



19/10/2020

Everyone has the right to clear air!

The Wheatbelt Tackling Indigenous Smoking (TIS) team's ngamari (smoke) free spaces campaign is in full effect. During this campaign the community will receive tips, resources (such as signage and stickers) and information about why it is important to have ngamari free spaces and what laws are in place to help the community be ngamari free. Go check out our website <http://www.wacountry.health.wa.gov.au/ngamarifree> and like us on Facebook @myhealthywheatbelt to stay up to date.

Each state and territory in Australia has smoke-free laws. These laws are put in place to protect people from second-hand smoke, encourage people to quit and help make our community ngamari free.

So what places are Ngamari free?

All government buildings including hospital and school grounds are completely ngamari free. That means no smoking or vaping anywhere on the grounds, even the car parks.

In WA it is illegal

- To smoke within five metres of a public entrance
- To smoke within 10 metres of a playground
- To smoke in a car with a child or children under 17
- To smoke in an outdoor eating or drinking area if there is not a designated smoking area

Please follow these laws and keep a distance of 10 metres between you and smokers. You will be saving yourself and family from 7000 toxic chemicals found in second hand smoke.

Let us keep our community's air and spaces ngamari free. The TIS team have a range of Ngamari free signage and stickers to help make spaces ngamari free, check them out below:



"No smoking anywhere on these grounds" – A4 outdoor signs (in purple only)



"No Smoking" – A5 stickers (in blue only)



"Please smoke 5 metres away from our entrance" – A5 stickers (in brown only)



"This home is smoke free" – A5 stickers (in blue, magenta, purple and green)



"This car is smoke free" – Bumper stickers (in blue, magenta, purple and green)

For information follow our My Healthy Wheatbelt Facebook page and call your local Wheatbelt Aboriginal Health Service team on:

- Wheatbelt Aboriginal Health Service Avon and Central: (08) 9690 2888
- Wheatbelt Aboriginal Health Service Western: (08) 9651 0270
- Wheatbelt Aboriginal Health Service Eastern: (08) 9081 3222
- Wheatbelt Aboriginal Health Service Southern: (08) 9881 0385

Photo Opportunity:

Date:

Time:

Venue:

Contact: