



Yaama! Join us for a Deadly Day on the Green!

## Men's Mental Health Golf Day

Friday, 21 November | Tee off at 10am | two-person Ambrose  
Tamworth Golf Club, Mahony Ave, Tamworth NSW 2340

Call Tamworth Aboriginal Medical Service - Aboriginal Corporation to book as spots are limited to 50. Ask to speak to Jeremy or Damien.

Bring your golf clubs if you have them. If not, we've got you covered!

Free BBQ and soft drinks provided. Come have a yarn and focus on men's mental health and wellbeing.



Call TAMS-AC on (02) 6760 2500 and ask for  
Jeremy or Damien to book!