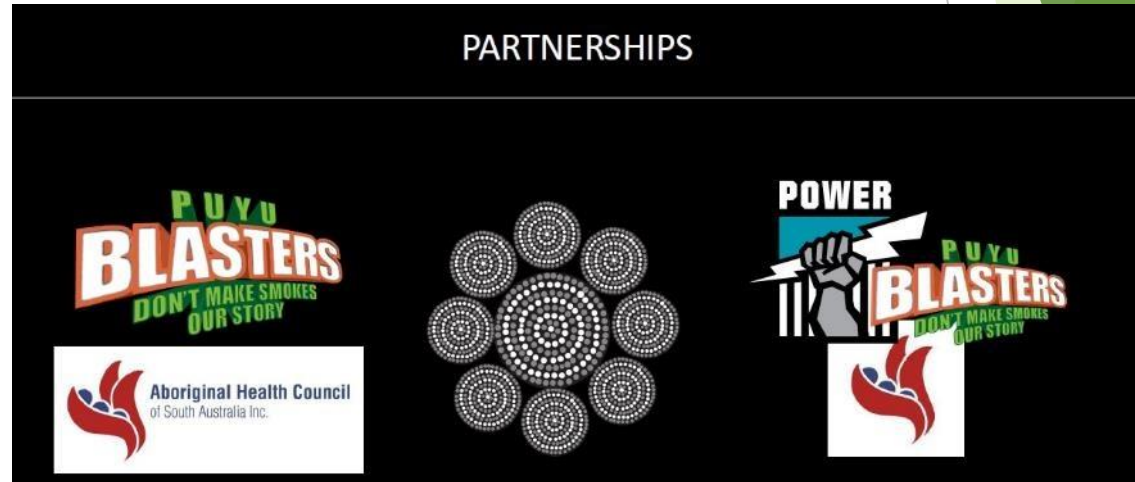
Aboriginal Health Council of South Australia Ltd. puyu_blasters@ahcsa.org.au Or fax to 08 8273 7299

Quitline 137848

NATIONAL PERFORMANCE INDICATOR 2

ORGANISATIONS INVOLVED IN TOBACCO REDUCTION IN THE REGION

PARTNERSHIP / COLLABORATION

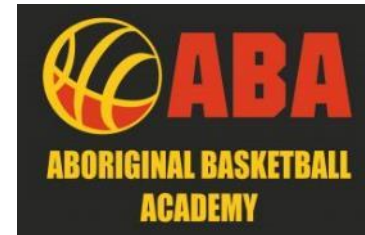
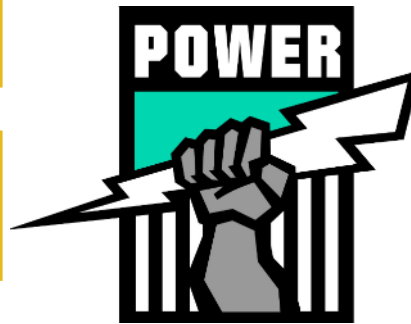


NATIONAL PERFORMANCE INDICATOR 2

ORGANISATIONS INVOLVED IN TOBACCO REDUCTION IN THE REGION

PARTNERSHIP / COLLABORATION

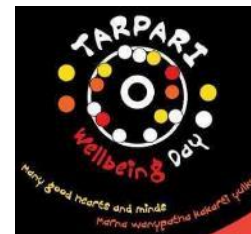
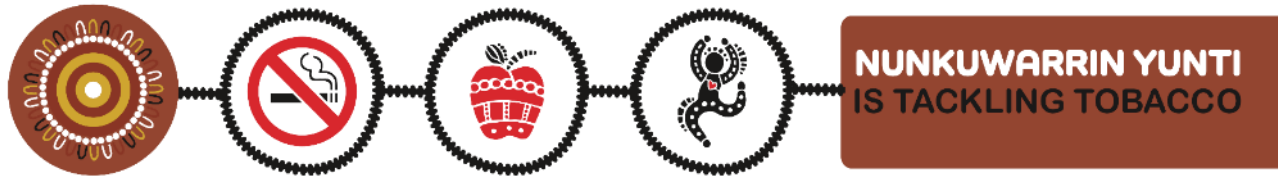
- SA Aboriginal Community Controlled Health Services
- Port Power Aboriginal Programs
- South Australian Aboriginal Sports Training Academy
- Aboriginal Basketball Academy



NATIONAL PERFORMANCE INDICATOR 2

ORGANISATIONS INVOLVED IN TOBACCO REDUCTION IN THE REGION

PARTNERSHIP / COLLABORATION



Raukkan
Community
Council



A happy, healthy and safe community



NATIONAL PERFORMANCE INDICATOR 3

BUILDING CAPACITY TO
SUPPORT QUITTING

ABORIGINAL COMMUNITY
ORGANISATION/SERVICES

TACKLING INDIGENOUS
SMOKING WORKERS



NATIONAL PERFORMANCE INDICATOR 3

BUILDING CAPACITY TO SUPPORT QUITTING

ABORIGINAL COMMUNITY ORGANISATION/SERVICES

QUIT SKILL TRAINING

TACKLE THE TRIGGERS



NATIONAL PERFORMANCE INDICATOR 3

BUILDING CAPACITY TO SUPPORT QUITTING

TACKLING INDIGENOUS SMOKING WORKERS

CONFERENCES/WORKSHOPS

QUIT SKILL TRAINING

IN-SERVICE

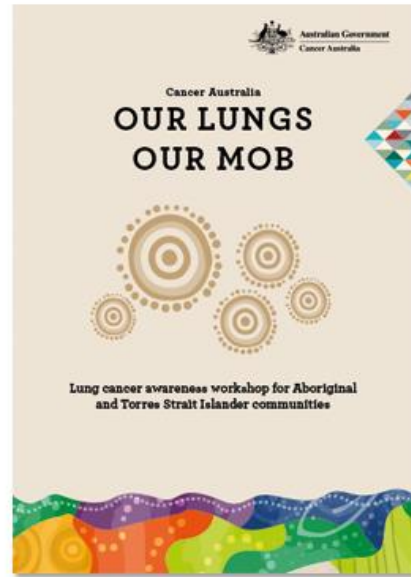


NATIONAL PERFORMANCE INDICATOR 3

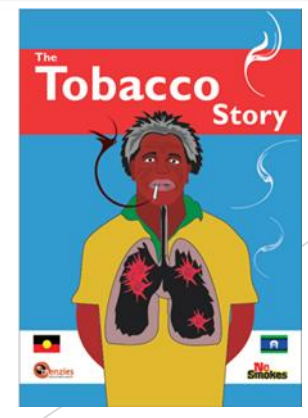
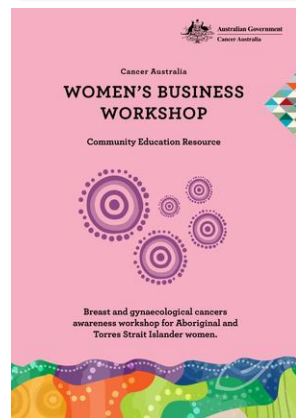
BUILDING CAPACITY TO SUPPORT QUITTING TACKLING INDIGENOUS SMOKING WORKERS - CONFERENCES & WORKSHOPS

CONFERENCES/WORKSHOPS

- State-wide Tackling Indigenous Smoking workshop
- National Tackling Indigenous Smoking workshop
- No Smokes
- Webinars
- Oceania Tobacco Conference
- Our Lungs Our Mob



Women's business



NATIONAL PERFORMANCE INDICATOR 4

REFERRALS TO APPROPRIATE
QUITTING SUPPORT

SUPPORT TOOLS

SUPPORT
SERVICES

 **Quitline**®
13 7848

NATIONAL PERFORMANCE INDICATOR 4

REFERRALS TO APPROPRIATE QUITTING SUPPORT

SUPPORT TOOLS

COMMUNICARE

Clinical Record
BALLANGER, ALICE GRETA 54yrs Female (14/08/1963) Patient ID 1812

Pathology | Scan | Message | Change | Biographics | Charts | Services | Open My Health Record
Clinical Item | Medication | Imaging | Recall | Letter | Attachment | Send SMS | Remove | Reports | AIR | Claims | Transport

Summary | Progress Notes | Reference | Detail

Main Summary | Medication Summary | Social & Family History | Care Plan | Obstetrics

Active Problem/Significant History		Qualifier Summary		
Date	Item Description	Qualifier	Value	Date
01/06/1997	diabetes mellitus	Blood glucose level - rand...	6.5 mmol/L	24/09/1998
		BMI	30.1 kg/m2	09/03/2012
		BP - Systolic blood pressure	136 mm Hg	09/03/2012
		BP - Diastolic blood pressure	84 mm Hg	09/03/2012
		HDL level	0.62 mmol/L	04/06/1996
		LDL level	4.33 mmol/L	04/06/1996
		Smoking status	Non-smoke...	03/03/2012
		Total cholesterol level	5.6 mmol/L	04/06/1996
		Triglyceride level	3.34 mmol/L	04/06/1996
		Weight	86 kg	09/03/2012

Filter To Do List

Date	Item Description	Exp.
10/03/1978	<Recal> Check up Women's Health	
10/03/1978	<Recal> Aboriginal & TSI adult health check	
04/03/1996	<Recal> Lipids profile test	
01/06/1997	Browse all item types...	
01/06/1997	+ Advice/education;smoking...	
28/11/1997	+ Fagerstrom test...	
04/08/2003	+ Group Session; TIS...	
09/03/2012	+ Pregnancy Smoking Status...	
09/03/2012	+ Referral FROM:TIS Worker...	
01/08/2013	+ Referral TO:TIS Worker...	
31/07/2018	+ Smoking;tobacco...	

Adverse Reaction Status Unknown | Unreviewed Verbal Order(s) | Last Document 09/03/2012

Check up | Child health | Enrolment | Examination | Group | HACC/CHSP | Immunization | STI | Calculator | EARS | Referral | Tobacco

Christine Elison, Millennium Health Service (Aboriginal Health Service) 21/08/2017 11:40 am

NATIONAL PERFORMANCE INDICATOR 4

REFERRALS TO APPROPRIATE QUITTING SUPPORT

TACKLING INDIGENOUS SMOKING WORKERS - SUPPORT TOOLS

COMMUNICARE

Clinical Items

Referrals

Reports

The screenshot shows the 'Add Clinical Item' window in the COMMUNICARE system. The window title is 'Add Clinical Item - BALLANGER, ALICE GRETA 54yrs Current Patient Female'. The main heading is 'Smoking;tobacco'. Below this, it shows the patient's name 'Christine Ellison, Millennium Health Service (Aboriginal Health Service)' and the date and time '21/08/2017 11:40 am'. There is a 'Comment' field which is currently empty. To the right of the comment field, there are two checkboxes: 'Display on Main Summary' (checked) and 'Display on Obstetric Summary' (unchecked). Below the comment field, there is a 'From Date' dropdown menu set to '21/08/2017'. The 'Smoking status' dropdown menu is open, showing a list of options: 'Current smoker - intends to quit later', 'Current smoker - no intention to quit', 'Current smoker - wants to quit now', 'Ex-smoker quit 12 months or more ago', 'Ex-smoker quit less than 12 months ago', and 'Non-smoker (never smoked)'. The first option, 'Current smoker - intends to quit later', is highlighted in blue. A red circle is drawn around this list of options. At the bottom right of the window, there are buttons for 'Print & Save', 'Save', 'Cancel', and 'Help'. The 'Viewing right' is set to 'Psychological'. At the bottom of the window, there is a 'Recall' dropdown menu set to 'Diabetes annual cycle of care'.

NATIONAL PERFORMANCE INDICATOR 5

SUPPORTING SMOKE FREE ENVIRONMENTS

COMMUNITY

ORGANISATION



NATIONAL PERFORMANCE INDICATOR 5

SUPPORTING SMOKE FREE ENVIRONMENTS

COMMUNITY

CARS

HOMES

CHILDREN &
VULNERABLE PERSONS



NATIONAL PERFORMANCE INDICATOR 5

SUPPORTING SMOKE FREE ENVIRONMENTS - COMMUNITY

CARS

Smoking in cars with children under 16 years illegal



NATIONAL PERFORMANCE INDICATOR 5

SUPPORTING SMOKE FREE ENVIRONMENTS - COMMUNITY

HOMES

Smoke free homes



TO QUIT SMOKING TALK TO YOUR LOCAL HEALTH SERVICE OR RING THE ABORIGINAL MOB AT THE QUITLINE ON 13 78 48



Aboriginal Health Council
of South Australia Ltd.

NATIONAL PERFORMANCE INDICATOR 5

SUPPORTING SMOKE FREE ENVIRONMENTS - COMMUNITY

CHILDREN & VUNERABLE PERSONS

- SIGNAGE
- DESIGNATED SMOKE FREE SPACES



NATIONAL PERFORMANCE INDICATOR 5

SUPPORTING SMOKE FREE ENVIRONMENTS

ORGANISATION

SMOKE FREE WORKPLACES



SMOKE FREE ENVIRONMENT

NUNYARA ABORIGINAL HEALTH SERVICE IS A SMOKE FREE WORKPLACE.

ALL EVENTS, PROGRAMS AND ACTIVITIES DELIVERED BY NUNYARA ABORIGINAL HEALTH SERVICE ARE DELIVERED IN A SMOKE-FREE ENVIRONMENT.

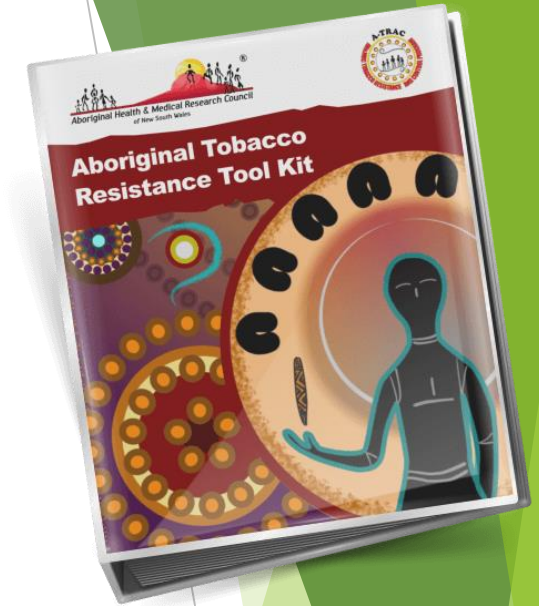
Nunuyara
ABORIGINAL HEALTH SERVICE INC.

PUYU BLASTERS
DON'T MAKE SMOKE OUR STORY

Quitline
13 7848

NATIONAL PERFORMANCE INDICATOR 5

SUPPORTING SMOKE FREE ENVIRONMENTS - ORGANISATIONS



SMOKE FREE WORKPLACE

- POLICY DEVELOPMENT SUPPORT
- SIGNAGE
- ENVIRONMENTAL SCAN



END OF PRESENTATION
ANY QUESTIONS?