

TACKLING INDIGENOUS SMOKING

Smoking and the law

Laws around smoking are there to protect the public, our children and our future so that they don't grow up believing that its normal.

Basic laws about Tobacco and Smoking.

AS A PARENT OR GUARDIAN IS ILLEGAL FOR YOU TO PURCHASE OR SUPPLY YOUR CHILD WITH ANY TOBACCO / SMOKING PRODUCT.

- > No sale or supply to a person under 18.
- > No smoking in a car with someone under the age of 16.
- > No smoking within 10 metres of a playground, even when no sign is present.

Sell or supply of tobacco or e-cigarette product to minors \$1,200 fine.

Smoking within 10 metres of any Childs playground, the 10 metres is in place regardless of if there is a fence around the playground, the maximum fine is \$750

Smoking is banned under all public transport waiting areas that have a roof or covered by another buildings roof. Maximum fine is \$750 .

Anywhere smoking is banned or there is no smoking or a no smoking sign .

E-cigs/Vapes that contain Nicotine are illegal to sell or possess in Australia without a prescription from a Doctor.

For having in your possession, selling or supplying nicotine containing vape you can be jailed for a maximum of two years and fined a maximum of \$10,000 .

Buying illegal tobacco i.e. chop— chop or black market tobacco can lead to a jail term of 5 years and/ or a \$222,0000 fine.

What you can do:

- Quit smoking
- See your GP or midwife for access to NRT (patches, gums, lozenges etc.) these are safer than continuing to smoke
- Tell your friends and family you're quitting
- Get your partner in on the act too if you can
- Practice the 4Ds - Delay, drink water, distract yourself and practice deep breathing
- Call the Quitline on

137 848

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The good of the people is the greatest law.
— Marcus Tullius Cicero

