



Mental Health Day

LET'S TALK ABOUT IT.



TUESDAY
21ST
OCTOBER



MEMORIAL
PARK
GRIFFITH



10:30AM
TO
1:30PM

FREE COMMUNITY EVENT FOR MOB TO
CONNECT WITH MENTAL HEALTH AND
WELLBEING SERVICES IN GRIFFITH.

Activities will include:

**SERVICE STALLS, GAMES, FREE
BBQ LUNCH + PLENTY MORE!**



FOR ANY FURTHER INFORMATION
CONTACT SOPHIA KELSEY ON 69620000
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