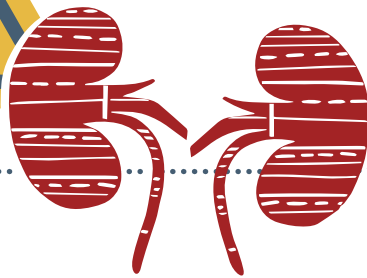




Kidney health among Aboriginal and Torres Strait Islander people

Kidney disease is a serious health concern for all Australians

Aboriginal and Torres Strait Islander people experience a greater burden of kidney disease than other Australians



In the 2012-13 National Aboriginal and Torres Strait Islander Health Measure Survey:



18% of adults had **signs of chronic kidney disease (CKD)**



CKD often goes undiagnosed, **many people** with signs of CKD were **not aware** that they may have the condition.



levels were **similar** for men and women



levels of CKD **increased** with **age**

In 2018-19, just under 2% of Aboriginal and Torres Strait Islander people self-reported having kidney disease.



Kidney disease was found to be **most common in the NT** followed by **WA**.

It is more common among Aboriginal and Torres Strait Islander people living in **remote and very remote** parts of Australia. This is particularly true for chronic kidney disease or **CKD** overall, and in its most severe stage; end-stage kidney disease, or **ESKD**.



Dialysis treatment for kidney disease accounts for almost **half** of all hospital admissions for Aboriginal and Torres Strait Islander people.

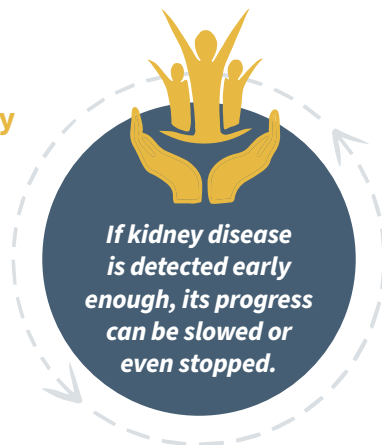
By working together, improvements can be made to address kidney disease among Aboriginal and Torres Strait Islander people, these include:



Making sure that **patients, their families and communities are actively involved** in designing services, research and policy.



Increasing access to treatment like dialysis and transplantation, and helping patients get treatment closer to home.



Improving cultural awareness and addressing racism and bias in the health care system.



Increasing the Aboriginal and Torres Strait Islander **health workforce**, and providing care that is **holistic and appropriate**.