



Government of Western Australia
WA Country Health Service



Ngamari free

Just because the smoke has gone, doesn't mean the chemicals have!

Cigarette smoke leaves behind harmful chemicals which can hang around for years and stick to all kinds of surfaces: walls, skin, clothes and even your pet's fur. It is safest for your family if you smoke outside the home, away from doors and windows.



Everyone has the right to clear air.

Call the No More Ngamari team on (08) 9690 2888 and enrol in the free 12 week quit support program.

Get in touch

Telephone: (08) 9690 2888

65 Wellington Street, Northam,
Western Australia 6401



MyHealthyWheatbelt



Wheatbelt Aboriginal Health Service

WA Country Health Service



COMMUNITY | COMPASSION | QUALITY | INTEGRITY | EQUITY | CURIOSITY