



Government of Western Australia  
WA Country Health Service



# Ngamari Free

Did you know second hand smoke is just as harmful as smoking. Second hand smoke exposes you and your family to 7000 chemicals



Want a healthy little bub, quit Smoking it is the best thing for yours and your families health

**Give bub the best start in life, be ngamari free!**

Call the No More Ngamari team on (08) 9690 2888 and enrol in the 12 week quit support program.



Wheatbelt Aboriginal Health Service

WA Country Health Service

Telephone: (08) 9690 2888

65 Wellington Street, Northam, Western Australia 6401

**Our Values: Community | Compassion | Quality | Integrity | Equity | Curiosity**



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