



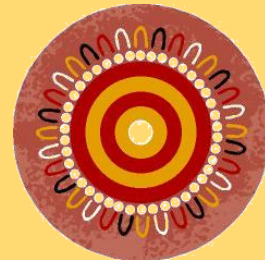
Nunkuwarri Yunti

w o r k i n g t o g e t h e r
for the benefit of Aboriginal Health



Quality and reach of community engagement

Aboriginal Spirit Colour Fun Run



Aboriginal Spirit Colour Fun Run

170 participants with 85% identifying as Aboriginal or Torres Strait Islander

Evaluation/ Feedback

- What messages will you take home to your family and friends?
 - 70% respondents stated being Healthy and Smoke-free
- 2 quit smoking referrals gained

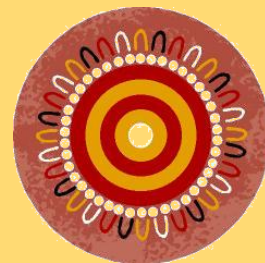
Comments

“To join in with our family friends makes us happy”

“I feel it's important to know and be able to grow. Today was so great and I'm happy my family and I had fun. PLEASE DO MORE ACTIVITIES!!”

“Great seeing everyone out having a go again.

Thank you for today it was deadly”



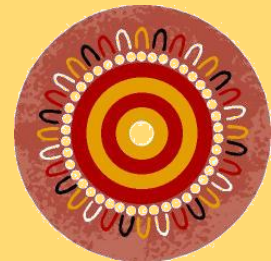
Quality and reach of community engagement

- 262,000 Impressions on Social Media, with 6,000 engagements Jan- Dec 2017.

Facebook - Tackling Tobacco Team – Nunkuwarrin Yunti

Instagram - notupinismokes **JOIN THE MOVEMENT**

- 2,364 Fans/ Followers receiving messages from us



Organisations involved in tobacco reduction in the region

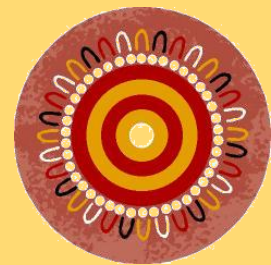
- Tauondi Catering Van with Tackling Tobacco messages and art work
- Soon to be completed and can monitor engagement through Q Code



Organisations involved in tobacco reduction in the region

- Partnership with AHCSA associated with pledge shirts
- NAIDOC and other activities

Answer Choices	Responses
Never start smoking	51.50% 86
Protect my siblings/parents/family from passive (second hand) smoking	38.32% 64
Try to give up or not smoke before deciding to get pregnant	11.38% 19
Try to give up or not smoke around my partner when she is pregnant	7.78% 13
Speak up and ask others not to smoke in front of me	22.75% 38
Make the home I live in smoke free	26.95% 45
Make the car I travel in smoke free	24.55% 41
Remove my children from areas where people are smoking	25.75% 43
Encourage others to take the pledge	25.75% 43
Begin my journey to quit smoking	16.17% 27
Become a Puyu Blasters hero for my community, choosing smoke free living and happiness for my community, be a positive role model in the lives of my family and those in my community.	12.57% 21
Total Respondents: 167	



Building capacity to support quitting

- Aqua, gym and quit support sessions
- Partnered with various Organisations
- Participants asked about readiness and confidence to quit at the sessions



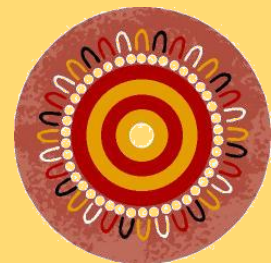
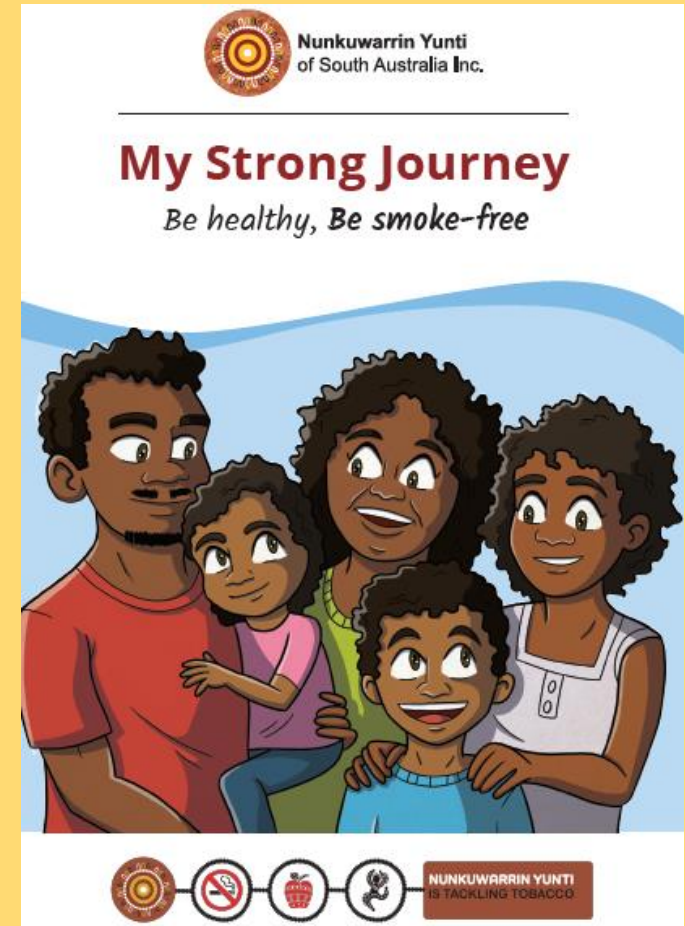
Feedback

Darrell myself & everyone involved in the Aqua / Gym & walking programs and everything else that you have provided us with over the year has been nothing but amazing

It has provided us a total fitness programme that has not only helped keep us fit and healthy but helped with our Mental wellbeing also Tackling Tobacco showing great support to Darrell to help him quits smoking and provided an absolute amazing Social group where we have made amazing friends.

Building capacity to support quitting

- My Strong Journey Quit Book recently completed
- Resource to promote quit support from health workers and us in the TIS team
- Utilises a Narrative Therapy and Motivational Interviewing approach



Building capacity to support quitting

Health Check and Tackling Indigenous Smoking Engagement Shirts

- Newly commenced project
- Encourages engagement with our activities
- Encouraging referrals and contact
- Helping the discussion of Quitting smoking from non-clinic staff



Nunkuwarrin Yunti
of South Australia Inc.

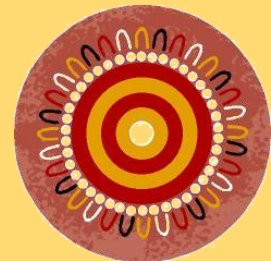
**HAVE YOU HAD
YOUR YEARLY
HEALTH CHECK?**

Contact us on
8406 1600 to make
your appointment now!

Visit Nunkuwarrin Yunti to
complete your Health Check
& you'll receive a polo shirt.

nunku.org.au | (08) 8406 1600

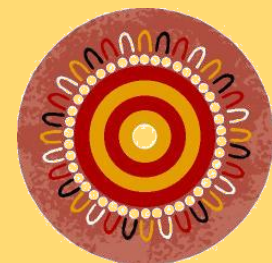
**NUNKUWARRIN YUNTI
IS TACKLING TOBACCO**



Referrals to appropriate quitting support

	Referrals from Nunkuwarrin Yunti to the Quitline *Provided by Quitline	Nunkuwarrin Yunti Quit Smoking Referrals
Jan-June 2016	10	38
July-December 2016	21	50
January – June 2017	12	123
July – December 2017	29	120

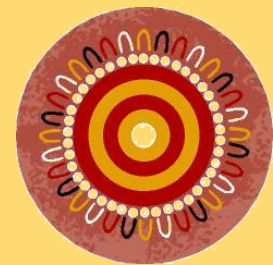
- We refer to Quitline as often as possible
- Nunkuwarrin Yunti referrals come from clinics, community events and activities



Supporting smoke-free environments

Aboriginal Football and Netball Carnival

- We supported signage, announcements, pass outs and security
- 88% were aware that the event was smoke-free
- Everyone agreed that the event should be smoke-free with the following reasons:
 - Protecting everyone from 2nd hand smoke
 - Supporting people that may be looking to quit smoking
 - Helping to discourage negative role modelling to young people
 - Some people did still see people smoking inside the venue
 - More signage, more announcements and more social media posts were considered as ways to support the event to be smoke-free
- We received 4 referrals to help people quit smoking.



Supporting smoke-free environments

- Tauondi Aboriginal College has gone smoke-free
- Helped by various meetings and ideas
- Supported with signage and referral opportunities for quit support

