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# Gender Identity & LGBTQIA+ Resources for Aboriginal and Torres Strait Islander Peoples

WellMob has several online resources for people who identify as LGBTQIA+ or who are questioning their sexual identity. These resources provide information as well as stories of connection and hope.

Many people who identify as LGBTQIA+ may have experienced trauma. Also consider searching for resources from other sections of WellMob such as Mind, Body, Keeping Safe, Healing and Trauma.



Documents

## YARNS HEAL

A series of posters and videos of people telling their stories of coming out, of connection to family, community and culture, and pride in being themselves.



Audio

## THE ASH (ABORIGINAL SEXUAL HEALTH) PODCAST

A podcast about different sexual health topics relevant to everyone, including our LGBTQIA+ mob.



Videos

## REALISING OUR TRUE SELVES

A video featuring Raymond Zada talking about the wellbeing of people who identify as lesbian, gay, bisexual, transgender, queer or any other gender identity. He talks about the importance of creating safe communities so people can be their true self.



Videos

## SISTAGALS: AUSTRALIA'S INDIGENOUS GAY AND TRANS COMMUNITIES

A film about the experiences of Australia's Indigenous gay and trans people in different communities in Australia including the Tiwi Islands and the Melville Islands.



### We recommend providing these crisis numbers

13YARN: 13 92 76

Kids Help Line: 1800 55 1800

Suicide Call Back Service: 1300 659 467

Lifeline: 13 11 14

Beyond Blue: 1300 224 636



Videos

### EVERYBODY IS DEADLY - FELICIA

Felicia is a sistergirl talking about her struggle with sexual identity and how that affected how she felt about her body. Felicia reflects on how she overcomes these difficulties.



Websites

### BLAQ

A website for the BlaQ Aboriginal Corporation - a group promoting a network of sharing and connection to support Aboriginal and Torres Strait Islander LGBTQ+ mob across the country.



Videos

### TALKING TRANS AND AGING WITH RUSTY

This video shows Rusty talking about her experience of being trans and how she found a sense of belonging. She also talks about the aging process and how she is embracing it.



Click here to connect to WellMob  
for other resources  
[www.wellmob.org.au](http://www.wellmob.org.au)

