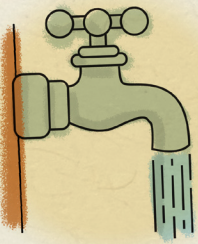


How to stop skin sores in the home

Thanks for letting the Environmental Health Practitioner into your home to help you find ways to stop sickness in your home. This information will help prevent scabies and keep your family healthy and safe.

Skin sores can be caused by insect bites, minor cuts and scabies. Any breaks or holes in the skin, from scratching or an insect bite can let in germs.

If untreated or uncovered, skin sores can lead to serious health issues that can affect your heart or kidneys. To help stop skin sores in your home, you can follow these tips:



- 1** If your taps or showers are not working, contact the Environmental Health Practitioner or Housing Office

- 2** If you don't have a washing machine or yours is not working, ask a family member or friend if you can use their machine



- 3** Stopping insects from getting into the house will reduce the chance of bites and infected skin. Use insect repellent when you can



- 4** Cover all open sores where the skin is broken and keep them clean



- 5** Keep your windows open to let fresh air in and this will help to reduce mould and fungi that may cause skin sores

If your skin sores do not heal, visit the clinic.