



Eye health measures for Aboriginal and Torres Strait Islander people 2024:

South Australia

Published October 2024

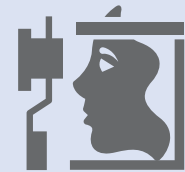
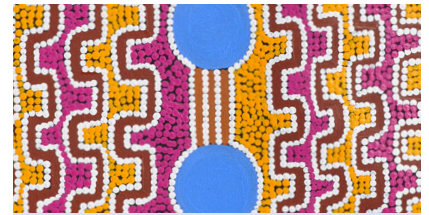
Eye health has a profound impact on a person's quality of life and ability to perform everyday activities. Lions Outback Vision notes that each year "thousands of Australians suffer from the debilitating effects of vision loss and blindness", yet 94% of vision loss is preventable or treatable ([Lions Outback Vision – Saving sight is our vision](#)).

Eye diseases and vision problems are the most common long-term health conditions reported by Aboriginal and Torres Strait Islander (First Nations) people (ABS, 2019). The main eye health conditions affecting First Nations people are refractive error, cataract and diabetic retinopathy. Trachoma is not commonly found in high-income countries but is endemic in some remote First Nations communities in Western Australia, South Australia and the Northern Territory ([Box 1](#)).

There is a substantial gap in access to eye health services between rural and remote areas and urban areas. Although vision impairment is similar across remoteness areas for non-Indigenous Australians, the age adjusted prevalence of vision impairment for First Nations Australians is higher in *Outer regional* areas and *Very remote* areas (Health Connect Consulting 2020). Because of this variability in access to services, measures in this report are examined by remoteness within the state using The Roadmap to Close the Gap for Vision regions ([Box 2](#)) where possible. Roadmap regions were assigned to one of 3 'predominant remoteness' categories (*Major cities, Inner and outer regional, or Remote and very remote*) based on the estimated distribution of First Nations people across Remoteness Areas (Edition 3) in 2021.

Across a continuum of care, eye health services cover prevention, screening, diagnosis and treatment services. This report presents eye health and eye health service measures across the continuum of care for the First Nations population in South Australia and compares this with the total national First Nations population. Comparisons with other Australians are also presented in the report. All rates referred to in the text or presented in figures and tables in this report are crude rates, unless specified otherwise.

This report is part of a series of reports, one for each state and territory. This report highlights programs particular to South Australia that aim to improve access to services and outcomes.



Around **1 in 7** First Nations people in South Australia had an eye examination by an optometrist or ophthalmologist in 2022–23.



1.1 per 1,000 First Nations people in South Australia were screened for diabetic retinopathy with a retinal camera in 2022–23.



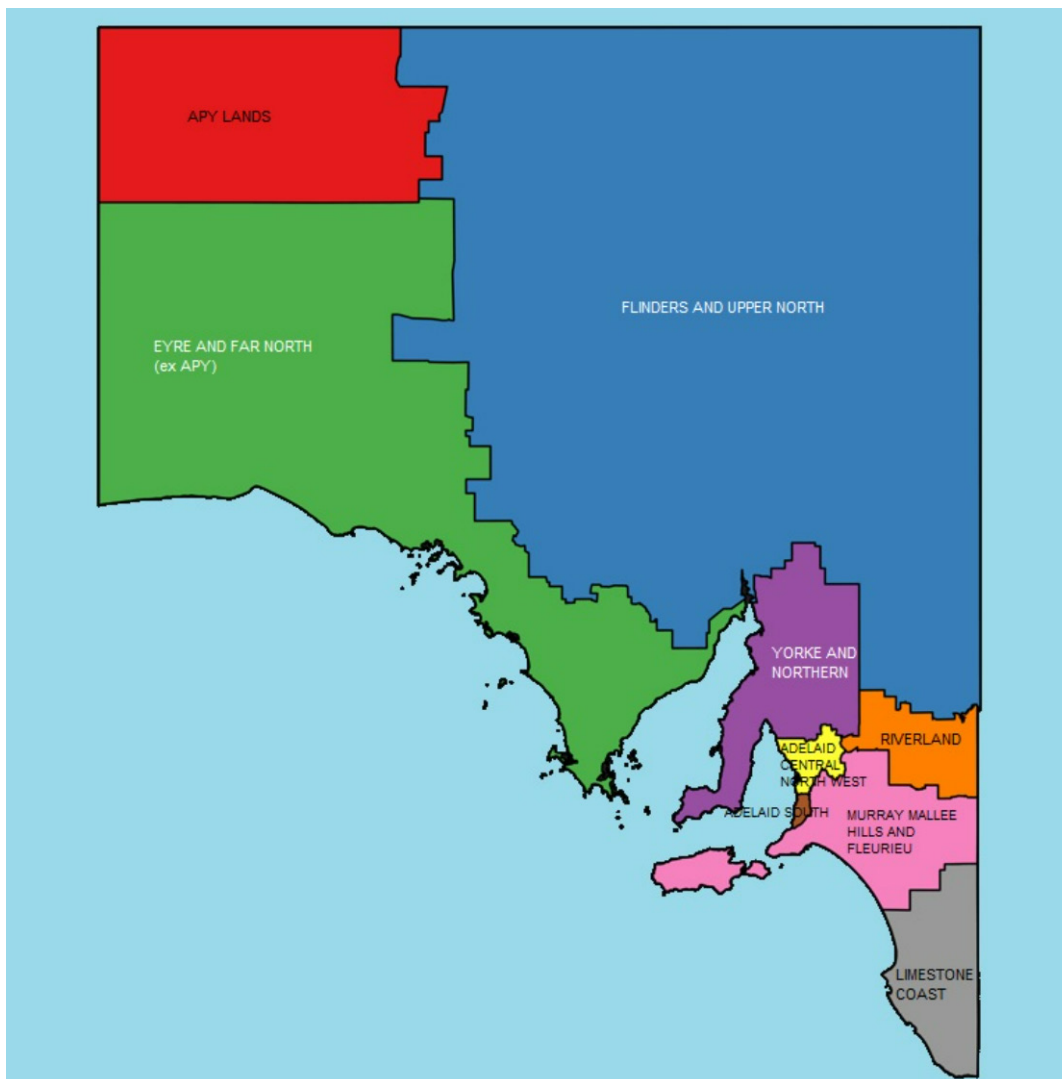
In 2021–23, **42%** of First Nations people's need for cataract surgery in South Australia was met.

Main Findings

- In 2018–19, in South Australia, 18,067 (64%) First Nations people aged 15 years and over reported eye and sight problems. This was higher than the national First Nations proportion, 52%.
- During the 2022–23 financial year, around 7,000 (14%) First Nations people in South Australia had an eye examination by an optometrist or ophthalmologist. The comparable rate for the national First Nations population was 14% (126,816).
- In 2022–23, in South Australia, there were 50 First Nations people (1.1 per 1,000 population) who were screened for diabetic retinopathy with a retinal camera. The comparable rate for the total First Nations population was 0.9 per 1,000 population (802).
- In 2021–23, the hospitalisation rate for First Nations people living in South Australia for diseases of the eye was 5.8 per 1,000 population. The comparable rate for the total First Nations population was 7.4 per 1,000 population.
- In 2021–23, the number of hospitalisations for cataract surgery for First Nations people in South Australia (382 hospitalisations) was below the estimated number of people needing cataract surgery (901). Therefore, only 42% of the need for cataract surgery was met. The comparable number of hospitalisations for the total First Nations population was 8,008 people which was also below the estimated number of people needing cataract surgery (17,031), only 47% of need met nationally.

South Australia population

Figure 1: South Australia-Roadmap regions



South Australia contains 9 Roadmap regions (Figure 1).

On 30 June 2021, the estimated resident population of First Nations people in South Australia was 52,069 or 2.9% of the South Australian population (ABS 2023). This represents 5.3% of the total First Nations population in 2021 (983,709 population).

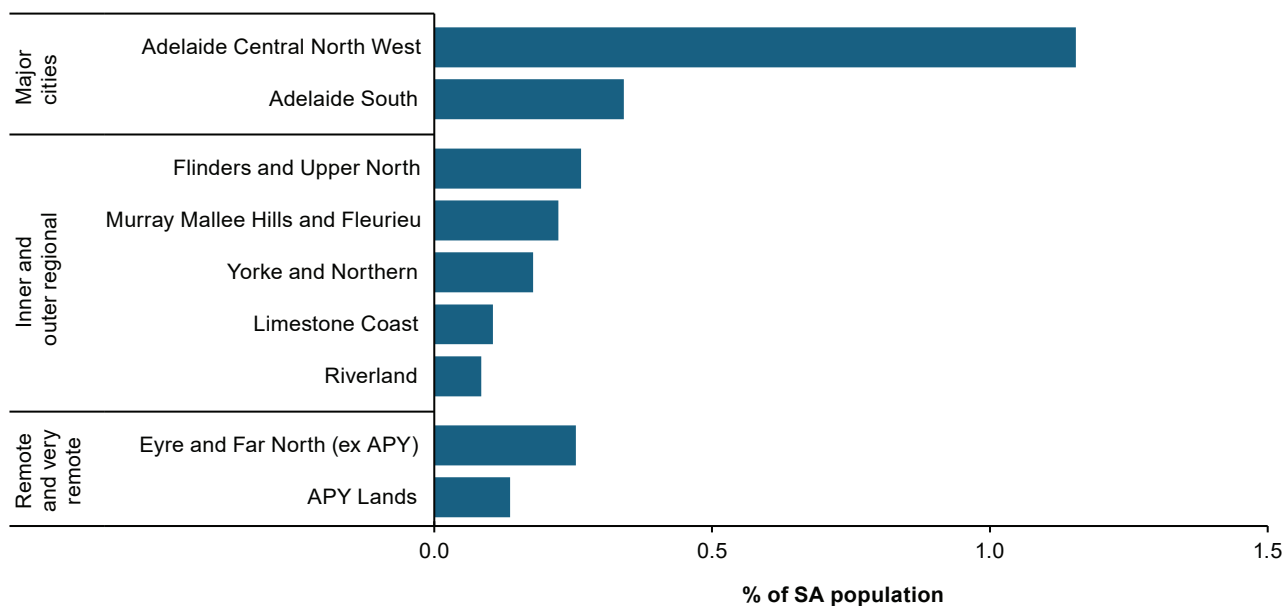
This represented an increase from the 2011 Census and 2016 Census which showed the estimated resident First Nations population was 2.3% (ABS 2013) and 2.5% (ABS 2018), respectively, of the South Australian population.

In 2021, just over half of the First Nations population living in South Australia lived in *Major cities*. Among the total population living in each South Australian remoteness area, the proportion of people who were First Nations was much higher in *Very remote* areas than other areas:

- 2.1% (28,409) of people living in South Australian *Major cities* were First Nations people
- 2.5% (4,443) in *Inner regional* areas
- 5.9% (12,238) in *Outer regional* areas
- 4.9% (2,188) in *Remote* areas
- 33.3% (4,791) in *Very remote* areas.

In 2023, the majority of First Nations people in South Australia lived in the Adelaide Central North West Roadmap region followed by Adelaide South, Flinders and Upper North and Eyre and Far North (ex APY) (Figure 2).

Figure 2: South Australia Roadmap regions, First Nations people, 2023



Remoteness ¹	Roadmap region	% of SA population ²
Major cities	Adelaide Central North West	1.2
	Adelaide South	0.3
	Sub-total	1.5
Inner and outer regional	Flinders and Upper North	0.3
	Murray Mallee Hills and Fleurieu	0.2
	Yorke and Northern	0.2
	Limestone Coast	0.1
	Riverland	0.1
	Sub-total	0.9
Remote and very remote	Eyre and Far North (ex APY) ³	0.3
	APY Lands ³	0.1
	Sub-total	0.4
SA		2.7

Notes:

- Roadmap regions were assigned to one of 3 'predominant remoteness' categories (*Major cities, Inner and outer regional, or Remote and very remote*) based on the estimated distribution of First Nations people across Remoteness Areas (Edition 3) in 2021. The geographic area of a Roadmap region may differ from the boundary of the remoteness area to which it is assigned.
- Roadmap region populations were modelled by the AIHW using 2016 ABS population estimates and projections (series B).
- APY Lands = Anangu Pitjantjatjara Yankunytjatjara Lands.

Eye health measures

Eye health prevalence

In 2018–19, in South Australia, 18,067 (64%) First Nations people aged 15 years and over reported eye and sight problems. This was higher than the national First Nations proportion, 52%.

In 2018–19, in South Australia, after adjusting for age differences between the First Nations and non-Indigenous populations, the rate of self-reported eye or sight problems for First Nations people was 59%. This was higher than the age adjusted rate for non-Indigenous Australians in South Australia, 55% (rate ratio of 1.1). This was also higher than the age adjusted national First Nations proportion, 49% (AIHW 2023).

Eye health diagnosis and screening

Primary health care providers, such as general practitioners and pharmacists, play a key role in detecting and diagnosing problems, treating minor eye conditions and referring patients for more specialised care. They also conduct annual health assessments. Optometrists provide dedicated eye specific primary care, vision and refraction assessment and eye health screening services including screening for diabetic retinopathy. Ophthalmologists provide medical and surgical eye specialist care and treatment for eye conditions including cataract surgery and treatments for diabetic retinopathy.

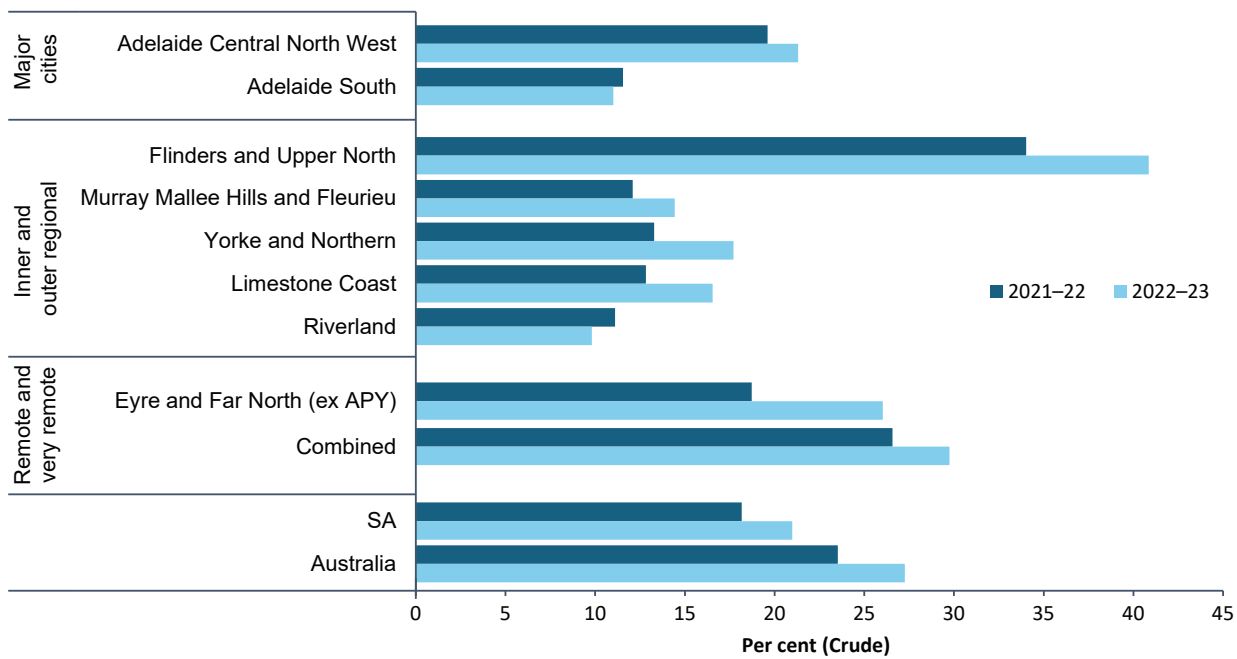
Annual health assessments

First Nations people can receive an annual health assessment, designed specifically for First Nations people, and funded through Medicare. A basic eye check is a mandatory part of the assessment and may include examining the eye, checking visual acuity, and referring the patient to an optometrist or ophthalmologist for comprehensive eye care if necessary.

In 2022–23, around one in five (21%, around 10,047) First Nations people in South Australia had an annual health check, lower than the national proportion (27%). In 2021–22, the proportion of health checks in South Australia was lower, just under one in five (18%, around 8,538), lower than the national First Nations proportion (24%) (Figure 3).

The proportion of general MBS annual health assessments for First Nations Australians in South Australia was highest in the Flinders and Upper North Roadmap region (1,528 or 34% in 2021–22 and 1,871 or 41% in 2022–23). The proportion of annual health assessments in almost all Roadmap regions increased between 2021–22 and 2022–23 (Figure 3).

Figure 3: Annual health assessments, by Roadmap Region, South Australia and Australia, First Nations people



Remoteness	Roadmap region	2021-22		2022-23	
		Number of people	Per cent	Number of people	Per cent
Major cities	Adelaide Central North West	3,886	19.6	4,307	21.3
	Adelaide South	675	11.6	656	11.0
Inner and outer regional	Flinders and Upper North	1,528	34.0	1,871	40.9
	Murray Mallee Hills and Fleurieu	464	12.1	565	14.4
	Yorke and Northern	404	13.3	549	17.7
	Limestone Coast	232	12.8	305	16.6
	Riverland	160	11.1	144	9.8
	SA	8,538	18.2	10,047	21.0
Remote and very remote	Eyre and Far North (ex APY)	814	18.7	1,153	26.0
	Combined	5,738	26.6	6,496	29.8
SA	8,538	18.2	10,047	21.0	
Australia	208,759	23.5	246,707	27.3	

Note: Combined = Central Australia, Ngaanyatjarra (NG) Lands and Anangu Pitjantjatjara Yankunytjatjara (APY) Lands

Source: AIHW analysis of MBS data.

Eye examinations by an eye care professional (optometrists and ophthalmologists)

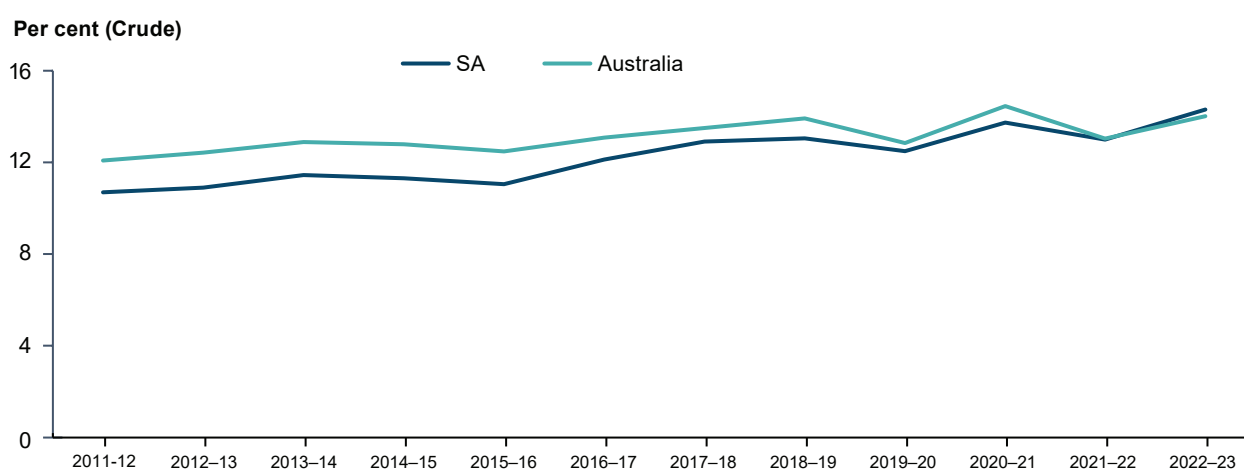
Patients may have one or a series of appointments with an optometrist or ophthalmologist. This measure includes only the first appointment.

The proportion of initial eye examinations for First Nations people in South Australia has increased slightly over time from 10.7% in 2011–12 to 14.3% in 2022–23. The proportion of eye examinations for First Nations people in South Australia has generally been slightly lower than for First Nations people nationally, however in 2023 eye examinations for South Australian First Nations people were slightly higher than the national First Nations percentage (Figure 4).

Optometrists – primary eye care professionals who perform eye examinations, vision tests for refractive error to prescribe glasses and critical screening for other eye conditions, some are therapeutically endorsed for limited prescribing rights

Ophthalmologists – medical eye specialists who provide diagnostic, treatment and preventive medical services related to diseases, injuries and deficiencies in the human eye, such as cataract surgery.

Figure 4: Eye examinations by an eye care professional, South Australia and Australia, First Nations people



Year	South Australia		Australia	
	Number of patients	Per cent	Number of patients	Per cent
2011-12	4,169	10.7	87,929	12.1
2012-13	4,331	10.9	92,393	12.4
2013-14	4,632	11.4	97,873	12.9
2014-15	4,657	11.3	99,155	12.8
2015-16	4,632	11.1	98,683	12.5
2016-17	5,175	12.1	105,430	13.1
2017-18	5,617	12.9	110,951	13.5
2018-19	5,786	13.0	116,560	13.9
2019-20	5,644	12.5	109,709	12.8
2020-21	6,332	13.7	125,862	14.5
2021-22	6,105	13.0	115,735	13.0
2022-23	6,852	14.3	126,816	14.0

Source: AIHW analysis of MBS data.

The age adjusted proportion of the national population who had an initial eye examination by an optometrist or ophthalmologist has been consistently lower for First Nations people than for non-Indigenous Australians from 2011–12 to 2022–23. The First Nations age adjusted national proportion ranged from 18% to 20%, over this period, while the non-Indigenous proportion ranged from 22% to 27%, over the same period. In 2022–23, after adjusting for differences in age structure, First Nations Australians were less likely than non-Indigenous Australians to have an eye examination (rate ratio of 0.7, rate difference of -7.5).

Screening for diabetic retinopathy

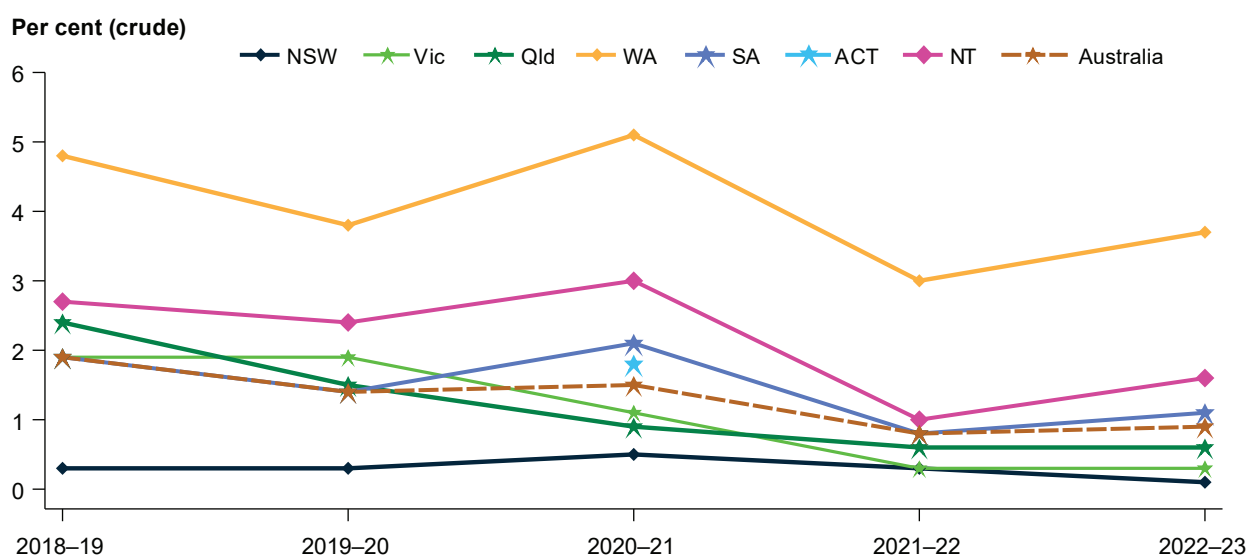
Diabetic retinopathy is an eye condition that can cause vision loss and blindness in people who have diabetes. Current guidelines recommend that First Nations people with diabetes have an annual eye examination to screen for diabetic retinopathy (National Health and Medical Research Council 2008).

In the 2016 National Eye Health Survey, just over half (53%) of First Nations participants aged 40 and over with self-reported diabetes had a diabetic eye examination in the preceding 12 months. This varied by remoteness, with participants in Very remote areas having the lowest proportion of examinations (35%).

More recent Medicare data of rates of eye examinations among those tested for diabetes indicate whether people who may have diabetes are accessing eye examinations and retinopathy screening. Not all people who have a diabetes test have diabetes so this measure may be an underestimate.

In 2022–23, the screening rate for diabetic retinopathy with a retinal camera for First Nations people in in South Australia, was 1.1 per 1,000 population (50 people). This was similar to the national screening rate for First Nations people (0.9 per 1,000 population) (Figure 5).

Figure 5: Screened for diabetic retinopathy with a retinal camera, by state/territory, First Nations people



	2018-19		2019-20		2020-21		2021-22		2022-23	
	Number of patients	Rate per 1,000	Number of patients	Rate per 1,000	Number of patients	Rate per 1,000	Number of patients	Rate per 1,000	Number of patients	Rate per 1,000
NSW	93	0.3	88	0.3	140	0.5	99	0.3	35	0.1
Vic	115	1.9	121	1.9	73	1.1	20	0.3	23	0.3
Qld	566	2.4	354	1.5	231	0.9	152	0.6	150	0.6
WA	512	4.8	403	3.7	557	5.1	330	3.0	418	3.7
SA	85	1.9	65	1.4	98	2.1	40	0.8	50	1.1
Tas	—	—	n.p.	n.p.	—	—	n.p.	n.p.	—	—
ACT	—	—	n.p.	n.p.	15	1.8	n.p.	n.p.	—	—
NT	211	2.7	165	2.1	234	3.0	79	1.0	126	1.6
Australia	1,582	1.9	1,196	1.4	1,348	1.5	722	0.8	802	0.9

Note: n.p. = not published due to small numbers. — = Number of patients and rate was 0.

Source: AIHW analysis of MBS data.

Eye health treatment

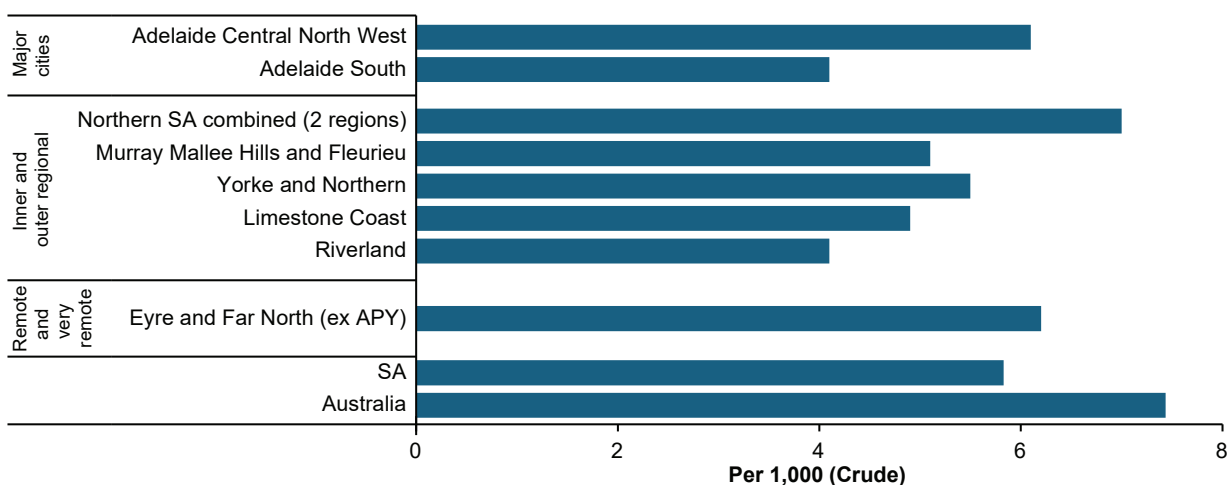
Different eye problems require different treatments. For example, surgery is required to remove cataracts while refractive error is treated by using visual aids, such as glasses and contact lenses.

Hospitalisations for diseases of the eye

In the 2-year period, 2021–23, there were 553 hospitalisations (5.8 per 1,000 population) for First Nations people for diseases of the eye in South Australia.

In 2021–23, in South Australia, hospitalisation rates for eye diseases were highest in the Roadmap region of Northern SA combined (a combination of APY lands and Flinders and Upper North regions) (7.0 per 1,000 population, 97 hospitalisations) (Figure 6).

Figure 6: Hospitalisation rates for diseases of the eye, by Roadmap region, South Australia and Australia, First Nations people, 2021–23



Remoteness	Roadmap region	Number of separations	Rate per 1,000
Major cities	Adelaide Central North West	246	6.1
	Adelaide South	49	4.1
Inner and outer regional	Northern SA combined (2 regions)	97	7.0
	Murray Mallee Hills and Fleurieu	40	5.1
	Yorke and Northern	34	5.5
	Limestone Coast	18	4.9
	Riverland	12	4.1
Remote and very remote	Eyre and Far North (ex APY)	55	6.2
SA	SA	553	5.8
Australia	Australia	13,329	7.4

Note: Northern SA combined (2 regions) = Anangu Pitjantjatjara Yankunytjatjara (APY) Lands and Flinders and Upper North.

Source: AIHW analysis of NHMD.

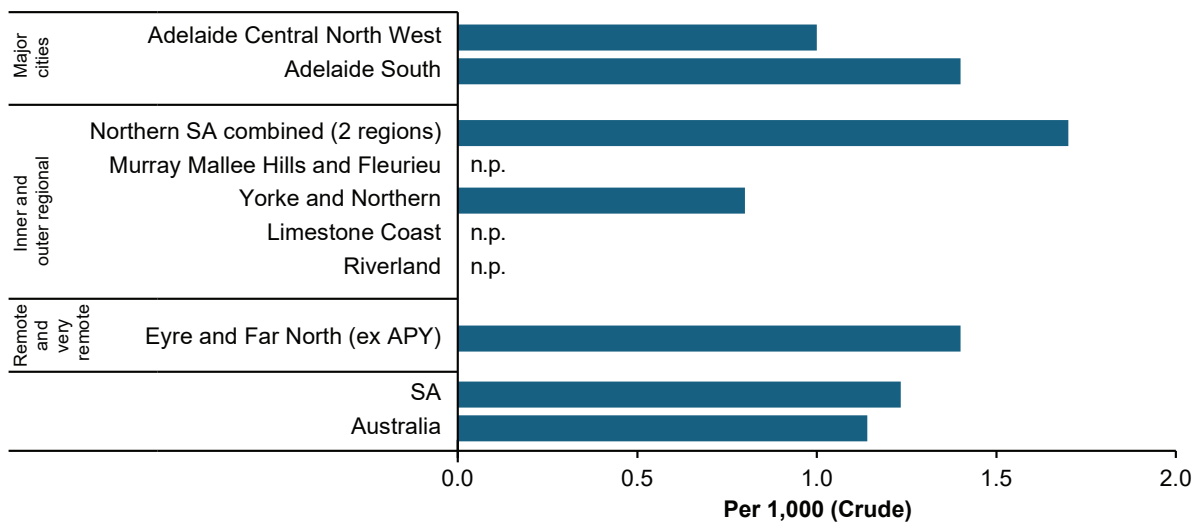
In 2021–23 in South Australia, after adjusting for age differences between the First Nations and non-Indigenous populations, the hospitalisation rate for First Nations Australians for diseases of the eye (11.0 per 1,000 population) was lower than the non-Indigenous hospitalisation rate (14.2 per 1,000 population); rate ratio of 0.8, rate difference of -3.3.

Hospitalisations for injuries to the eye

In the 2-year period, 2021–23, for First Nations people nationally, the most common principal diagnosis for hospitalisations for injury to the eye were an open wound of eyelid and periocular area, periorbital fracture and superficial injuries of eyelid and periocular area. In 2021–23, in South Australia there were 117 hospitalisations (1.2 per 1,000 population) for First Nations people for injuries to the eye.

In two of the eight Roadmap regions in South Australia, hospitalisation rates for injuries to the eye for First Nations people were higher than the Australian rate. The number and rate of separations was too low to be published in three of South Australia's Roadmap regions (Figure 7).

Figure 7: Hospitalisation rates for injuries to the eye, by Roadmap region, South Australia and Australia, First Nations people, 2021–23



Remoteness	Roadmap region	Number of separations	Rate per 1,000
Major cities	Adelaide Central North West	42	1.0
	Adelaide South	17	1.4
Inner and outer regional	Northern SA combined (2 regions)	24	1.7
	Murray Mallee Hills and Fleurieu	n.p.	n.p.
	Yorke and Northern	5	0.8
	Limestone Coast	n.p.	n.p.
	Riverland	n.p.	n.p.
Remote and very remote	Eyre and Far North (ex APY)	12	1.4
SA		117	1.2
Australia		2,045	1.1

Notes:

1. n.p. = not published due to small numbers.
2. Northern SA combined (2 regions) = Anangu Pitjantjatjara Yankunytjatjara (APY) Lands and Flinders and Upper North.

Source: AIHW analysis of NHMD.

In 2021–23 in South Australia, after adjusting for age differences between the First Nations and non-Indigenous populations, the hospitalisation rate for First Nations Australians for injuries to the eye (1.3 per 1,000 population) was notably higher than the non-Indigenous hospitalisation rate (0.6 per 1,000 population); rate ratio of 3.8, rate difference of 1.0.

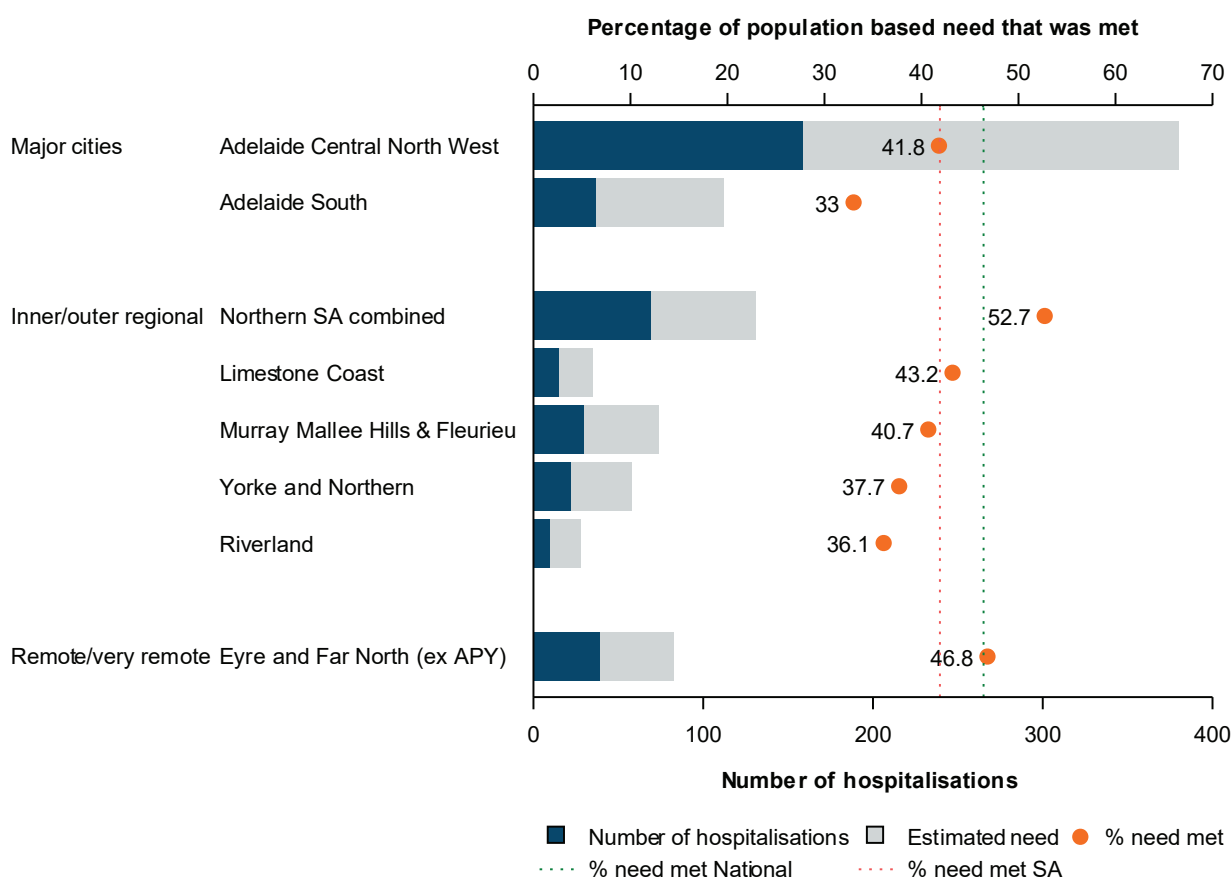
Cataract surgery

In the 2-year period, 2021–23, there were 382 hospitalisations for First Nations people for cataract surgery in South Australia. In 2021–23, the number of hospitalisations for cataract surgery in South Australia for First Nations people was below the estimated number of people needing cataract surgery (901) (IEHU 2017). The data do not include outpatient surgery and may underestimate the number of procedures and, therefore, the percentage of need for cataract surgery that was met.

The number of people needing cataract surgery was calculated using the University of Melbourne IEHU ‘Calculator for the delivery and coordination of eye care services’, based on the 2008 National Indigenous Eye Health Survey and models of service delivery developed in the Roadmap to Close the Gap for Vision (IEHU 2017). This calculator uses the First Nations population for a community or region to estimate the annual need for eye care services in that area.

In 2021–23, the roadmap region with the highest proportion of need for cataract surgery that was met was Northern SA combined (Anangu Pitjantjatjara Yankunytjatjara (APY) Lands and Flinders and Upper North), 53% of need met. In 2021–23, in one of the eight South Australian Roadmap Regions, a higher proportion of First Nations people’s need for cataract surgery was met than was met nationally (Figure 8).

Figure 8: Hospitalisation rates, need for cataract surgery and proportion of need that was met, by Roadmap Region, South Australia and Australia, First Nations people, 2021–23



(continued)

Figure 8 (continued): Hospitalisation rates, need for cataract surgery and proportion of need that was met, by Roadmap Region, South Australia and Australia, First Nations people, 2021–23

Remoteness	Roadmap region	Hospitalisations	Rate per 1,000,000	Hospitalisations need	Percentage of need that was met
Major cities	Adelaide Central North West	159	3,973	380	41.8
	Adelaide South	37	3,136	112	33.0
Inner and outer regional	Northern SA combined (2 regions)	69	5,003	131	52.7
	Murray Mallee Hills and Fleurieu	30	3,868	74	40.7
	Yorke and Northern	22	3,578	58	37.7
	Limestone Coast	15	4,109	35	43.2
	Riverland	10	3,432	28	36.1
Remote and very remote	Eyre and Far North (ex APY)	39	4,444	83	46.8
SA		382	4,027	901	42.4
Australia		8,008	4,467	17,031	47.0

Note: Northern SA combined (2 regions) = Anangu Pitjantjatjara Yankunytjatjara (APY) Lands and Flinders and Upper North.

Source: AIHW of NHMD, and AIHW analysis of calculator for the delivery and coordination of eye care services (IEHU).

In 2021–23 in South Australia, after adjusting for age differences between the First Nations and non-Indigenous populations, the hospitalisation rate for First Nations Australians for cataract surgery (8,151 per 1,000,000 population) was similar to the non-Indigenous hospitalisation rate (8,206 per 1,000,000 population); rate ratio of 1.0, rate difference of -55. The cataract surgery rate was calculated per 1,000,000 to align with international standards (WHO 2013).

Trachoma and trichiasis

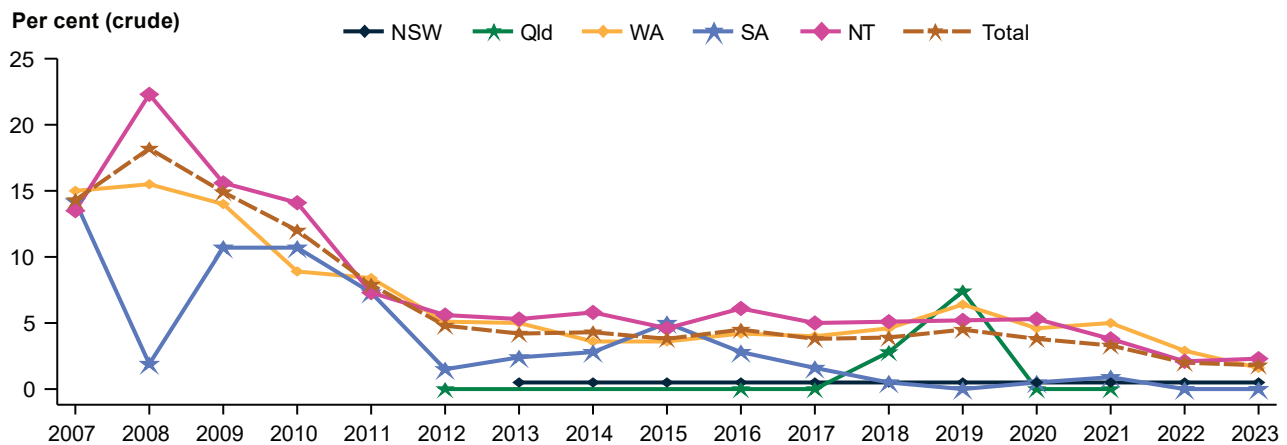
Trachoma is the world's leading infectious cause of preventable blindness, caused by the bacteria *Chlamydia trachomatis*. Australia is the only high-income country in which trachoma has remained endemic. Trachoma is primarily found in remote Aboriginal and Torres Strait Islander communities in Western Australia, South Australia and the Northern Territory. Antibiotics, facial cleanliness and environmental improvements are used to control the spread of trachoma. Surgery is required to correct trachomatous trichiasis, an advanced sequela of multiple trachoma infections that lead to vision loss and blindness (WHO Alliance for the global elimination of Trachoma, 2023).

In 2023, 11 communities were identified as being at risk of trachoma in South Australia (Kirby Institute, in press). Health hygiene promotion and activities were delivered across rural and remote communities, through South Australian Government funding of Aboriginal Community Controlled Health Organisations (ACCHOs), the Aboriginal Health Council SA, and Aboriginal Community Care. These activities include improving washing facilities and hygiene education in rural and remote schools, provision of trachoma and trichiasis training activities to the health workforce across the state, and delivering a trachoma awareness campaign through television, radio and social media platforms (Kirby Institute 2023).

Trachoma and trichiasis, prevalence and treatment

In 2023, jurisdictions designated 67 remote Indigenous communities in the Northern Territory, South Australia and Western Australia as at risk of endemic trachoma. New South Wales and Queensland were declared non endemic for trachoma in 2017 and 2022 respectively. Nationally, the overall prevalence of trachoma in children aged 5–9 years fell from 14% in 2007 to 1.8% in 2023. Overall prevalence was 0.5% in New South Wales, 2.3% in the Northern Territory, 0% in South Australia, and 1.6% in Western Australia in 2023 (Table 1 and Figure 9). Eighteen communities nationally received antibiotic treatment for chlamydial infection in 2023. Treatment coverage for cases detected in screening activities was 99%, with 81% of household and community contacts also treated (Figure 9).

Figure 9: Overall trachoma prevalence among Aboriginal children aged 5–9 years in all current and former at-risk communities



Note: Overall prevalence was calculated using the most recent data for all at-risk communities screened in 2023, as well as the most recent data carried forward from at-risk communities that did not screen, and communities removed from the at-risk register. More information can be found in Table 1.2 [Australian Trachoma Surveillance Reports | Kirby Institute \(unsw.edu.au\)](#)

Sources: Kirby Institute 2011, 2012, 2013, 2014, 2015, 2016, 2018, 2019a, 2019b, 2020, 2021, 2022, 2023, in press.

Table 1: Trachoma screening coverage, trachoma prevalence and clean face prevalence in children aged 5–9 years by jurisdiction, Australia, 2023

	Northern Territory	South Australia	Western Australia	Total
Number of communities screened	31	11	25	67
Estimated number* of Aboriginal children in communities	753	240	443	1436
Children examined for clean face	711	213	411	1335
Children with clean face	523	181	288	992
Clean face prevalence (%)	74	85	70	74
Children screened for trachoma	684	213	403	1300
Trachoma screening coverage (%)	91	89	91	91
Children with active trachoma	57	0	17	74
Observed prevalence of active trachoma (%)†	8.3	0	4.2	5.7
Overall prevalence of active trachoma (%)‡	2.3	0	1.6	1.8

† Includes only communities that were screened for trachoma in 2023

‡ Calculated carrying forward most recent data in all communities considered at-risk of trachoma at some time since 2007

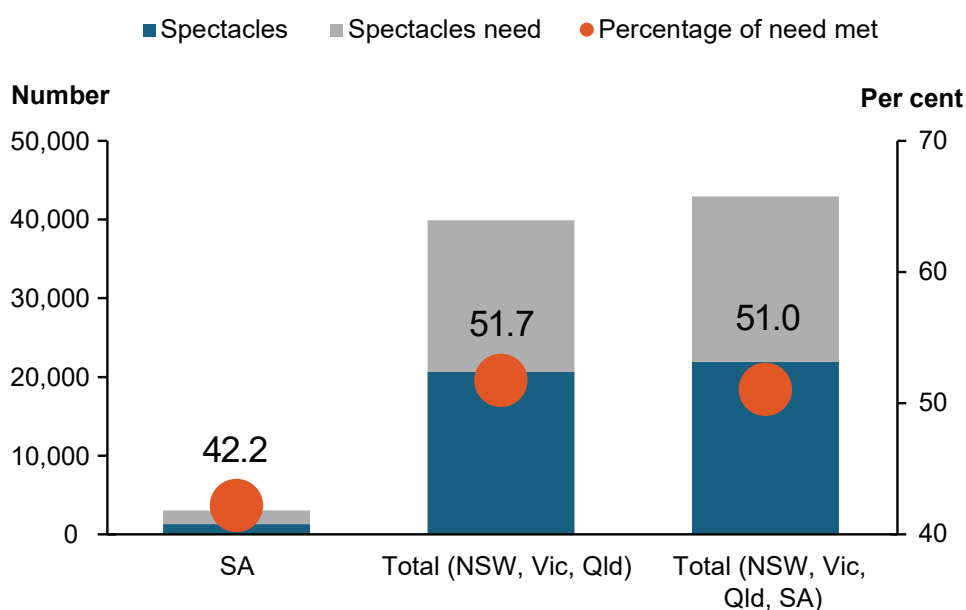
Source: Kirby Institute in press.

Nationally, in 2023, 13,219 adults aged 15 years and over in 150 at risk and previously at risk communities were screened for trichiasis. There were 9 cases of trichiasis detected in persons aged 15 years and older, with a prevalence in screened persons of 0.07%. Surgery for trachoma related trichiasis was reported by jurisdictional teams to have been undertaken for 7 adults in 2023.

Subsidised spectacles

All states and territories have schemes that provide eye care and visual aids, including glasses, to eligible people at low or no cost. In 2022–23, across the four states able to provide data (New South Wales, Victoria, Queensland and South Australia), around 21,900 spectacles were provided to First Nations people through the schemes. In 2022–23, 1,292 spectacles were provided to First Nations people under the South Australian scheme (27 per 1,000 population). The estimated number of spectacles needed (3,063) was considerably greater than the number dispensed; meaning only 42% of the need was met (Figure 10).

Figure 10: State spectacles schemes, number of spectacles dispensed and need, First Nations people, 2022–23



State/Territory	Spectacles number	Spectacles need	Percentage of need met
SA	1,292	3,063	42.2
Total (NSW, Vic, Qld)	20,629	39,891	51.7
Total (NSW, Vic, Qld, SA)	21,921	42,954	51.0

Note: The estimated number of people needing spectacles was derived from the calculator for the coordination and delivery of eye care services (IEHU 2017).

Sources: AIHW analysis of Calculator for the delivery and coordination of eye care services (IEHU 2017), SA Department of Human Services (unpublished).

Eye health workforce

The size and location of the eye health workforce gives a broad indication of access to specialists and eye services.

Eye Health Workforce:

Optometrists – primary eye care professionals – described above

Ophthalmologists – medical eye specialists – described above

Allied ophthalmic personnel include:

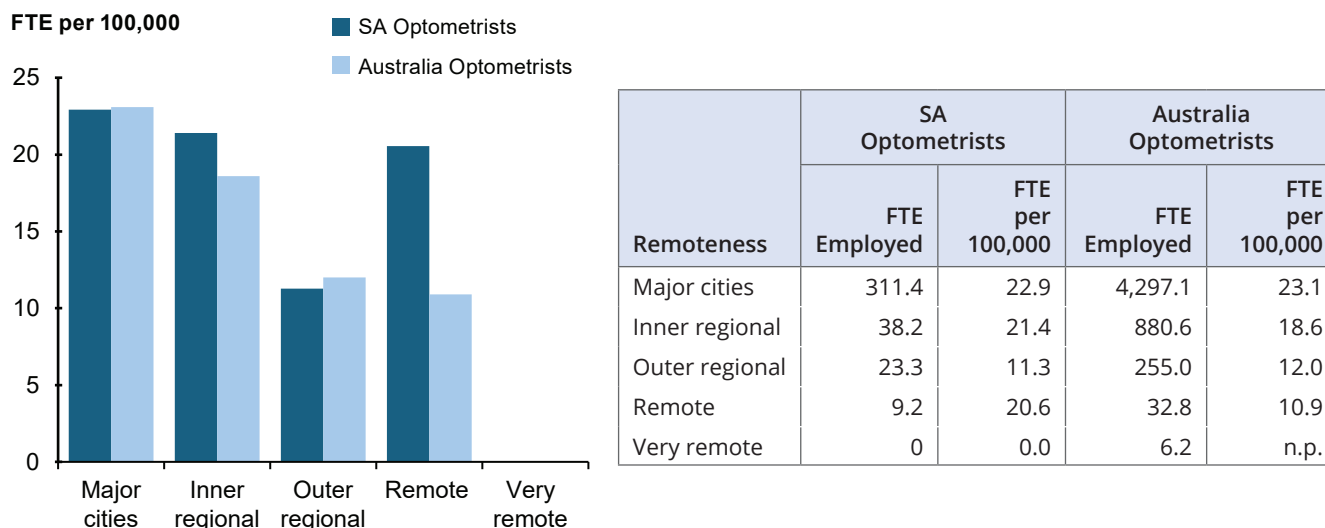
- **optical dispensers** who supply and manage spectacles and contact lenses
- **opticians** who fit glasses and contact lenses
- **ophthalmic nurses** who test vision and provide other eye tests under medical direction
- **orthoptists** who diagnose and manage eye movement disorders

Full-time equivalent (FTE) The FTE is a measure used to present data on the eye health workforce. It is calculated by dividing the total hours worked by employees in an occupation, by the standard hours worked.

Full-time equivalent (FTE) rate (number of FTE practitioners per 100,000 population) is a measure of workforce supply.

There were 410 optometrists (21.0 FTE per 100,000 population) employed in 2022 and 72 ophthalmologists (4.1 FTE per 100,000 population) employed in 2023 in South Australia. In 2021 there were 523 optical dispensers (18.5 FTE per 100,000 population) employed in South Australia. The FTE rate per 100,000 of optometrists was highest in South Australia and nationally in Major cities (Figure 11).

Figure 11: Optometrists, by remoteness, South Australia and Australia, 2022



Notes:

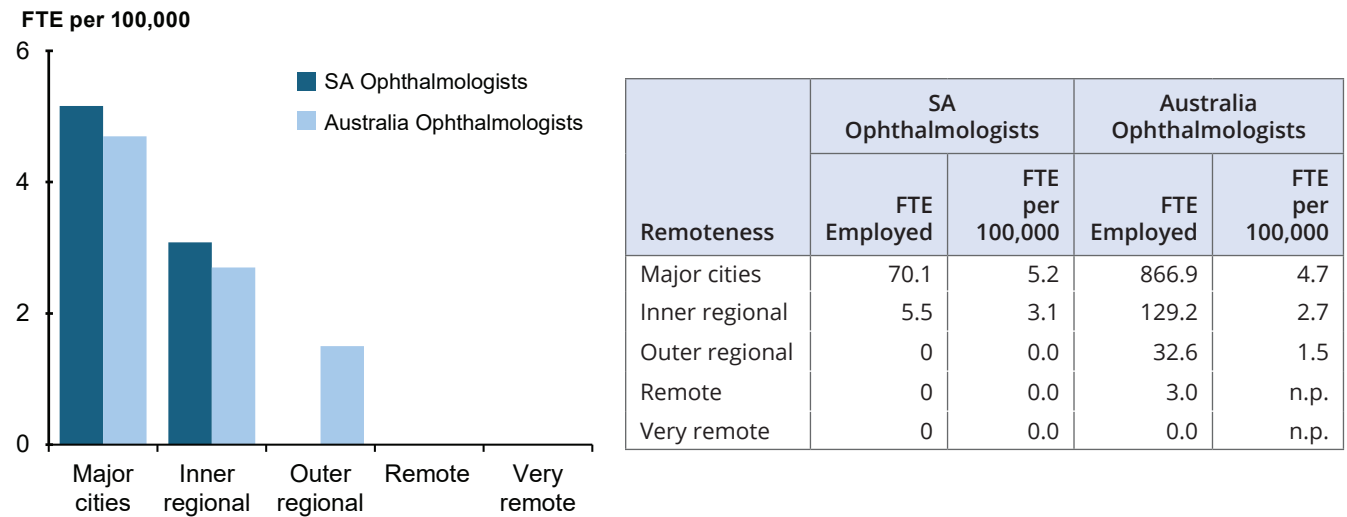
1. Data for optometrists are based on those employed in Australia working in their registered profession.

2. FTE per 100,000 population are based on a 38-hour week.

Sources: AIHW analysis of National Health Workforce Dataset.

The Australian ophthalmology workforce is skewed toward metropolitan areas. In 2023, the FTE rates per 100,000 population of ophthalmologists was highest in South Australia and nationally in Major cities. There were no ophthalmologists employed full time in Outer regional or Remote areas in South Australia and in Very remote areas nationally or in South Australia (Figure 12).

Figure 12: Ophthalmologists, by remoteness, South Australia and Australia, 2023



Notes:

1. Data for ophthalmologists are based on those employed in Australia working in their registered profession.
2. FTE per 100,000 population are based on a 38-hour week.

Sources: AIHW analysis of National Health Workforce Dataset.

Outreach and other programs

Australian Government outreach programs are designed to address the uneven distribution of the health workforce and to improve access to eye health services across Australia. For example, The Aboriginal Health Council of South Australia runs an eye health program that aims to maintain good vision and healthy eyes for all First Nations people in the state, acknowledging the complexities and barriers to care that are heightened in remote communities. The eye health program provides, among other things, on-the-ground support for outreach optometrist and ophthalmologist visits, including patient lists, client flow, equipment, fitting glasses, referrals and other follow ups (AHCSA 2024).

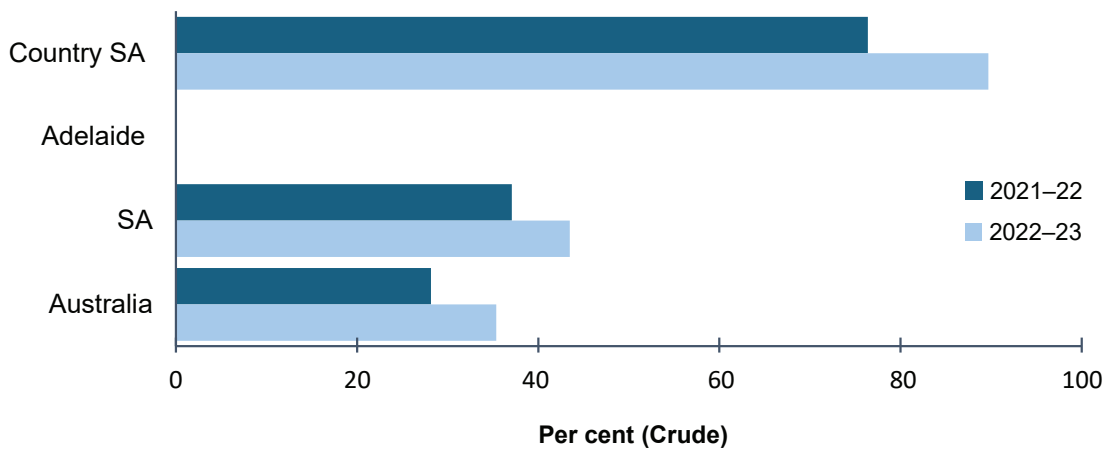
In addition, several programs provide specialist eye health services, primarily in regional and remote areas of Australia. The outreach programs include the Visiting Optometrists Scheme (VOS), the Rural Health Outreach Fund (RHOFF), the Medical Outreach Indigenous Chronic Diseases Program (MOICDP), the Eye and Ear Surgical Support Service (EESSS), and the Coordination of Indigenous Eye Health.

This section focusses on eye health services provided through the VOS in South Australia. Data on the other outreach programs are available in [Eye Health measures for Aboriginal and Torres Strait Islander people 2024](#).

Organisations supported through outreach programs are referred to as fundholders. Fundholders make effective use of available funding to identify and meet community needs. The jurisdictional fundholders liaise regularly to monitor and evaluate workforce needs and service delivery to make best-practice improvements (RWAV 2017). There are 7 jurisdictional fundholders for the Australian Government’s eye health outreach programs. In South Australia this is the Rural Doctor’s Workforce Agency.

In 2022–23 there were 2,085 (43.5 per 1,000 population) VOS occasions of service provided to First Nations patients in South Australia. This was an increase from 2021–22, where there were 1,743 (37.1 per 1,000 population) VOS occasions of service. In 2022–23, the majority of these services were provided in the Country SA Primary Health Network (PHN) (2,085, 89.7 per 1,000 population) (Figure 13).

Figure 13: VOS occasions of service, by Primary Health Network, South Australia and Australia, First Nations people



PHN	2021-22		2022-23	
	Number of services	Rate per 1,000	Number of services	Rate per 1,000
Country SA	1,743	76.4	2,085	89.7
Adelaide	0	0.0	0	0.0
SA	1,743	37.1	2,085	43.5
Australia	24,992	28.2	32,001	35.4

Source: AIHW analysis of Department of Health and Aged Care data (unpublished).

Box 1

Main eye health conditions affecting First Nations people

Refractive error refers to problems with the focusing of light and causes long- or short- sightedness. It can generally be corrected with spectacles, contact lenses or laser surgery (National Eye Institute 2010)

Cataract is a degenerative condition when the lens of the eye clouds over obstructing the passage of light to the retina and causing vision impairment or eventually blindness

Diabetic retinopathy is a complication of diabetes and involves damage to the blood vessels of the retina. All diabetics can eventually develop diabetic retinopathy, even with good diabetic control, and suffer visual disturbance and vision loss, if diabetes is poorly managed, diabetic retinopathy can result in blindness (Healthinfonet 2016)

Trachoma is an infectious disease of the eye caused by the bacterium *Chlamydia trachomatis*. Repeated episodes of infection can eventually cause loss of vision and blindness.

Box 2

Area classifications

Data for some measures are reported for smaller geographic areas, including PHNs and Roadmap regions:

Primary Health Networks (PHNs) are 31 geographic areas covering Australia, with boundaries defined by the Department of Health and Aged Care. They vary in relation to the size of the Aboriginal and Torres Strait Islander populations that live there and by the proportion of the total population that is Aboriginal and Torres Strait Islander. Data relate to the services provided to those living in these areas, and not to whether the PHNs provided the services. There are two PHN's in South Australia: Adelaide and Country SA. A map and list of PHN areas are available in [Appendix A](#).

Roadmap to close the gap for vision regions evolved out of the University of Melbourne's Indigenous Eye Health Unit (IEHU) Roadmap to Close the Gap for Vision project to review health service provision for Aboriginal and Torres Strait Islander people and to develop a model to improve their eye care. There are 64 regions in which local collaborations to improve eye care pathways for Aboriginal and Torres Strait Islander patients have been initiated most of which have a 'surgical hub' or hospital where cataract surgery can be performed and a network of stakeholders, mostly centred around Aboriginal Community Controlled Health Services, who contribute to improved pathways of care and outcomes. There are nine Roadmap Regions in South Australia: APY Lands, Flinders and Upper North, Eyre and Far North (ex APY), Yorke and Northern, Riverland, Adelaide Central North West, Adelaide South, Murray Mallee Hills and Fleurieu and Limestone Coast. A map and list of Roadmap regions are available in [Appendix B](#).

Box 3

Data gaps and limitations

Prevalence

Eye health prevalence Data on self-reported eye or sight problems come from 10,579 Aboriginal and Torres Strait people in Australia included in the 2018–19 NATSIHS (ABS 2019). Self-reported data on various health conditions, including diseases of the eye/adnexa – referred to as ‘eye or sight problems’ in this report were collected. As data are self-reported they have not necessarily been diagnosed by a health professional and do not include eye conditions that respondents are unaware that they have. Survey results are subject to sampling errors as only a proportion of the population is used to produce estimates that represent the whole population.

Eye health diagnosis and screening

Eye examinations by an eye care specialist (optometrist or ophthalmologist) MBS data reflect billing practices, and not necessarily all services received. For example, MBS data do not generally capture equivalent services provided by jurisdiction-funded primary health care, GP’s, nurses, health workers or by public hospitals – for example, eye examinations undertaken by salaried ophthalmologists in public hospitals. Equivalent or similar care may also be billed as a different MBS item (such as a standard consultation).

Screening for diabetic retinopathy Screening for diabetic retinopathy can be provided in several ways, including direct observations by a health professional during eye examinations or by using a retinal camera. MBS data reflect billing practices and not necessarily all services received. For example, the MBS data for this sub-measure do not capture equivalent services provided by eye care practitioners, optometrists and ophthalmologists, jurisdiction-funded primary health care, public hospitals or where retinal cameras are used without billing MBS.

Treatment

Hospitalisation data The data may underestimate the number of eye specialist clinical work provided, as it does not include those undertaken on an outpatient basis. This may also mean the percentage of need for cataract surgery that was met may also be an underestimate.

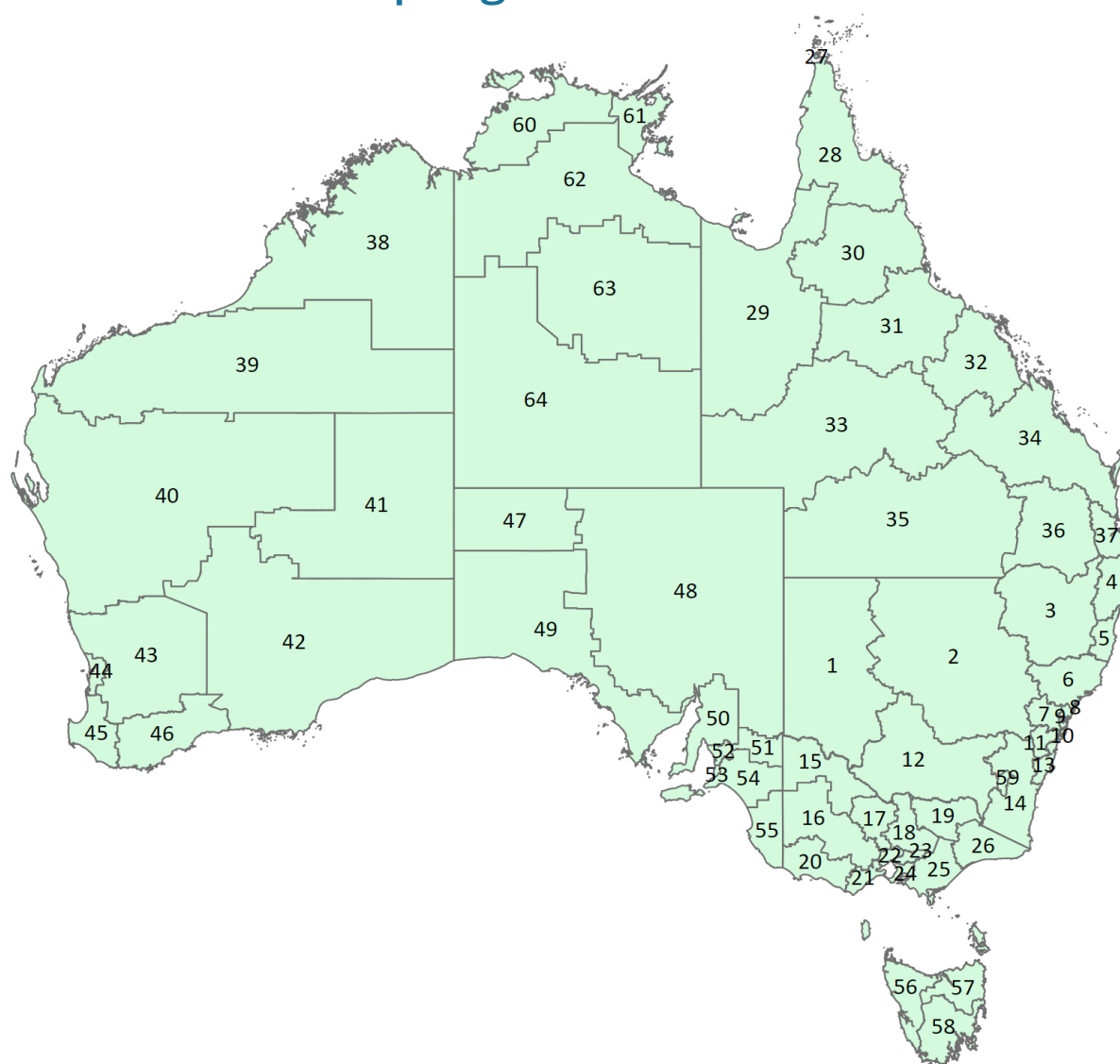
Trachoma and trichiasis Treatment strategies depend on the prevalence and extent of case clustering, such as treatment of active cases and contacts versus community-wide treatment. Screening coverage estimates are a guide only. Screening of Aboriginal and Torres Strait Islander adults for trichiasis may be undertaken opportunistically, such as during annual health assessments, and may not be included in the data. Data may also include multiple patient screenings. Coverage is derived from ABS census data and is linked to current trachoma endemic regions. Estimates do not consider changing endemic regions over time and transiency between regions. Trichiasis surgery cases may include cases identified in previous years.

Appendix A: PHN regions



No.	State	PHN	No.	State	PHN
1	NSW	Central and Eastern Sydney	17	QLD	Brisbane North
2	NSW	Northern Sydney	18	QLD	Brisbane South
3	NSW	Western Sydney	19	QLD	Gold Coast
4	NSW	Nepean Blue Mountains	20	QLD	Darling Downs and West Moreton
5	NSW	South Western Sydney	21	QLD	Western Queensland
6	NSW	South Eastern NSW	22	QLD	Central Queensland, Wide Bay, Sunshine Coast
7	NSW	Western NSW	23	QLD	Northern Queensland
8	NSW	Hunter New England and Central Coast	24	WA	Perth North
9	NSW	North Coast	25	WA	Perth South
10	NSW	Murrumbidgee	26	WA	Country WA
11	VIC	North Western Melbourne	27	SA	Adelaide
12	VIC	Eastern Melbourne	28	SA	Country SA
13	VIC	South Eastern Melbourne	29	Tas	Tasmania
14	VIC	Gippsland	30	ACT	Australian Capital Territory
15	VIC	Murray	31	NT	Northern Territory
16	VIC	Western Victoria			

Appendix B: Roadmap regions



No.	State	Roadmap region	No.	State	Roadmap region	No.	State	Roadmap region
1	NSW	Far West NSW	23	VIC	Eastern Metropolitan Melbourne	45	WA	South West
2	NSW	Western NSW	24	VIC	South East Metropolitan Melbourne	46	WA	Great Southern
3	NSW	Central Tablelands	25	VIC	Central Gippsland	47	SA	APY Lands
4	NSW	North Coast	26	VIC	East Gippsland	48	SA	Flinders and Upper North
5	NSW	Mid North Coast	27	QLD	Torres Strait	49	SA	Eyre and Far North (ex APY)
6	NSW	Hunter	28	QLD	Cape York	50	SA	Yorke and Northern
7	NSW	Western Metropolitan Sydney	29	QLD	North West Queensland	51	SA	Riverland
8	NSW	Central Coast	30	QLD	Cairns	52	SA	Adelaide Central North West
9	NSW	Northern Metropolitan Sydney	31	QLD	Townsville / Palm Island	53	SA	Adelaide South
10	NSW	Eastern Metropolitan Sydney	32	QLD	Mackay	54	SA	Murray Mallee Hills and Fleurieu
11	NSW	South West Metropolitan Sydney	33	QLD	Central West Queensland	55	SA	Limestone Coast
12	NSW	Riverina (Murrumbidgee)	34	QLD	Central Queensland	56	Tas	North West
13	NSW	South Coast	35	QLD	South West Queensland	57	Tas	North
14	NSW	Far South Coast	36	QLD	Darling Downs	58	Tas	South
15	VIC	Mallee	37	QLD	South East Queensland	59	ACT	Australian Capital Territory
16	VIC	Grampians	38	WA	Kimberley	60	NT	Greater Darwin
17	VIC	Loddon	39	WA	Pilbara	61	NT	East Arnhem
18	VIC	Hume West	40	WA	Mid West	62	NT	Katherine
19	VIC	Hume East	41	WA	NG Lands	63	NT	Barkly
20	VIC	Great South Coast	42	WA	Goldfields	64	NT	Central Australia
21	VIC	Geelong	43	WA	Wheatbelt			
22	VIC	North and West Metropolitan Melbourne	44	WA	Perth			

Glossary

Aboriginal and Torres Strait Islander: A person of Aboriginal and/or Torres Strait Islander descent who identifies as an Aboriginal and/or Torres Strait Islander. See also First Nations Australians.

age adjustment/age-standardisation: A set of statistical techniques used to remove, as far as possible, the effects of differences in age when comparing 2 or more populations.

at-risk community (trachoma): Communities classified by jurisdictions as being at higher risk of trachoma based on:

- (1) no recent data, but historical evidence of endemicity
- (2) data of active trachoma prevalence of 5% or more in children aged 5–9 in the last 5 years, or
- (3) data of less than 5% active trachoma prevalence but with a recorded prevalence of active trachoma of 5% or above in the past 5 years.

blindness: Presenting visual acuity of $<3/60$ in the better eye.

crude rate: A rate derived from the number of events recorded in a population during a specified time period, without adjustments for other factors such as age.

First Nations Australians: Used interchangeably with Aboriginal and Torres Strait Islander people in this report.

hospitalisation (separation): An episode of care for an admitted patient that can be a total hospital stay (from admission to discharge, transfer or death), or a portion of a hospital stay beginning or ending in a change of care type (for example, from acute care to palliative care).

non-Indigenous Australians: People who indicated that they are not of Aboriginal or Torres Strait Islander descent. Compare with other Australians.

other Australians: Includes both non-Indigenous people and those whose First Nations status is not known. Compare with non-Indigenous Australians.

periocular area is the area surrounding the eyeball but within the orbit.

periorbital is a term that describes the tissue around the eye.

separation: See hospitalisation.

trachoma treatment coverage: The proportion of active cases and household and/or community contacts requiring azithromycin treatment according to CDNA National Guidelines for the public health management of trachoma (CDNA, 2014).

trichomatous trichiasis (trichiasis): at least one eyelash from the upper eyelid touches the eyeball, or evidence of recent epilation of in-turned eyelashes from the upper eyelid (World Health Organization, 2019).

vision impairment: Presenting distance visual acuity of $<6/12$ in the better eye.

vision loss: Vision impairment plus blindness.

References

ABS (2019) National Aboriginal and Torres Strait Islander Health Survey, 2018–19, ABS catalogue number 4715.0, ABS, Australian Government.

— (2022). Where Aboriginal and Torres Strait Islander people live. ABS, Australian Government.

<https://www.abs.gov.au/articles/western-australia-aboriginal-and-torres-strait-islander-population-summary#where-aboriginal-and-torres-strait-islander-people-live>

— (2013) [Estimates of Aboriginal and Torres Strait Islander Australians, Reference period June 2011](#), ABS, Australian Government.

— (2018) [Estimates of Aboriginal and Torres Strait Islander Australians, Reference period June 2016](#), ABS, Australian Government.

— (2023) [Estimates of Aboriginal and Torres Strait Islander Australians](#), Reference period [June 2021](#), ABS, Australian Government.

AHCSA (Aboriginal Health Council of South Australia) 2024. Public health and primary health care programs: Eye Health, AHCSA: Adelaide, SA, accessed 6 February 2024. <https://ahcsa.org.au/programs/public-health-primary-care/eye-health>

AIHW (Australian Institute of Health and Welfare) (2023). Aboriginal and Torres Strait Islander Health Performance Framework. Data tables: [Measure 1.16 Eye Health](#). Canberra: AIHW. Viewed 16 February 2024.

Health Connect Consulting (2020) NSW Health Orthoptist Workforce. A Horizons Scanning and Scenario Generation Project.

HealthInfoNet (2016) Spectacle subsidy schemes across Australia, Edith Cowan University, Mt Lawley, WA, accessed 10 December 2016. <http://healthinfonet.ecu.edu.au/key-resources/programsprojects?pid=134>

IEHU (Indigenous Eye Health Unit) (2017) Calculator for the delivery and coordination of eye care services, University of Melbourne, Melbourne, accessed 28 February 2017. <http://dr-grading.iehu.unimelb.edu.au/ecwc/>

Kirby Institute (2011) Australian trachoma surveillance report 2010, Kirby Institute, University of NSW, Kensington, New South Wales.

— (2012) Australian trachoma surveillance report 2011, Kirby Institute, University of NSW, Kensington, New South Wales.

— (2013) Australian trachoma surveillance report 2012, Kirby Institute, University of NSW, Kensington, New South Wales.

— (2014) Australian trachoma surveillance report 2013, Kirby Institute, University of NSW, Kensington, New South Wales.

— (2015) Australian trachoma surveillance report 2014, Kirby Institute, University of NSW, Kensington, New South Wales.

— (2016) Australian trachoma surveillance report 2015, Kirby Institute, University of NSW, Kensington, New South Wales.

— (2018) Australian trachoma surveillance report 2016, Kirby Institute, University of NSW, Kensington, New South Wales.

— (2019a) Australian trachoma surveillance report 2017, Kirby Institute, University of NSW, Kensington, New South Wales.

— (2019b) Australian trachoma surveillance report 2018, Kirby Institute, University of NSW, Kensington, New South Wales.

— (2020) Australian trachoma surveillance report 2019, Kirby Institute, University of NSW, Kensington, New South Wales.

— (2021) Australian trachoma surveillance report 2020, Kirby Institute, University of NSW, Kensington, New South Wales.

— (2022) Australian trachoma surveillance report 2021, Kirby Institute, University of NSW, Kensington, New South Wales.

— (2023) Australian trachoma surveillance report 2022, Kirby Institute, University of NSW, Kensington, New South Wales.

— (in press) Australian trachoma surveillance report 2023, Kirby Institute, University of NSW, Kensington, New South Wales.

Lions Outback Vision-Saving sight is our vision, Lions Eye Institute and the University of Western Australia, Western Australia, accessed 15 June 2023 [Lions Outback Vision – Saving sight is our vision](#)

National Eye Institute (2022) Refractive errors, National Institutes of Health, Bethesda MD, accessed 1 February 2023. <https://www.nei.nih.gov/learn-about-eye-health/eye-conditions-and-diseases/refractive-errors>

National Health and Medical Research Council (NHMRC). Guidelines for the management of diabetic retinopathy. Canberra, Australia: NHMRC; 2008. Accessed 14 February 2024 https://www.optometry.org.au/wp-content/uploads/Professional_support/Guidelines/nhmrc_diabetic_guidelines.pdf


Rural Workforce Agency Victoria (RWAV) (2017). Community Driven Approach to Indigenous Eye Care Co-ordination: Sharing our Experiences. March 2017. Docklands, Victoria.

WHO (World Health Organization) (2013) Universal eye health: a global action plan 2014–2019, WHO, Geneva.

— (2019). Report of the 4th global scientific meeting on trachoma: Geneva, 27 –29 November 2018 (WHO/CDS/NTD/PCT/2019.03). Retrieved from Geneva, Switzerland: <https://apps.who.int/iris/handle/10665/325121>

WHO Alliance for the Global Elimination of Trachoma. (Jul 14 2023). Progress report on elimination of trachoma, 2022. Wkly Epidemiol Rec, 98(28), 297–314. Retrieved from <https://apps.who.int/iris/bitstream/handle/10665/371094/WER9828-eng-fre.pdf>

For more information, see [Eye Health measures for Aboriginal and Torres Strait Islander people 2024](#).

© Australian Institute of Health and Welfare 2024 

Any enquiries about copyright and/or this report should be directed to: Australian Institute of Health and Welfare, GPO Box 570, Canberra ACT 2601, Tel: (2402) 6244 1000, Email: <info@aihw.gov.au>.

