



Government of Western Australia
WA Country Health Service



Ngamari Free

**Secondhand
smoke is very
harmful to
koolangkas.**



Everyone has the right to clear air.

Call the No More Ngamari team on (08) 9690 2888 and
enrol in the free 12 week quit support program.

Get in touch

Telephone: (08) 9690 2888

65 Wellington Street, Northam,
Western Australia 6401



MyHealthyWheatbelt



Wheatbelt Aboriginal Health Service

WA Country Health Service

COMMUNITY | COMPASSION | QUALITY | INTEGRITY | EQUITY | CURIOSITY



Koolangkas have smaller lungs and breathe faster. This means they breathe in more secondhand smoke than adults.

Smoking around koolangkas can cause:

- **asthma**
- **ear infections**
- **cough and colds**
- **sore and watery eyes.**

This is why it is important to keep your home and car ngamari free!

