



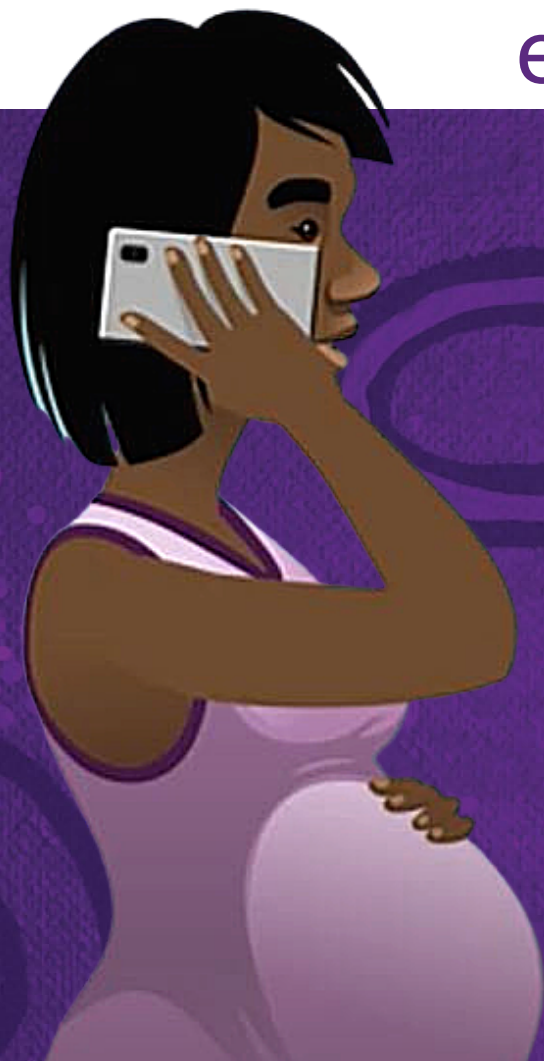
Government of Western Australia
WA Country Health Service



Ngamari Free

Give bub the best start in life, be ngamari free!

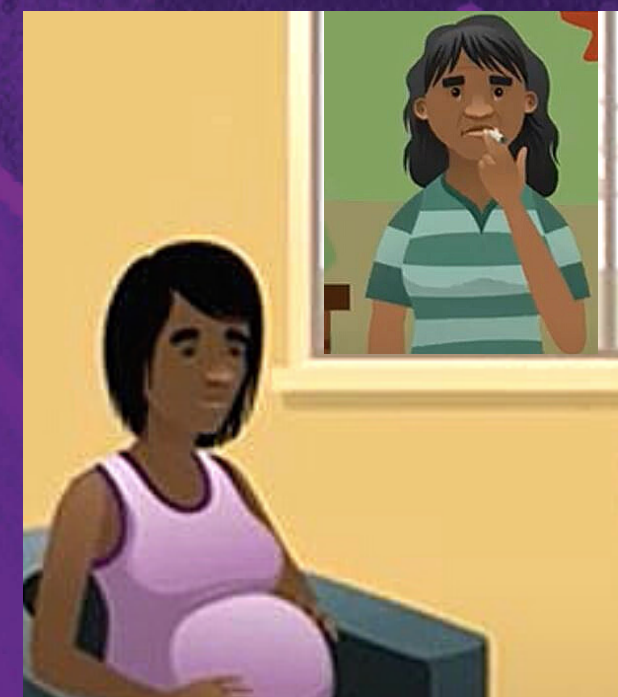
Call the No More Ngamari team on (08) 9690 2888 and enrol in the 12 week quit support program.



This program can help with:
Creating a quit plan
Weekly counselling and support



Keep a distance of 10 metres from people who are smoking
Second hand smoke is harmful to you and your baby



Make your car and home Ngamari Free

Ask Moort for support



Wheatbelt Aboriginal Health Service

WA Country Health Service

Telephone: (08) 9690 2888

65 Wellington Street, Northam, Western Australia 6401

Our Values: Community | Compassion | Quality | Integrity | Equity | Curiosity

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