

# DO YOU SEE PEOPLE STRUGGLING WITH FOOD OR BODY WORRIES?



**MANY ABORIGINAL PEOPLE WORRY ABOUT THEIR BODY IMAGE AND THE  
FOOD THEY EAT, WE DONT TALK ABOUT THIS ENOUGH**

Current treatments for eating disorders don't consider the impacts of colonisation, trauma, food insecurity and cultural disconnection.

We are inviting Aboriginal and Torres Strait Islander professionals from health, mental health, education, support and wellbeing services to join us for **1.5 day training workshop** on co-designing care for food & body worries that is culturally specific and relevant for Central Australia.



Sign up here

**8:30AM - 4:30PM | MONDAY 17<sup>TH</sup> NOV**

**8:30AM - NOON | TUESDAY 18<sup>TH</sup> NOV**

*Flinders University, Lecture room 1 & 2  
5 Skinner Street, Alice Springs  
Catering provided.*



**Right Care Right Place**

Eating disorder care in my community

Contact [Grace.Dwyer@nt.gov.au](mailto:Grace.Dwyer@nt.gov.au)  
0428 148 667 if you have questions

