



Government of Western Australia  
WA Country Health Service



Ngamari Free

Keep the clouds  
outta your lungs.

Smoking weakens your lungs,  
clogs up your airways and  
damages your air sacs.

Cogged  
airways.

Damaged  
air sacs.

**Live long, stay strong and breathe easy.**

Call the No More Ngamari team on (08) 9690 2888 and  
enrol in the free 12 week quit support program.

Telephone: (08) 9690 2888

65 Wellington Street, Northam,  
Western Australia 6401

 MyHealthyWheatbelt



**Wheatbelt Aboriginal Health Service**

WA Country Health Service

COMMUNITY | COMPASSION | QUALITY | INTEGRITY | EQUITY | CURIOSITY

