

FREE TRAINING

for Aboriginal and Torres Strait Islander workers in the NGO sector

Aboriginal and Torres Strait Islander Mental Health and Alcohol & Other Drugs Workforce Project
Darwin Training Workshop Series

@ Charles Darwin University, Casuarina Campus Blue 2, Ellengowan Dr, Casuarina NT 0810

Participants enrolled to date (19.03.26)	Training
08-09 APR 2026 22 registered participants (up by 17), waitlist	Crisis Intervention and De-Escalation (CID) Trainspire This training equips staff with trauma-informed, person-centred skills to prevent and safely manage crises while fostering supportive environments and recovery.
16 APR 2026 0 registered participants, spaces available	Stay Strong Menzies Learn culturally adapted mental health resources co-developed with Aboriginal and Torres Strait Islander people, building practical skills to apply the Stay Strong approach in practice.
30 APR - 01 MAY 2026 11 registered participants (no change), spaces available	Social and Emotional Wellbeing Strong SEWB Learn how to strengthen service capacity within a social and emotional wellbeing framework, delivered by an Aboriginal-owned organisation using culturally responsive, trauma-informed training.
07-08 MAY 2026 6 registered participants (no change), spaces available	AOD 101 & Brief Interventions 360Edge Build an understanding of alcohol and drug impacts and develop practical, culturally appropriate skills to support harm reduction and healthier behaviours.
Date changed due to weather events 17-18 JUN 2026 1 registered participants, spaces available	Aboriginal Mental Health First Aid - Men Only Anthony Ah Kit This training equips participants to recognise and respond to mental health challenges in Aboriginal and Torres Strait Islander communities in a culturally safe, community-grounded way.

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Katherine Training Workshop Series

@ Charles Darwin University, Katherine Campus, Auditorium M, Block 19, Second Street, Katherine NT 0850

Participants enrolled to date
(19.03.26)

Training

21-22 APR 2026

3 registered participants
(no change), spaces available

AOD 101 & Brief Interventions
360Edge

Build an understanding of alcohol and drug impacts and develop practical, culturally appropriate skills to support harm reduction and healthier behaviours.

27-28 APR 2026

10 registered participants
(up by 3), spaces available

Social and Emotional Wellbeing
Strong SEWB

Learn how to strengthen service capacity within a social and emotional wellbeing framework, delivered by an Aboriginal-owned organisation using culturally responsive, trauma-informed training.

Date changed due to flooding

New date: 12-13 MAY 2026

12 registered participants
(down by 1), spaces available

Crisis Intervention and De-Escalation (CID)
Trainspire

This training equips staff with trauma-informed, person-centred skills to prevent and safely manage crises while fostering supportive environments and recovery.

16-17 JUN 2026

3 registered participants (no change),
spaces available

AOD 101 & Brief Interventions
360Edge

Build an understanding of alcohol and drug impacts and develop practical, culturally appropriate skills to support harm reduction and healthier behaviours.