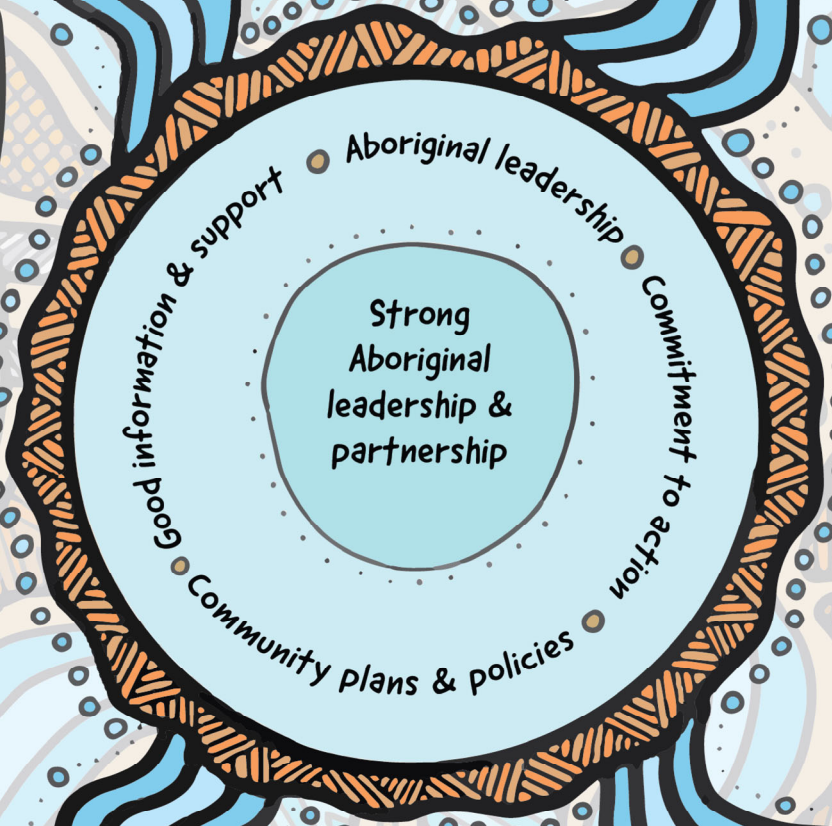
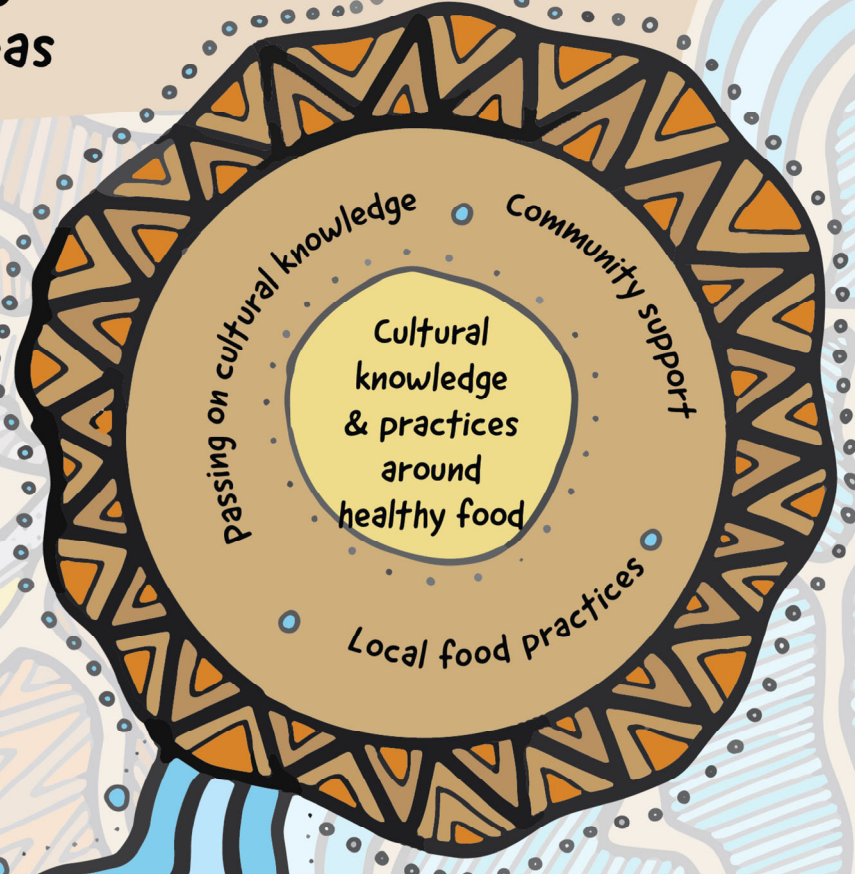
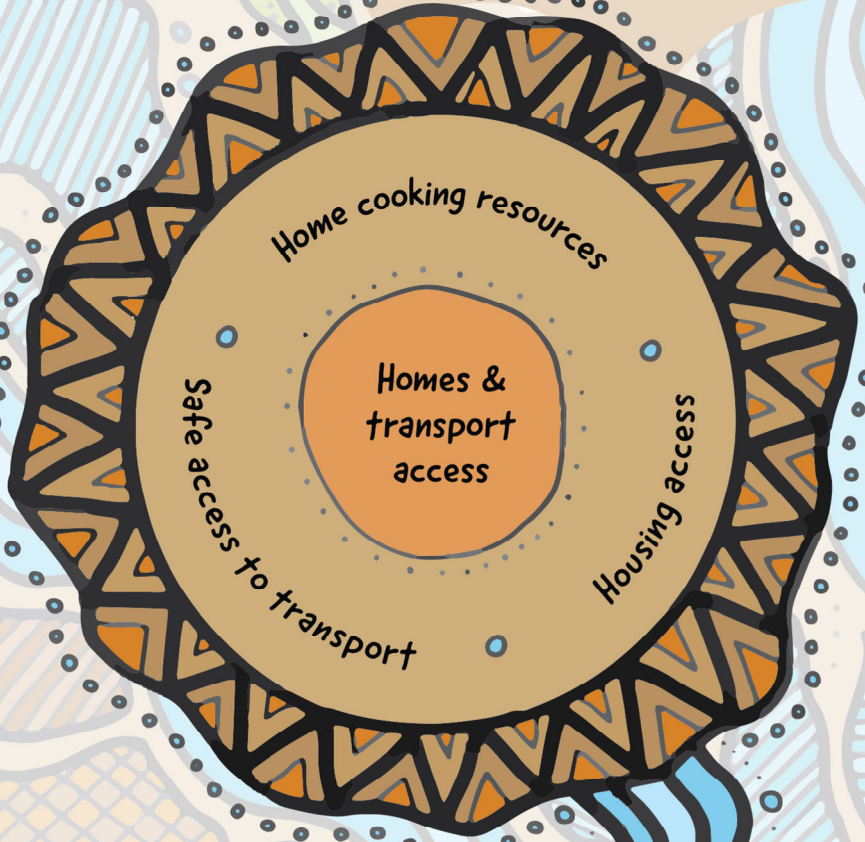


Murradambirra Dhangaang (make food secure): a food security planning tool for Aboriginal communities in urban and regional areas



How to use this tool

- Healthy communities and a healthy food system are the objectives that underpin the use of this framework or tool.
- This framework takes a systems approach to understand the drivers of food security in urban Aboriginal communities. It recognises the many connections within the local food system that contribute to healthy eating and healthy living and the importance of understanding these connections rather than identifying one quick solution.
- This framework can be used by Aboriginal community organisations, local health service staff or local councils to lead their discussions and identify important local contributions to initiate system change.

The information in this tool is drawn from research undertaken by the Study of Environment on Aboriginal Resilience and Child Health (SEARCH) team in collaboration with Riverina Medical and Dental Aboriginal Corporation and Tharawal Aboriginal Corporation.

We would like to thank all the community members and staff of RivMed and Tharawal for their support and participation in the research activities that led to the development of this framework.

This tool was adapted for use in urban and regional communities from the Good Food Planning Tool⁽¹⁾ originally produced by Menzies School of Health Research. Adapted with permission.

1. Brimblecombe, J. et al (2015) Development of the good food planning tool: A food system approach to food security in Indigenous Australian remote communities; Health Place. 2015 Jul; 34:54-62.



Artwork by Shakara Montalto, Gunditjmara

Artist statement:

Strong Aboriginal leadership and partnership is the centre of the artwork. The brown & orange colours represent Country, Aboriginal land and the strong connection our people have to the land. The blue swirls and circles represent the rivers and waterways throughout our beautiful country. It is country and these waters which helped our people survive over 60,000 years eating a variety of fresh bush tucker.

