



Australian Indigenous HealthInfoNet

Alcohol and Other Drugs Knowledge Centre

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Alcohol use

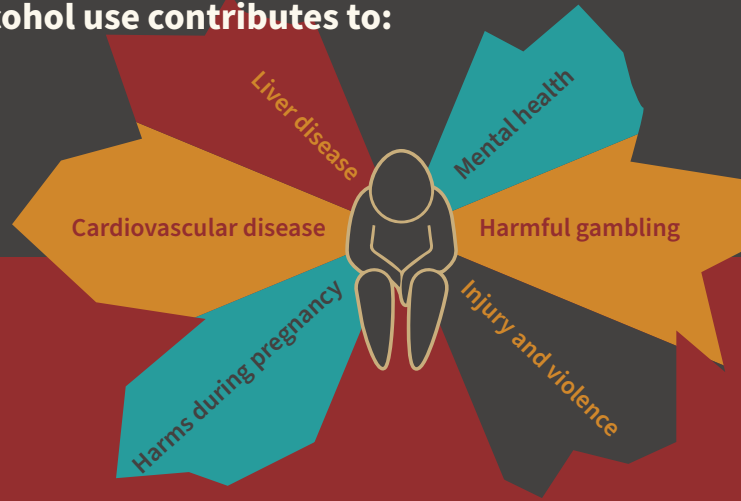
among Aboriginal and Torres Strait Islander peoples: patterns, impacts and community-led responses

Alcohol use is common in Australia



Australians aged **14+** consumed alcohol in the last 12 months (total population)

Alcohol use contributes to:



Aboriginal and Torres Strait Islander peoples are **more vulnerable to harms from alcohol**



colonisation
dispossession of land and autonomy
Stolen Generations
racism
discrimination
introduction of high potency alcohol

Culturally adapted screening tools can be helpful to gain a better understanding of local contexts and identify individuals who may benefit from support



Prioritising Aboriginal and Torres Strait Islander voices



Local data to inform decision making



Aboriginal and Torres Strait Islander understandings of health and wellbeing in treatment approaches



Community leadership

Addressing alcohol harms needs individual, regional and national strategies to strengthen wellbeing of all communities



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Based on:

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Please see the publication for a complete reference list

Artwork: Ngapa Jukurrpa (Water Dreaming) - Pirlinyarnu by Juliette Nampijinpa Brown

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