



First Nations

Wellness and Suicide Prevention,
Connection to Culture

FREE EIGHT-WEEK PROGRAM

- Red Dust Healing - grounded in cultural ways of knowing.
- Practical and respectful tools for suicide prevention and safe intervention.
- Referral pathways to ongoing support and services.
- Connect with Mob, share stories and build strength together.
- Lunch provided on the day.

Culturally-trained staff and Red Dust Healing practitioners deliver this program with respect for Country and community. Don't go it alone, come yarn and walk forward together.

Start date: 22 April 2026

10AM – 2PM (every Wed)



Junction 142, 142 Katoomba St, Katoomba
NSW 2780

Enrolments close 20 April 2026. Secure your spot or get more info:

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