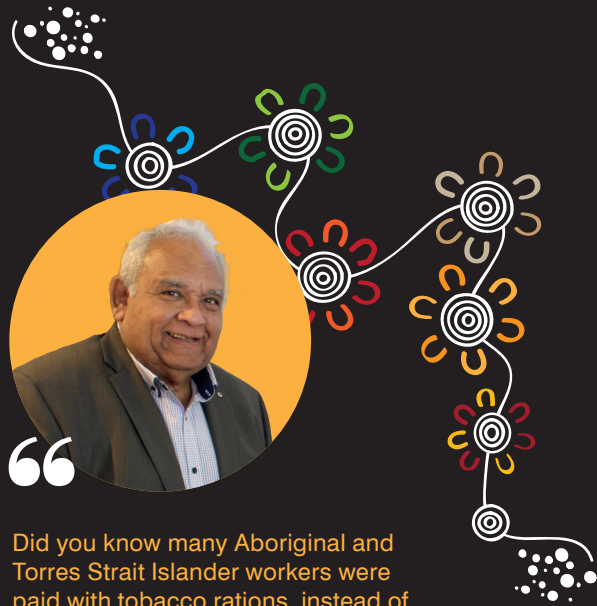


WHAT IS THE TACKLING INDIGENOUS SMOKING (TIS) PROGRAM?

The TIS program is funded by the Australian Government. The program uses population health promotion activities to improve the health of Aboriginal and Torres Strait Islander people by reducing the prevalence of tobacco use. Activities include:

- Promoting the benefits of not smoking or vaping
- Increasing awareness of pathways to quitting
- Seeking to reduce environmental smoke and exposure to passive smoking and vaping in workplaces.



“Did you know many Aboriginal and Torres Strait Islander workers were paid with tobacco rations, instead of money, until the 1960s? The national Tackling Indigenous Smoking (TIS) program, a Department of Health and Aged Care initiative, is helping to break a colonialism cycle that dates back more than a century.”

Professor Tom Calma AO FAA
National Coordinator
Tackling Indigenous Smoking

NATIONAL BEST PRACTICE UNIT TACKLING INDIGENOUS SMOKING

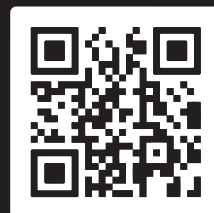
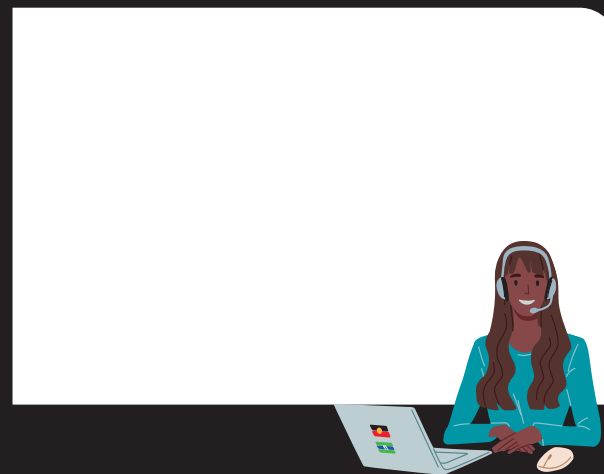
About Us

The National Best Practice Unit Tackling Indigenous Smoking is a consortium led by Ninti One which includes University of Canberra Health Research Institute (UC HRI) and the Australian Indigenous Health *InfoNet*. NBPU TIS provides tailored support and training to organisations funded through the TIS program.

TIS Teams

We can provide tailored, evidence-based educational activities and resources to support you to keep your workplace 'a smoke-free space'.

Your Local TIS Team



NATIONAL BEST PRACTICE UNIT
TACKLING INDIGENOUS SMOKING

TACKLINGSMOKING.ORG.AU

Keep our place a smoke-free space



NATIONAL BEST PRACTICE UNIT
TACKLING INDIGENOUS SMOKING

An initiative of the Tackling Indigenous Smoking Program

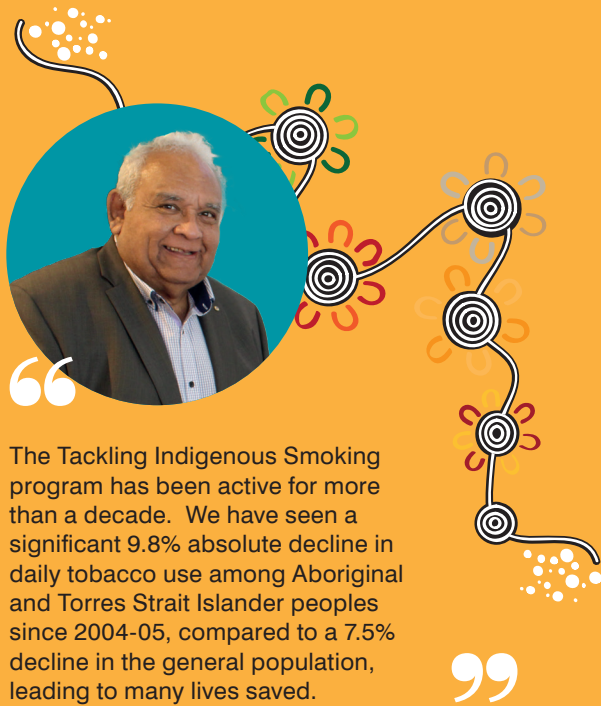
WHAT IS THE 'KEEP OUR PLACE A SMOKE-FREE SPACE' INITIATIVE?

Aims of the initiative

We have been working with the Office of the Registrar of Indigenous Corporations (ORIC) to increase awareness of the TIS resources and support available to Aboriginal and Torres Strait Islander business leaders and their corporations to promote and maintain smoke-free workplaces through:

- Reviewing and fully implementing smoke-free workplace policies
- Promoting smoking cessation among employees through tailored activities.

This initiative covers the use of vapes (e-cigarettes). It is recommended organisations work to ensure their workplace is smoke- and vape-free, and that this is reflected in policies and signage.



The Tackling Indigenous Smoking program has been active for more than a decade. We have seen a significant 9.8% absolute decline in daily tobacco use among Aboriginal and Torres Strait Islander peoples since 2004-05, compared to a 7.5% decline in the general population, leading to many lives saved.

Professor Tom Calma AO FAA
National Coordinator
Tackling Indigenous Smoking

Why are smoke-free workplaces important?

Growing the number of environments that are smoke-free in the community improves everyone's health and is linked with a drop in community smoking rates. This is because successful smoke-free policies:

- Provide a more supportive environment for people quitting or those who have recently quit, since smoking is no longer seen as 'normal'
- Encourage people who smoke to think about how smoking impacts on them and their family
- Lead to smoke-free spaces in other areas such as smoke-free homes and cars
- Result in more workers attempting to quit
- Reduce the harms of second-hand smoke.

Benefits for everyone

Smoking around other people – including those who do not smoke – increases their risk of suffering from smoking-related diseases. Reducing exposure to second-hand smoke is therefore an important TIS program aim. Keeping your smoke-free policy up to date is just one way you can support the TIS program and help improve the health of all Aboriginal and Torres Strait Islander peoples.



HOW DOES THE INITIATIVE WORK?

Your local TIS team will work with you to:

- Review and update your existing workplace policy or create a new policy if your organisation doesn't have one
- Deliver tailored education to your staff about the harms of smoking and the benefits of having a smoke-free workplace
- Provide resources and information to support your workplace to be smoke-free.

TIS teams are not able to provide cessation support to your staff, but they can advise you on the support services available in your region.

A smoke-free workplace is a safer working environment