

## Support contacts

### Victorian Aboriginal Health Service

Family Counselling Services  
238-250 Plenty Road Preston VIC 3072  
Ph: 03 9403 3300

### Medical Services

186 Nicholson Street Fitzroy VIC 3065  
Ph: 03 9419 3000

### Uniting ReGen

Intake & Assessment  
26 Jessie Street, Coburg, VIC 3058  
Ph: 1800 700 514 (free call)

### Odyssey House Victoria

Alcohol and other drug treatment, training & support  
660 Bridge Road, Richmond VIC 3121  
Ph: 1800 700 514 (free call)  
Ph: 03 9420 7600

### Victorian Aboriginal Child Care Agency

Protecting and promoting the rights of Aboriginal children  
and young people.  
20 Fletcher Road, Chirnside Park VIC 3116  
Ph: 03 8727 0200

### Eastern Health (Turning Point)

Turning Point Eastern Treatment Service  
Provides treatment to people adversely affected by addiction.  
Ground floor, 43 Carrington Road, Box Hill, VIC 3128  
Ph: 1800 778 278 (free call)  
Ph: 03 9843 1288

### Monash Health Drug and Alcohol Service

314a Thomas Street, Dandenong VIC 3175  
Ph: 03 9792 7620

### Ngwala Willumbong

Alcohol & drug residential rehabilitation & outreach support  
93 Wellington Street, St Kilda VIC 3182  
Ph: 03 9510 3233

### Victorian Aboriginal Community Controlled Health Organisation

The peak body for the health and wellbeing of Aboriginal  
people living in Victoria  
Ph: 03 9411 9411 | [vaccho.org.au](http://vaccho.org.au) | RTO No: 20739

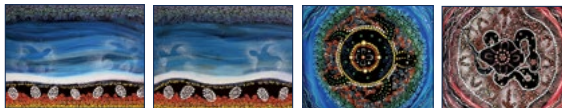
### ICE ADVICE line (24/7)

Ph: 1800 423 238 (free call)

### DirectLine

AOD counselling & referral  
(available 24/7)  
Ph: 1800 888 236 (free call)

## Description of artwork



### Dylan James Charles

Yorta Yorta | Wiradjuri

Descendant and grandson of Truganini the Indigenous princess

#### **The Turtles healing story** (acrylic on canvas - 2018)

My artwork represents the journey that is in front of those on the path of rehabilitation. The turtle in the centre represents the organisations of support and their surrounding services. The turtle's flippers are the journey or steps into the organisation and coming together for support and advice. The surrounding dots around the turtle shows emotions and stands for strength and Community as one. The eggs in the sand and on top of the water are a symbol of the tribal areas and groupings as well as the patience that heals. The spirit of the turtles that swim through the cool blue water stands for reincarnation of spirit becoming reborn once again.

#### **The Stingray and Snake** (acrylic on canvas - 2018)

This painting symbolises a journey of healing and capture, and Community as one. The dotted border is the beginning of change and the Indigenous people of Melbourne. The lines around the snake's border are Country markings but also symbolise travel. The 'U' shape is for the people waiting to be assisted and their family members. The stingray and snake symbolise 'capture' or getting a hold of the problems we face. The meeting place in the center represents organisations and their surrounding services, and the dotted colours are done in earth tones around the snake and stingray in respect of the earth we walk on.

### Aboriginal Metropolitan Ice Partnership (AMIP)

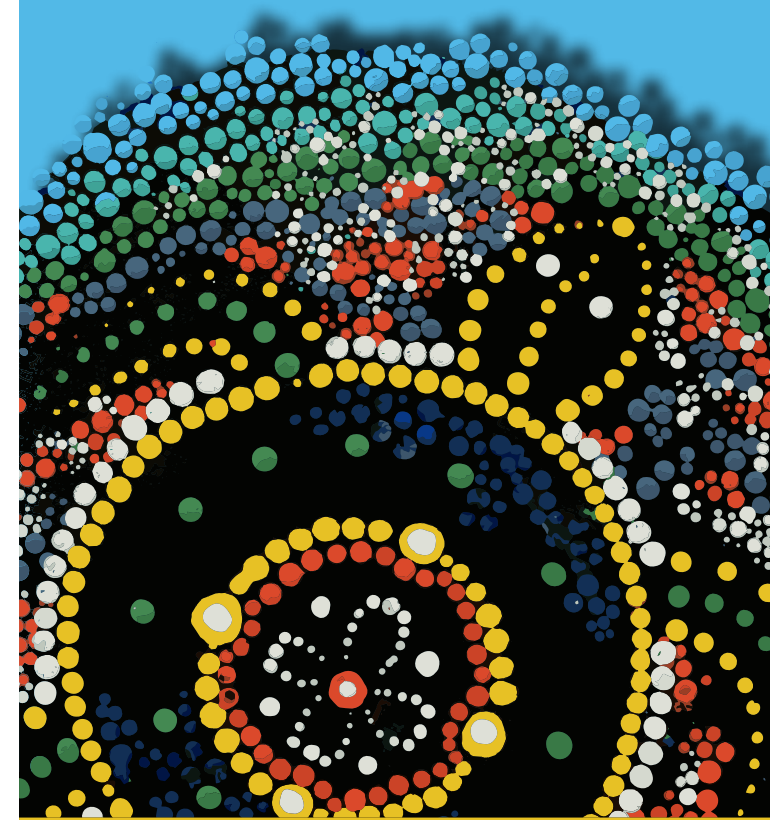
The AMIP is a partnership between Aboriginal Community Controlled Organisations and mainstream alcohol and other drug treatment services. In the North and West metropolitan area, VAHS has partnered with Odyssey House and UnitingCare Regen. In the South metropolitan area, Ngwala Willumbong has partnered with Monash Health. In the East metropolitan area VACCA has partnered with Eastern Health.

The Partnership aims to:

- improve health outcomes for Aboriginal people and families by minimising harm associated with use of methamphetamine (ice), alcohol and other drugs
- build sector capacity (both mainstream and Aboriginal Community Controlled) to specifically work with the impacts of ice on Aboriginal individuals and families
- provide learnings about approaches and practices that can be embedded into the alcohol and other drug service system.

# Life after ICE

## SAFE SUPPORT FOR OUR COMMUNITY



VACCHO

The Victorian Aboriginal Community Controlled Health Organisation is the peak body for the health and wellbeing of Aboriginal people living in Victoria.

[www.vaccho.org.au](http://www.vaccho.org.au)

## What is the Aboriginal Metropolitan Ice Partnership? (AMIP)

AMIP aims to assist users and families to:

- minimise the harms of ICE use
- improve the health, safety and quality of life for ICE users and their families
- provide supports to users through individual counselling, and case management
- access to residential withdrawal &/or recovery
- outreach linkages to Health, Justice, Housing and other services.

We provide confidential support and help with:

- ideas for keeping safe
- understanding behaviors relating to use
- access to support services
- access to detox and rehabilitation services
- access to medical services
- ways to reduce harm while using
- health issues relating to use.

## Emergencies

In case of emergencies please ring (000) for the right emergency service to help you.

## How do ICE Program Clinicians provide support to people who use ICE and their families?

### CARE AND RECOVERY

A Care and Recovery Worker can provide a range of supports including:

- Outreach to ICE users and their families
- Treatment coordination

Access and liaison with other services including:

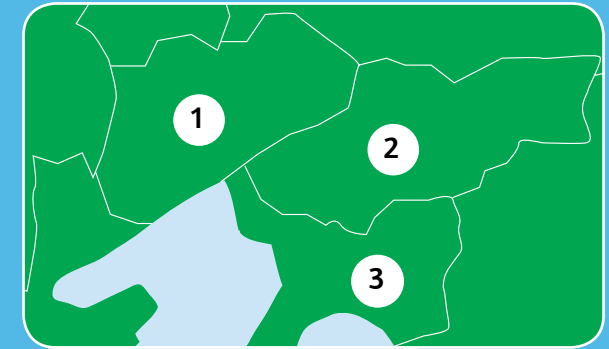
- Housing & crisis accommodation
- Emergency relief
- Courts & police
- Violence counselling & support

### COUNSELLING

The counsellor can provide specialist treatment including:

- Assessment & screening
- Treatment planning
- Individual & group counselling
- Support for ICE users and their families.

## Get the right help in your area



1. The Victorian Aboriginal Health Services (VAHS), Odyssey House Victoria and Uniting ReGen support Communities in the North and Western Regions.
2. The Victorian Aboriginal Child Care Agency (VACCA) and Eastern Health support Communities in the Eastern Region.
3. Ngwala Willumbong and Monash Health support Communities in the Southern metropolitan Regions.

Each Region will have a Care and Recovery Worker as well as an AOD Counsellor. The ICE Program will provide culturally sensitive supports for Aboriginal and/or Torres Strait Islander people and their families that are affected by ICE.

*Service contact details are over the page.*