



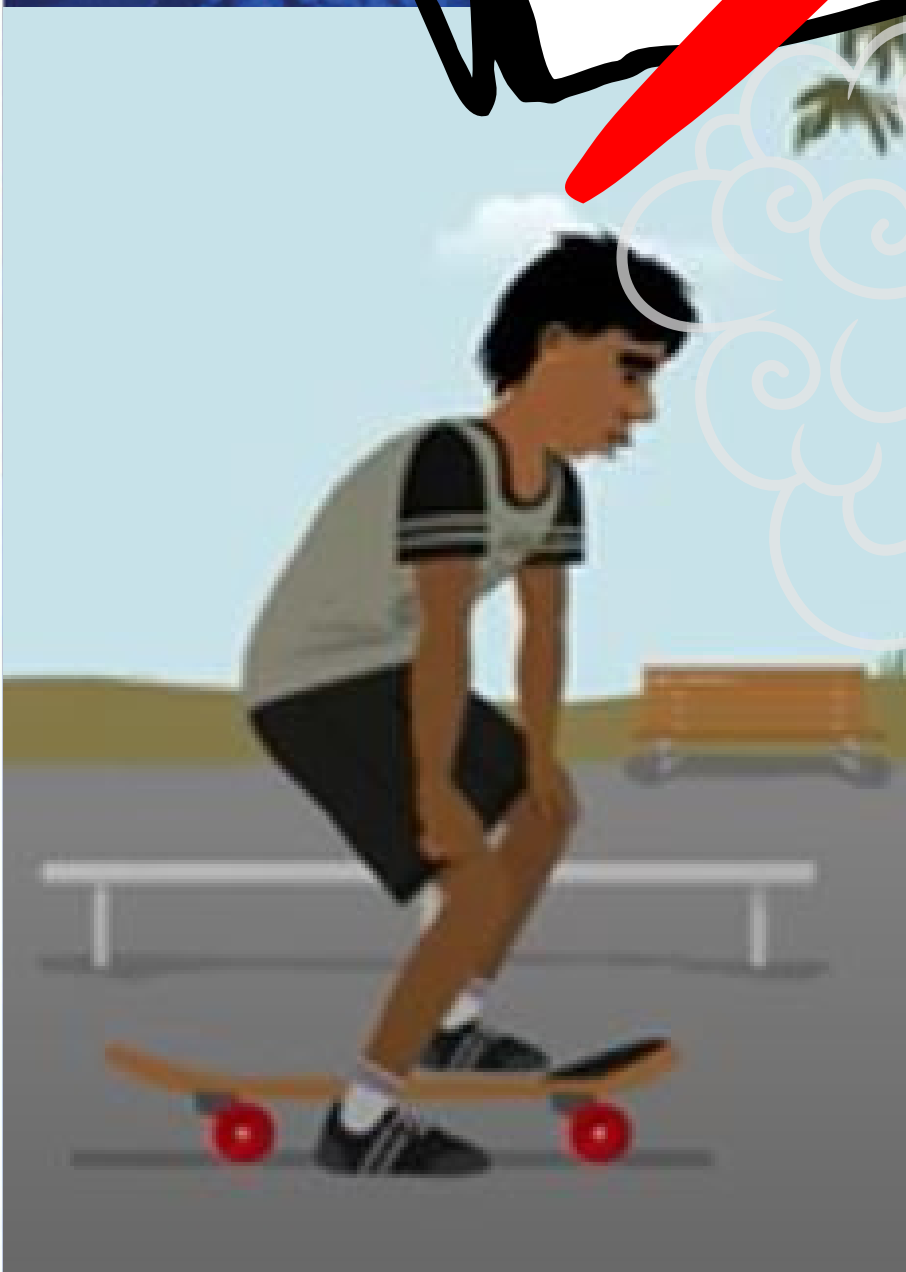
Government of Western Australia  
WA Country Health Service



Ngamari Free

Don't get  
left in smoke.

Say no to  
that ngamari  
(smoke).



Keep your  
future  
happy, healthy  
and  
ngamari free!

For support to quit smoking call the Wheatbelt Aboriginal Health Service (WAHS)

Tackling Indigenous Smoking team on: WAHS Avon Central (08) 9690 2888

WAHS Western (08) 9651 0270 WAHS Eastern (08) 9081 3222 WAHS Southern (08) 9881 0385



Wheatbelt Aboriginal Health Service

WA Country Health Service

COMMUNITY | COMPASSION | QUALITY | INTEGRITY | EQUITY | CURIOSITY



The symbols used are from paintings by B. Wilder, K.Stack, B.Dick and G.Taylor. The illustrations are the work of P. Bayly at Workspace Design and Bevin Creative.