

Signs of Concussion

You don't need to be knocked out to have concussion

Each concussion has different signs and symptoms

Concussion is a head injury that results from a blow to the head, neck, or body; causing the brain to move rapidly within the skull

Signs and Symptoms



- Lying still
- Slow to get up
- Tired / Drowsy



- Stumbling
- Poor balance



- Grab their head
- Headache



- Vision changes
- Confusion
- Difficulty concentrating

RED FLAGS - seek immediate medical care



- Neck pain
- Severe headache
- Double vision



- Vomiting



- Loss of consciousness
- Seizure



- Increasing agitation

The signs and symptoms of concussion usually go away in 2 - 4 weeks.