

INDIGENOUS APPLIED SUICIDE INTERVENTION SKILLS TRAINING (I-ASIST)

I-ASIST is a two-day interactive workshop in suicide first-aid. I-ASIST teaches participants to recognise when someone may be at risk of suicide and work with them to create a plan that will support their immediate safety. Although I-ASIST is widely used by healthcare providers, participants don't need any formal training to attend the workshop I-ASIST can be learned and used by anyone.



WHAT YOU WILL LEARN

- How to help someone thinking about suicide
- How to develop a personalised safety plan
- How to apply a safety framework to guide the development of a safety plan
- How personal and community attitudes affect someone's openness to seek help
- Increase your willingness, confidence and capacity to provide suicide first aid

South Hedland

Date: 23rd-24th February

Time: 8:30am-4:30pm

Location: South Hedland Lotteries House

Morning Tea and Lunch
Provided

Registration is essential-
limited spaces available

For more information or to request a registration form please email savannah.corbett@health.wa.gov.au



Government of Western Australia
WA Country Health Service

