

Invitation to join our First Nations Advisory Group

Who we are

Continenace Health Australia is a not-for-profit organisation and peak body promoting bladder and bowel control health.

Why we want to engage

Around 1 in 4 people in Australia experience incontinence, with higher rates reported among First Nations peoples. Continenace Health Australia is committed to working alongside First Nations communities to support bladder and bowel control health in ways that are culturally responsive, safe and meaningful.

What is engagement for?

We're bringing together First Nations peoples, Aboriginal Health Workers, and people with community experience, to help ensure our resources and projects are medically accurate and culturally responsive, safe and engaging.

Time commitment required

All activities are optional. When an activity comes up, we'll invite you to take part, and you can choose how and when you'd like to be involved. The first activity will be a review and update our First Nations resources, which we expect will take about one hour in total.

Recognition

Recognition for your contribution will depend on the type of activity. In most cases, we will offer a small thank you, such as a gift card.

Next steps

If you'd like to join this Advisory Group, please email Layla at l.fernandes@continenace.org or scan the QR Code:



National Continenace Helpline

For free and confidential support, contact our National Continenace Helpline on 1800 33 00 66. Open Monday to Friday 8am-8pm (VIC time). This may vary by state due to time zone differences.

Layla Fernandes

Layla is Continenace Health Australia's Project Coordinator for First Nations engagement. If you'd like to have a yarn with Layla, you can call her on (03) 7052 5208.



Continenace Health Australia
Suite 1 / 407 Canterbury Road,
Surrey Hills VIC 3127
www.continenace.org.au